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Cousin Michael Stantold;
 "serving man in Huntshire"
 Lady Duncannon.

S^t Clair Bodeley. 1885.

Names mentioned in this book

Duke: Buck[ingham].

M^{rs} Davis. Oct: 24. 1667.

Elizabeth. Smith

M^r. Brookes

D^r. Matthias.

Lord Brooke.

M^r. Lane.

Lady Killegree.

Bro: George J. ?

Sister Mount Joy J^r

S^r. W. Raleigh.

D^r. Parker

D^r. Borges.

S^r. Ha: Mini.

Lady Harley.

Lady. Abergony.

M^r. Midemore.

M^r. Trehern.

La: Lovlace.

M^r. Woodroff.

D^r. Turner.

D^r. Godfrey.

Lady. Allen.

La: Wimbledon.

Sir: Thomas. Bodeley.

Lady. M.

Matthiolus.

Parkinson's Herbal.

Culpepers "

M^r. Larie.

D^r. Desputine.

Lady. Nether:

Sist: Boden.

Sir: Geo: Bet:

The Lady. Fran:

Sister: Has

Lady: Morg:

M^r. Thorpe.

a tailor of. Repton.

M^{rs} Kate Leigh.

M^r. Bamford.

M^r. Discough. of Northale.

D^r. Kid: D^r. Smith: D^r. Tailor: D^r. Steeven.

Lady. Herbert. D^r. Chambers.

Capt: John. Haelait.

M^{rs} Beale

D^r Wright. 1652.

old M^r. Charlton.

Thom: Davies of Wigmore

Sir Thomas Edwards.

Col: Harley.

M^{rs} Dow.

Edm: Whittington.

"my cousin Griff: D. W."

La: Borlase.

M^{rs} Inalock

M^r. Hsake: London Stone.

Lady Stafford

D^r. Mumford.

Lord. Rich.

blacke
Jaundice.

A Medicine for the black Jaundice.

Take the dung of a stone-hens at gras, & use in
+ the same manner as for that in the Phlegmy, &
it will cure the disease.

Worms
in Children.

A Medicine for worms in children.

Shred wormwood, & fry it in a pan, till it be
+ soft, then spread it on a peice of leather, as big as your
hand, & take some of the juice or oil of wormwood,
anoint the plaister with it, then strain a little of
the powder of ^{Aloes} ~~Alumina~~ upon it, & so lay it warme
to the belly of the child, & let it stick till it falls
off, there must be a hole in the middle of the plaister,
that the navel may be bare.

Purging Ale.

To make an excellent purging Ale.

Take Egrimony, Bittony, scabious, of each one hand-
+ full, Scuroygras, & femitory, of each 2 hand full,
small-seeds 2 oz, Coriander seeds prepared 1 oz,
Lignum vita 4 oz, Saxifrage 1 oz, ⁺ mader-roots 2 oz,
Epithimum 2 oz, nutmegs 1 oz, ⁺ enjamen 1 oz, & of
Sena Alexandria 6 oz, bruise the seeds, & spices, & slice
the roots thin, & if the herbs be greene, cut them a
peaces, not small, & then put the herbs, & all the rest of
the said things, into a new canvas-bag well washed, & put a
cleane stone in it, to make it firme, then put the bag
into

into 6. Gallons of new ale, when it hath done working,
& when it is fix daies old, drinke thereof 4. times a
day, at 4. & 10 a clock in the morning, at 3 in the after-
-noone, & when you goe to bed: if it worke too much
then drinke but in the morning & afternoon, & when
you haue drunke of this ale a weeke, draw into bottles
that which is left, & take the things out of the bag,
& dry them in a dish before the fire, & they will serue
halfe as much ale very well againe.

℥ Lurisy

A Most approved medicine for a pleuresy
or Stich.

#

Take of the newest dung of a stord horse kept in-
the house, straine it through a strainer, with some ale
or whit-wine, soe drinke a good draught 2 or 3 times in
24 houers, a little sliced ginger in it, if you please, -
will give it a good tast: this hath severall times cured
the Pleuresy, without letting blood, it's also very good
for a bruse.

℥ Leene.

A Medicine for the spleen & to cause good rest
Take a reasonable handfull of the tops, & flowers of -
betany, boile them on a soft fire in a pint of cleare -
posset drinke, till almost halfe be consumed, put into it
as much as you like of sirrup of Maligottis, or Lilly-
flowers

NLM

flowers to sweeten it, & drinke it warme as you
goe to bed.

Stone.

A Medicine for the Stone

Make cleare posset-drinke with small ale or whit-
wine, take of the curd, & put into it a little sticke of
licoris sliced, 2. sprigs of rosemary, & 2 or 3 the figs
cut in peeces, & a good quantity of Marshmallows. boile all
together, a quarter of an hower, then drinke a good
draught every night when you goe to bed.

Stone.

A water for the stone fit for children

Take pargley, pellitory of the wall, Saxifrag, of each
a good handfull, 3. or 4. radish-roots sliced thin long ways.
steepe all in a gallon of new milke from the Cow,
24. howers, distill it in an ordinary still at a soft
fire, drinke of this water, 4. spoonefulls with so much
whit-wine, 3. mornings together, at every chaine, & full
of the moone.

Strangury.

For sharpenes of Water, or the Strangury.

Take Turnips, cut them in peices, still them, & every
morning fasting, take 6 or 8 spoonefulls, & so going to
bed if you will, so long as you please.

To

Monsieurs
Salve.

To make the Monsieurs Salve
Take 2 oz: of new yellow wax, & a pint of good fallet
oile, get them together on y^e fire, when they are mel-
ted, stir in 2 oz: of Littergie of gold, & as much of
Silver, both in fine powder, stir it well with a bed-
staff, & let it boile, till it be blacke, then stir in 2 oz
of Venin Serpents in fine powder, & when it boiles a-
little, take it from the fire, & put in 2 oz: of Venice
Turpentine, then stir it well with the bed staff, & put it
into your cold water; it will all hang on the bed-
staff, then make it to rolls, & keepe it for your use.
this Salve is good for old or new Sores, Caners in the
breast, Kings Eijll, plague-sores, Carbuncles, Kibs, or
chilblains, & you may spread it upon lather Cloth, or
Daffita.

Fellon, or
Uncon.

To Kill an Uncon^{ne} fellow approved.
Take fetherfew 2 handfull, Smallag 4 handfull, Stamp
& straine them together, & put into the juice as much
wheat flower, ^{& honey} as will make it a plaster, & a little sope
mixed with in it, so apply it.

to provoke
Urine

To provoke Urine well approved
Drinke 4 spoonefulls of the oyle of Damask-roses,
in a reasonable draught of whit-wine, & walke --
after it

it if you can you may drinke it the next morning if you will.

Fellon &
uncon

To kill an uncon or fellow.

Take a borage-root, gray bay salt, herdgreece, & ragtys
-bacon alike of each, stamp them all together, & soe
aply them.

Fellon. &
white-Loe.

A nother for the same

Apply bird-lime to the place grained, eather whitlow
fellow, or uncon, & it will both draw, & heal it. nothing better.

pricke wth
Iron or Thorn.

For a pricke with a thorne or iron.

Stamp haw-thorne-bark, in red-wine, & lay it to the
fore, or the grease of a wild Date will doe it.

For cold in the joints or Limbs.

Take muscadine, & stale ale of each a pint, boile
them with halfe a pound of butter; Then take 2 peeces
of red cotton, & put it in the seething liqour, ring it
out, & so lay it to the grained place, as one cooles, lay
another on, for one howes together.

To stay Lulime approued

Running of

Take masticke, & olibanum, both in fine powder, of
each 4. graines, & with. some consoune of Roses, &
a nutmeg mix all together, & swallow it when you
goe to bed, & constantly till you be well, presently -
after -

Drafnas.

after you have dined & suppt. Duke Buck.

For Defnes approued.

Take the oile of the yolks of Eggs, dip wool in it, & so put it into the hole of your eares, shifting it morning, & night till you be well. Duke Buck.

Balsome for
wounds. &c.

#

A Balsom to cure ^{all} diseases & deep wet wounds
in 24 hours.

Take myrrha, aloes, kopa, spicknard, Sanguis Draconis, frankincens, mummia, oppa ponax, Scellum, Carpo balsam, Emmonarium, Sarcocolla saffron, mastick, gum arabick, Storace liquida of each 2 oz; of Castoreum 2 oz; of muske 1 oz; & of Turpentine the weight of all the rest: powder those that will be powdered, & mixe them well with the Turpentine, then put all into a Limbeck, distill it with a soft fire, take the Liquor distilled, put it close into a glass, & so keepe it for your use. The vertues of it. 1. Dead bodies anointed therewith will not corrupt, or putrify. 2. It restoreth pined bodies that are fallen away, being tempered with rose water, & the party anointed therewith from the head to the weine. 3. It taketh away the shaking of Agues, if the backe-bone be anointed with it warome, & left so upon a linnen cloth, an hour before the fit. In foundings it is as it were the last refuge if =

if you anoint the back-bone with it.

Balsome
exalt.

Another excellent Balsom.

Take 5 pounds which is 5 pints of the best sallit oile,
& 1. of the best Venice-Turpentine, & $\frac{1}{2}$ a pound of the best
& clearest yellow wax, with 6. oz. of the best
red. Saunders in fine powder, every oz. layd in paper by
it selfe, then put the 5 pound of oile into a pofnet, with
one quarter of a pint of red-rose-water, & let it boile
till the red-rose-water be quite consumed, then take it of
the fire, & let it stand till it hath left bubling, &
then put into it the waxe, & turpentine, which must
be thus prepared: cut the waxe in thin slices, &...
wash the Turpentine in a quarter of a pint of red-rose-
water, & beat it till it looke very whit, & then your
waxe, & Turpentine being well melted together, put them
into your oile, & so let all boile together, a quarter of
an hower, then put in all the Saunders oz. after
very softly, for feare it should run over, continenally
stirring them, then let it boile a nother quarter of
an hower, then straine it thorough a new canvas-cloth,
cleane washed, & put it up into pots for your use.
It is but to take it of the fire, when you put in
your Saunders, till they be all well stirred into the
oile,

oile, least it run over, therefore be sure the vessell be big-
-enough, when you boile it in

The vertues of this Balsome.

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Anoint your temples, & within your nostrils with it,
& it will take pain in the head away.

For the running of the Reines, take as much of it as
a nut in the morning, fasting for 14 daies together.

It is good for any
convulsion inward
or outward, for
you may both
anoint wth it,
& take it in-
wardly.

It is good for an old sore, or greene wound being
applied therunto warme. It takes the sore out of
any scald, or burne, the place being anointed therewith.
Its good against any wind in the stomach, if
taken inwardly. Its excellent to cure old coughs,
the quantity of a Nutmeg being taken at a time, & a
draught of posset-drinke drunke after it. Its excels-
-lent for sore breasts, & swellings, & stoppings in the
Stomack, anointing the place greiv'd, & also taking it
inwardly. And its very good to anoint Boiles, for it
will helpe very much to breake them.

To stay
Vomiting.

A most excellent medicine to stay
Vomiting.

Take a quart of the best white wine, fetherfew, and
spearmint of each one handfull, boile them well
together, then mix them with 2 oz. of Scabions
water

water, & drinke 6. spoonefulls or more at a time, in
the morning, & 4. a clock in the after-noon, & when you
goe to bed, & god willing it will stay the vomiting, and
give good digestion. This did helpe a woman, who did
* vomit up all shee tooke for a 12 month together, &
in all that time never had the benefit of nature
downwards.

Scurvey.

A speciall good medicine for the Scurvey

Take a good handfull of Balme, a pretty handfull of wa-
ter-cresses, & a handfull of Brooke-lime, boile all in a
quant of cleare posset-drinke, a quarter of an hower, haue-
ing put into your beere that you make your posset drinke
off, 5. spoonefulls of beere-vinigar before, then straine it
lightly from the herbs, & drinke of it warme halfe a pint
every morning fasting, & at 3. a clock in the afternoon, &
till it be gon, then make more, & drinke it, & till you
find your selfe well.

Pricke by
Thorne, or
nagle.

For a prick of a Thorne or naile.

Take wheat-flower, red or claret-wine, & some honey,
boile it to the thickness of a plaster, & apply it warme,
& it will undo rankling, & heale the place.

A Most

A Most approved water for a Consump-
tion.

Consumption. Take a running Locke, pull him alive, then kill
him, when he is almost cold, cut him a broad by
the backe, & take out the Entralls, & wipe him cleane,
then cut him in quarters, & breake the bones; put him
into such a still, as you still rose-water in, with a
pottle of sack, a pound of Currans. picked, a pound of
raisons stoned of the sun, a quarter of a pound of Dates
stoned, rosemary, & wild time of each a handfull, of
penyroll, organic or wild Marjorum of each 2 hand-
fulls, 2 handfulls of Buglosse, & bonage, a pottle of
new milk of a red-Cow; still all these with a soft fire,
& put into y^e glas that it drops into, under the still,
a quarter of a pound of white-sugar-Candy, beaten
very small, & booke-leafe of goat^e at 5^e price, cut it
small amongst the sugar Candy, 4 graines of amber-greice
10. graines of prepared perle, & when all the water is dis-
tiled, mix the first running, & the last together, that it
may be all one, drinke of it 2 spoonefulls at a time, in the
morning fasting, & an hower before supper.
You must all waies shake the glas when you take it.

Loosenes.

§

small,

Convulsion
-fits, or Worms

To stay Loosnes very good.

Take 2 or 3. quarts of Smiths water, let it
settle till it be cleard, wth that water make gruell.
or pottage, & so eat it. 4

For Convulsion fits or any pain in the
Stomach, or for wormes in children.

Take salt-ristre the weight of a great, of the flower of
brimston the weight of 2, mix them together, with so much
conserv of roses, or conserv of piony as a nutmeg, & so
take this 3. mornings together, in milke, or a little honey,
if it be for a child take of the ristre water the weight of
2, & brimston the weight of 3 halfe pene.

Convulsion.

A nother for Convulsion fits approved.

Take rue, stamp & strain it, mix it with so much as
of iuice, & before the fit come, when you perceave it to be
coming, lay a little off it on the tongue, or roofe of the
mouth, & it will put by the fit, ~~you must~~ you must make
it fresh where you see it.

Syrup of
Poppies.

To make syrups of poppies

Take red poppies, that grow in the flann, cut the blacke

* Still the leaves off the leaves, as you ~~do~~ vary carefully a way *
as you doe =
voses x
then put into a quart of that water, a good handfull of
leaves fresh, the blackes cut away, let it stand in the

Embers

* then
straine it lightly
u put in it ano-
ther handf. of
of same leaves so
cut as before, u
let it stand 12 ho-
ures more +

Embers 12. flowers ~~more~~ ^{*} Straine it lightly, againe, put
to it a pound & halfe of Sugar finely beaten, & grinded, &
3. graines of muske tied up in a little peece of Linnen, so let
it boile till it be a Symp. To procure sleep, give to a little
child one Spoonfull in Syrup, or in posset-drinke, & to a
man 2 or 3 at a time; tis also comfortable for the lungs, &
good for coughes.

For the
flowing
of the Gall.

For the over-flowing of the Gall.

Steep a quarter of an oz. of Cloves, in a quant. of still'd
red-mint-water; & take 2 Spoonfull of the water, twice
a day.

oile of
St Johns wort.

To make oile of St. Johns wort.

Take St Johns-wort, the leaves & flowers, stamp them,
& put them to 3. pints of the best Sallet-oile, then let it
stand in a still 3. daies, then straine it hard, & put the herbs
into it againe, & oge it thus till it be as red as blood.

This oile is admirable for any wound.

Whities.

For the whites approved.

Boile a handfull of white archangell flowers in 3 pints
of new milke till halfe be consumed, drinke the rest in
the morning fasting, & at 4. in the afternoone.

For.

For the same

Whites.

Take of Conserves of Violets, & Mallows-flowers of each an oz; mix them well together, take therof the quantity of a large nutmeg in the morning fasting, and sooner after it, somuch at 4 in the after-noon, & at going to bed.

To stay the reds

Reds.

Duble a cloth 5. or 6. times, the breadth of your hand. at least, dip it in the best wine-vinigar, either red or white, lay it cold upon the Navell, & shift it till it grows dry, till they be staied.

For the rising of the mother.

Mother.

Put a quart, & halfe a pint of the smallest Aquavita into a glas-bottle, put into it a dram of Symplicia in powder, let it stand by you close stoped 8. dayes, ~~close~~ & shake it often, then strain it, & put 2. drams to it in fine powder, take one spoonefull or 2. at a time. It is good for stoppings, & safe to give it to a woman with child if all com not well away.

An excellent present remedy to help a wrench if it be applied presently after the hurt taken.

Wrench.

Take of the bloodiest beefe-brine, a good posnet-full, heat it very hot, then take a cloth 4. or 5. times dubled, & wet
in

in the brine, & so hot as you are possible able & wring
it out, lay it all over the place where the wrench is, &
as this cloth begins to coole, wet another cloth in
the manner, & lay it on as hot as the party can
suffer it, & so for an hour together; it will be pain-
full for the time, but will cure it clearly.

A very good pultice for a bruise.

Bruise

Take whit-wine, & set it on the fire, when it boiles, -
put into it as much wheat bran, as will make it thick,
let them boile together, till it be as thick as a pasty-
-pudding, & so as hot as the party can suffer it, apply it
to the place bruised, twice a daie, till the party hath noe
more paine.

Another safe medicine for a bruise,
or wrench.

Bruise or
wrench.

Take one handfull or 2. of Camomill, chop it very
small, then put it into a pottage full of new Cowes
dung, with a good peece of fresh butter, & let them
boile well together, then spread it on a double cloth
as broad as the place is, & as hot as the party can sufe-
-fer it lay it on, & while there is occasion to use
it, shift it twice a day.

Loosens &
Collicke

A most pretious medicine to stay loose-
ness & is also a very pretious help for
the Collicke.

Take the newest pigeons you can get, put it in
a frying pan, & sprinkle so much vinegar upon
it, as will keepe it from burning, & when it is
exceeding hot with stirring up & downe in the pan,
put it into a fine linnen bag, & as hot as the party
can suffer it, lay it to the navell, & shift 3. a day.
till you find help.

Swelling,
Bruise,
wound &c.

A seave-cloth for any swelling, bruise, old
sore, greene wound, or ach in the bones.

Take a pound of red-lead finely beaten, put it into a quart
of gallet oyle, & mingled together set it on the fire
in a scellet, or pan big enough: let it boile softly till
it looks blacke, then take it of, & dip your cloths in it,
& hange them on a line in a chamber, till they turne
yellow, then woule them up, & keepe them for your use.

A most excellent onedieine for any swell

Swelling in
the legs, &
body.

ring in the legs, or any other part of the body.
Boile the of ragg-wort in water, till it begin to be
thicke, then put into it as much grated bread, as will
thicken it to a poultes, & then put in a good piece of
motton.

mutton-gut, & so being shred together, apply it to the place swelled.

Palsy.

An approved medicine for the Palsy.
Make mustard wth Aquavita, & when it is made, warme some of it, and apply it as hot as y^e party can suffer it, to that part which is taken with y^e palsy, & when it grows cold, & dry, lay it on fresh in y^e same manner. It is most effectually officinal to be applied at the first fit proved.

Sore
Breast.

A very good & safe medicine for a sore breast that is hard & much swelled.

Take 2. or 3. handfull of young-leaves, & shred them in different small, & then boile them in whey, till they be very tender, then crush it well from the whey, & good & warme lay it upon the cloth, & so apply it all over the breast, where it is hard, & red, & tho you boile it not a new all waies when you shift it, which will be morning & evening you must warme it when you lay it on. if it defoule, it not without breakeing, it will heale it safe without applying any thing els to it.

Plaster to stay
Vomiting or
Loosenes.

A safe plaster to be applied to sucking-children or of more age to stay vomiting or ^{Loosenes} ^{Loosenes} ^{Loosenes}
Take halfe an oz. of oile of mace as much
methridate

Methodate halfe a quarter of an oz. of Venice treacle
 & one great nutmeg in powder mingle all this well
 together with a little oile either of mint or rosmar-
 y wood then spread som of it upon a dubble brown pa-
 per big enough to cover all the stomack & belly low-
 er then the navell & so lay it warme on & shifting
 it once in 24 hours & if all these things be not
 readily to be had then take 2 nutmegs beaten to powder
 as much onice & a good quantity of crumes of Eye-
 bread mingle all these with a little muscadine & vine-
 gar or sack & vinegar so make it like a plaister..
 then spread it upon a cloth & so lay it warme to the
 stomack and belly.

Eys sore.

A medicine for sore Eyes

Soft an Egge very hard then cut it thorow the middle &
 take out the yolke & while the Egge is very hot put..
 into that place where the yolke was as much sugar
 Candy beaten & searched as halfe a nut & $\frac{1}{2}$ somuch
 Albm made as fine then put the Egg together & hold it
 close in a small cloth like a ball & so with your fins-
 ger nip it as small as you can shell & all & so mixing-
 it into a glas & when it is cold drop of it into your
 Eye morning & Evening

An

An approved medicine for

Drinke fasting for 5 mornings together Lauender-
Cotten. Boiled in posset-drinke or els cut a lock of
your owne haire so small as you can & take it
in beere or any other liquor.

Scalding
&
Burning.An approved medicine for scalding &
burning

Take 3 handfull mouse-haire 2.
handfull ground Ivy 1 handfull chop these all to-
gether then put them in a pound of new butter
on salted & let it boile halfe an hower then strain
it hand & with this ointment anoint the burnt
place.

Jawfallen
Child
or Roof of
mouth
Down.

For a child that is Jaw-fallen or hath
the roofe of his mouth fallen downe.

Take a handfull chickne-weed wrap it in a red colvord
leaf or in a wet linnen cloth & roast it in Embers
as you doe a warden when you thinke it is roasted
take it out & lay some of it as the party can endure
it to the bone of his neck then lay some leaven
of whit bread upon it & it will raise up the roofe
w^{thin} an hower after it is so laid to.

Wind.

For wind approved.

Make a posset with the juice of red fennell & take
no other drinke 2 or 3 mornings together.

Head
Ache.

For any paine in the head whatsoever

Take of rose-water & oyle of roses of each 2 oz oyle
of camemill 10z: womans milke 4 spoonefulls vine-
gar 2 spoonefulls mix all together in a dish put
into it halfe a rose-cake & let all boile softly for
an hower together then take the cake a little press-
ing out the moisture that it be not to wet & strain it
ouer with nutmeg then reasonable hot bind som of
it all ouer the forehead & upon the mouth of the
head & as it grows cold laye a hot cloth vpon it.

Wound
new done.

To heale any wound being applyed
when it is new done.

Take of the best saffron as it is in flackes fill
the wound therewith & so bind it by next morn-
ing you shall find it so close as newe whole put
in no more saffron but ^{lay} any healing plaster
on till it be whole. approved good & safe.

Termes.

To bring downe the

Take the wormes that com after raime wash them
often in whit-wine till they be cleaned then strip them
that

that no grauell be left in them then as soone as the
men is swanen get them in & being well dried take
a spoonefull in white wine 3 mornings together in m^{ch}
time it will worke its effect If it be a dry season stamp
& straine without leaues & pouse the juice on the ground
the which will make the wormes come forth a bondantly.

Spleene

For the spleene

Take the keies of Ash being full ripe take out the
seeds if it is within them when the keies are dry beate
them to fine powder & search ~~there~~ it Take somuch
of the powder as will lie on a shilling every morn-
ing fasting in a little beere or what you will.

Scurvy.

For the scurvy

Take a handfull of Cardus put it in a pint & halfe
of beere boile a way one ^{halfe} pint & drinke it in the
morning fasting every day for a fortnight together
& it is good to keepe a way any infectious disease.

Swellings
& pains.

A poultice to lay swellings & take away paines.

Take brooketime plantan sonallage & nightshade of
each a good handfull stamp them & straine out the
juice put to it y^e white of an egge & so much wheat-
flower as will make it a poultice well boyled if it
be on a hot cause lay it to the party cold

Cough.
hoariness.
Stopping

For a cough hoariness or stopping.

Stamp & straine a great onion drinke the juice of it in a draught of beere or ale when you goe to bed twice taking will surely help.

Kibes
Chilblains

For kibes or chilblaines approved.

Take a thing called Suint which is used a bout .. Bees lay a peice on the sore place & take it not off till it falls off but once in 2 dayes lay .. another peice upon it till it be well.

Termes
Stone.

To procure to passe stopped
by stone or otherwise.

Drinke fasting 1 spoonefull of the stalkes & leaves of stinging nettles with as much strong ale or .. beere & so againe when you find occasion.

Sweet
Oyntment

The sweet oyntment precious & approved.

Take sage & rue of each a pound bay. leaves & worm-wood of each halfe a pound mellilot heart or flower camomill flowers of spike rogemary red rose leaves & St Johns wort of each a good handfull marsh-mallows 2 handfulls chop all these herbs so small as can be then put to them ~~their~~ their weight of sweet sheeps fuet or deares fuet which is better
cho

chop the fust very small then stamp the herbs and
 fust together till all be a like Greene then put it into
 a pot & put to it 5 pints of the best Sallet-oyle & mix
 it very well together & cover it very close with lea-
 ther & past it on the edges that no ayre get in let
 it stand so 7 dayes then set it on a soft fire & let
 it boile allwayes stirring it till the leaues begin to looke
 something dry then streyne it very hard & set it on
 the fire againe & put in the oyle camomill roges ..
 whit-lillies spike violets Turpentine an oz ^{and} of
 each mix all well together & let it boile 2 or 3
 walnes then put into it * Gum storax-calinas 3 quarters
 of an oz: all in fine powder mix it very well to-
 gether & straine it againe then keepe it in pots ..
 close covered for your use. This ointment hath ..
 cured the dead Salley & is admirable for Bruises or
 any paine proceeding from cold causes anoint the
 pained part therewith one rubbing it well with
 a hot hand. It is good for aches swellings
 shrinking & sinewes Pleuragies in the sides ach ..
 in the backe & stiches in any part very often
 most tenderly & surely approved.

* Gum-ladannum 1 oz
 & a halfe, Benjamin
 3 drams

Swooning fits in children

* for a child & for
an old body as
much as a
whole nutmeg

For children or old folks swooning fits.

Take a quart of new milke set it on the fire put into
it 6 good branches pearly as much succory & as much
leaves boile it till half be wasted
then put in so much allom as halfe a nutmeg* beaten
in fine powder let it not boile after the allom is put
in but straine the drinke from the coode thorough a thin
cloth so quie it warme to ge party to drinke a good draught
in the morning fasting & last at night quie it to a
child in the night if it drinke any thing & no other
drinke be sure they drinke morning & night till the fits
leau them the party must take 2 or 3 times a weeke if it
be a child so much as a pease of mithridate a man or
woman may take twice as much.

Megrim.

For the Megrim

Take Betany wild-tangy of each a handfull 6. cups of
houseleake mingle them with wheate-bran, & beat them
to the consistence of a plaister then take the oyle of the
whit of an Egge new laid & mix it well with the rest
spread of this stuffe on a cloth & for 3 nights together
lay it to the forehead take not of the first, but lay the
fresh ones on the top on the others laied on before.

Bleeding.

For bleeding to stanch it.

Wet a napkin in cold lay it to the
& as it begins to warme lay on a nother.

Bleeding.

To stanch bleeding in any part.

Take red nettles red colerwort & hogs dung stamp all together
& apply it to the place & it will doe it.

For

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Fundam^t
falling.

For falling downe of the fundament
Take Plantain leaues woodberry leaues of each a handfull -
9 or 10 a few red rose leaues & 5 or 6 ac-
cornes being bruised boile them in a pint of red wine till
halfe be consumed. Straine it & dissolve in it as much rock
allom as a nut with this bathe the part & put it up
presently.

Fundam^t
&
piles.

Another for the same & piles.
Take frankincens & red stammett or scarlet cloth cut small
put both together then take a chafindish put a cole or 2 in it
well kindled & set it in a close Then put your frankincens
& red cloth upon it & let the party sit over the smoke
a good while This may be used alone for piles but if for
the fundament its best to bath it first with the water
before mentioned.

Water to
wash
wound
from
flesh.

A water to wash your wound with all before
you dress it with your balsom & to keep
away proud flesh.

Put a lump of Alom the bigness of a little nut into a
pint of milke as it is taken of the fire boiling stir
it up & downe till it be like a posset curd & drinke & with
this drinke or water soething warme wash the sore if it be
deepe it with a siring

Whites.

To stay the whites in twice dressing approved
In the morning oute an Egge shell & all & nothing offe
with it that is very hard rosted

A most

Drinke to
comfort
Stomach &
LIVER
Brayn.

A Most Admirable Drinke to comfort the
Stomach & the Liver to cleanse the kidneys -
Purifie the blood comfort the braine & ex-
pell waterish humors.

Take 8 gallons of new wort not too strong nor too small &
when it is ready to worke turn it by with a canvas bag & a
great stone in it that it may sinke to the bottom of the
vatlet you must put into the bag 3 oz & an halfe of
saxifrag finely scraped or fennell seeds 2 oz of
Aniseeds & Caraway seeds of each 10z the seeds all whole
Nutmeg 10z & a half sliced thin 2 oz let
the stone be well washed that is to be put into the bag
with these things & when the drinke hath done working
stop up the vatlet very close & when it is 15 dayes old
Drinke of it as long as you will & noe other drinke
till it be all gone then make more.

Wounds
Bruises

The oyle of Hypericon most miracu-
lous for wounds & bruises.

Take flowers leaves & seeds of S^t Johns worte as
many as you will put them being stamped first into
an open mouthed glas with as much strong white wine
as will cover them well then set it in the sun 10 daies
together then put them to as much pure sallit oyle as
the weight of the hearts & wine then set it 10 daies more
in the sun then put into them for every pound of oyle 2 oz
of Venice Turpentine 1 dram of saffron of cloves nutmeg
myrrtie of each half an oz 10z frankincense
vitellia 2 oz: formick of each of these as is set downe
for

For every pound of sallet oyle then stamp all together & put them into a great glas & let it boile in with a head & reccauer close shut you shall know when it is boiled enough by this when no more vapours asend into the head & that will be within 24 houers or there - a bouts then take forth the glas being yet hot & straine it & keepe it in a little-glas shut as a pretious Jewell - note that this oyle must be used very warme allwayes & in any case test no wound but wet clothes in the oyle and lay it for on the wound & the cure shall prosper as hath bene proved a 1000 times in diuers places.

This oyle is of great vertues in diuers & sundry accidents & specially in wounds for it helps them without any paine altho vaines Sieneues or bones were hurt shrinke or but it preserveth the wound from corruption & incare nateth & is marvelous against poyson.

For them that be stoped in the Breast.

Breast
Stopping.

Take mother wort & horehound a handfull of each boile them in a quant of water to a pint drinke it warme 9 dayes together & you shall be well.

For weakness in the backe.

Back
Weaknes

Take 10x. Corall searlet as much Coriander-seeds prepared finely beaten & searlet mix them well together Take as much of this powder as will lye heaped on a quart mixt well in a foonefull of red or claret wine Take it 14 mornings together or more as you find cause you must steep your seeds in the strongest wine-vinigar all night & in the morning straine them & set them on a soft fire to dry and

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to being well dryed then beat them & seare them as is a bre
said.

Deafnes.

How Deafnes.

Take the water that comes out of the ends of green
Upon the fire keepe it take of this water juce of houghleeke
with nine of the grease of a black Eele that hath red fins
beneath the of each of these a poorefull boile all
together over a soft fire a quarter of an hower then put
it up in a glas & when you are in bed drop of it into your eare
& lukewarme & lie upon the contrary side & it will help
in a short time.

Tissick.

How Tiggicke.

Take Amyseds Licorise Sugarcandy Eline-campare-roots of
each alike but the Ela campare must be a 4th parte of all
make all these into powder & eat it dry every morning and
evening.

green Oyntment Aches.

The greene oyntment often effectually proved
to be good for aches fellons anguish over-
stretching the sinewes & veins stiches sciatica
champs & any swelling in any part & also good
for horses being strained & lame.

Take red sage & rue of each a pound the youngest bay leaues &
wormwood of each 2 pound pick them cleane but wash them
not cut them small beat them long in a mortar then take
3 pound of sheepees suet as hot as it was from the sheepe
mune it small & beate it with y^e herbs till all be of a colour
then put all into a faire bowle with a pottle of the best sallet
oyle & worke it till it be all a like soft then put it into an
earthen

earthen pot & let it stand 8 daies being close covered y^t
 noe aier get in then put it out in a faier pan & let it
 boile on a soft fire for long that when it is cold it will be
 like ointment then straine it & put it into 4 oz of oyle.
 Swike which being well stirred into it before it be cold -
 put it up into your pots for yo^r use & cover it close with
 leather when you use y^e oyle put som of it in a saucer
 & set before the fire & rub it thorowly on y^e wained place
 you must take great care y^t you burne it not in the boiling
 nor boile it to high It is to be made in y^e later end of
 may. It will last many yeares being fast & close kept.

Virgins
milk.

To make Virgins milke.

Take halfe a pound of Letergy of gold in fine warden
 put it into agnet wth something more yⁿ halfe a pint of
 whit-wine vinegar stir it well together then let it sett
 halfe an hower sometimes stirring it yⁿ take a good handfull
 of salt it of & let it stand till it be settled very cleare
 then put only the cleare into a glas & so keepe it then
 take a good handfull of salt & halfe a pint of running
 water put them into a cleare pipkin let it boile till halfe
 be consumed continually stirring it let it then stand till
 it be well settled & put the cleare in aglas & so keepe
 it - when you use this take som of the Letergy-water
 in a spoone put a little of the salt-water to it w^{ch} will
 make it like cream & so is called Virgins milke anoint
 the place with it & let it dry in it helps the pimples

clenseth

cleanseth the skin killeth Tumors cures the Itch takes away
sun burning & they of Italy use it to make theyr faces
fairer.

Purgine
Ale

A good ale to purge.

Take
Sassa parilla
each 10z the roots of saxifrag
ginger cinnamon of each 2 drams 30z of ..
mellons of y^e sun stord put all in a bag wth a stone in it..
to make it sink y^e put it in a gallon & 1/2 of ale when
it hath don working let it stand 5 daies & then drinke
it more or les in a day as you find it workes in the mor-
ning fasting & at 4 A clock in y^e after noone. You must
bruse the spices.

Diambria
Electuary

An Electuary to be made of Diambria.

Take halfe a pound of sugar put it to somuch of rose-
water as will to wet it boile it to a thick Syrrup then
put in it 3 drams of
Diambrice & give it a
walme or 2 then take it from the fire stir it till it
be cold then put it wth into a pot & give somuch of it
at a time as halfe a nutmeg This hath recovered one
left for dead & against suffetting & Swell-
ing in the stomack.

Cordial
Water

A most excellent water.

Take
nutmegs of each 1 dram in very fine powder then
take somuch of the juice of Galadine as will mix them
well

wall together then put into it a pint of good Aquavite
 & 3 pints of good whit-wine let it steepe all night in
 a glas or earthen pot next morning distill it with an
 easy fire till all be run that will then mingle it all
 together to make it all a like & so put it up to keepe for
 your use in summer take 1 spoonefull of it fasting once a
 weeke & in winter 2 spoonefulls every weeke the
 best time to distill it is in may The vertues of this
 water It is good for a quartan Ague or any disease
 in the stomack taken before the fit do com It doth

If the lungs be
 grinded or scurished it helps & comforts them It
 suffers not the body to decay but the same in quantity
 multiplies that he shall not need to be let blood
 It suffers not the hart to be burnt nor melancholy
 flegme to be lifted up a true nature It excelleth
 it mightly prophets the stomack marvellously
 it preserves in its owne estate doth en-
 gender good colour conserves the memories &
 the palsy of the limbs & preserves
 from palsey & if the said water be given to one sa-
 -tering towards death or spoonefull releaseth him
 of all waters none is better.

A powder to stench blood in any wound.
 or any veine, ^{or} Arteries cut

Take 1 oz of the powder of a peice of leane Beefe
 being first burnt upon a gridiron on the fire till

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it be beaten to powder then take marshick & bole-
armarick of each halfe an oz & 6 wheat cawes all
in fine powder mix all together strow of this powder on
the wound & mix some of it with the whit of anegge till
it will make a plaster & lay it on y wound beppred
upon a cloth & it will both draw & heale the wound
assuredly

For giddines in the head

Take 3 handfull of Cowslip flowers wood-betany tops &
rosemary tops of each a handfull dry them be well
then take 1 oz of nutmegs 2 graines of long pepper &
make it up a quarter of an oz with whit pepper &
peper beat all together to powder & searce it then
take as much of the powder as will cover a shilling in
6 spoonefulls of posset drinke when you goe to bed.

To strengthen a back that is weake
stay the whits & breake the stone.

Boyle 4 oz of constly stir
ing it till it be like past then mix it with Amber
red cowall fine bole cinnamon Cassia yellow
or whit of each a dram in fine powder &
make it up in pills take 5 or 6 every morning fasting.

A drinke to qualifie hot sharp vapors
& humors ascending upwards.

Take femitory 1 handfull of Cinamony & Linon-wort of
each 1 handfull of Cinnamon 4 spoonefull a stick of
good licoris scraped & sliced put all these into a quart

of new whey let it boile at a soft fire a quarter of
an hower then straine it & drinke a good draught of
it warme in the morning fasting & at 4 in the af-
ter noone you may drinke it a weeke together & leave
it & drinke it againe.

An Electuary against fumes & obstructions
of the Liver.

Take as much as a walnut of consueses of

For the spleene Take

Take the tops of flowers of wood-botany keepe them dry
all the yeare & when you have any occasion to use it
take a handfull of it & boile it in a quart of posset-drinke
to a pint & then put to it 2 spoonefulls of the gyronne of
marigolds & drinke it 2 nights at going to bed or more
as you find cause This making will serve both nights
approved.

Another for the same

Take the keies of Ash being full ripe take out the seeds if
is within them when the keies are dry beat them to fine
powder & searce it Take for much of that powder as will
lie on a stilling. Every morning fasting in a little beere
or what you will The seeds beaten to powder & taken
in posset-drinke is excellent for the stone.

For those that be troubled with cholera.

Take

Violet leaves harts-tounge
South-Thistle semitory of all a bout 2 handfull boile
them apurely while for the fire in a quart of clarified
whey

may let it run throu^a sitting-dish & drinke of it in y^e morning fasting.

A nother for the spleene...

Take whit jenny in as fine powder as you can sweet-fennell seeds finely beaten & searced of each halfe a spoonfull at one time mix them well in a pretty good draught of whitewine & so take it 15 mornings together wth exercise for an honor aft^r after.

Now those that have the Plague.

Take 3 oz: of liquores the inner wind of an ash-tree still it with 3 oz: of whitewine let the patient take 4 spoonfull over 3 howers & if God pleas. he shall be well within 24 howers.

For the Plague there is none more ^{hath} excellent & worthy than this w^{ch} ^{hath} been very well approved.

Take a cock pullet pluck of the tailefeathers till the stump be bare then hold y^e bare of the pullet upon the sore & the chicking will gap & labour for life & in the end will die then take a nother till the last will live for then all the venom is drawen out y^e last chicking will live & the party amend shortly after.

A sure & safe medicine to cause a sick man sleepe.

Take plantan leaves & y^e leaves of crops of willow a like quantity boile them in milke till they be thick like a poultice & so apply them to both breasts & let it be

one.

lie on all night.

To keepe the small pox from pitting.
Take the fat of rasty-bacon put it in a red hot fire-shoull
& so let it drop into roswater then take it & as soone as y^e
pox looke full & whit anoint them with it.

An approved medicine for a Consumtion.
Take an new laid egg & put out the white & put into it a
little grated nutmeg & as much water of Colts-foot as ^{the} ~~gaull~~
will containe warme it upon embers & so sup it up & fast
an hower after it then eat some mutton-broth or any meat
that is light of digestion this continue till you find good by it.

An approved medicine for any blast or hot rhime
in the eyes.

Take may-briad leaues being gathered betwene sun & sun wash &
wipe them with a cleane cloth then run them & straine them &
take the juce & drop 3 drops at a time into each eye when the
party goes to bed & take the hearbe which you straine the juce
out of & lay it all night upon the balls of the eyes binding it
hard fast on in the morning drop more in & as this eye it 3 or 4
nights together if cause longer.

Another for the Eyes.

Take whit sugar-candy run & searce it thorough a liffney very
fine then opening the eye put as much as will stand on the
point of a knife so close the eye & let the party ly on the
back halfe an hower before he stir. approved.

Another

Another for redness in the eyes and rheums.
Take powder of Tully & mixe it in plantain-water & drop it
into the eye morning & evening at least.

A very good powder for the greene
Sicknes or those that are inclinable to it.

Take 4 grains of muske & grains of ambergreene a becke-
leaf of Gold a quarter of an oz. of seed pearle not dried & oz.
of finely searced ~~pearle~~ filings of Iron mix all these together
& let the party take morning noone & when shee goes to
bed as much as will be on a groat drinke in the morning
a draught of muscadine after it you must beat all these
^{to powder} together & put to them a quarter of a pound of fine barbery-
sugar very fine.

An approved medicine for the Greene sicknes.

Take halfe a pound of currants pick & rub them & beat them
to a past then take halfe an oz. of Steele powder 2 drams
of rhubarb 2 or 3 rases of Turmericke halfe an oz. of Juicy-
halfe a quarter of an oz. of Saffron dry & Saffron & beat
all these into powder & mix them together with sack-
if you will you may make them into pills or else you
may take it upon the point of a knife you must take the
quantity of a nutmeg every morning & stir after it walke
for an hower after it or rub a table.

A receipt for one that is troubled with the
megrim the dizziness or paine in the head.

Take 1 oz. of Irony-roots 1 oz. of the Irony-beeries 1 oz.
of nutmegs les all these be well sliced & beaten to
poder so fine as you may & see it thorough a Taffany
then

then put it into a boxe & let it stand in some dry place where it may still be dry & whensoever you find a -
dizines in your braine Take somuch of this powder as -
will lye on a shilling & mingle it in a Spoonfull or ~~a~~ ⁱⁿ ~~of~~ ^a ~~beere~~ ^{beere} & so take it downe with a Spoonfull or 2 of beere after
it this will presently help you - *probatu*.

A cordiall water.

Take 3 pints of claret wine 3 pound of cherries 2 of them
stoned & one on ston one handfull of rogemary tows as
much spize-mint & as much balme a quarter of a pound of
nutmige as much cinamon & lemon pill still all this in
an ordinary still & so keepe it for your use.

Another cordiall water.

Take a quart of strong mint water put into it rogemary
bursay & coulis flowers of each a good handfull & of cin-
-namon 2 oz. brused a little then let all these stand 4 daies
together in a glas close stoped then straine it & put to it
as much Sympye of Gills flowers as will make it a pex-
fect claret wine colour so keepe it for your use all the
yeare.

A medicine for the stone a bone all others.

Take the water of purgley y^e water of rogemary the
water of farsifrag the water of penicods of each of
these one quart malmsley 3 quarts the water of haw-
-thorne leaves or birnies & put all these into a still
-atory & still them & drinke first & last at one time
4 oz. *probatu*.

To kill fleas.

lay a good quantity of Arsenick in the chamber & under the bed. approved.

To take a way warts

Take a great red snail that hath noe shell rub it on the wart & it will take it away.

Purging Pills.

Take 2 oz: of Aloes 1 dram of Jollop a quarter of an oz: of myrror & halfe a dram of saffron beat all these to a fine powder & seare them severally then take an oz: of Symplic of roses with Agarick which is to be had at the Apothecaries & put as much of it to the powder as will serve to beat to a stiffe past then put 2 or 3 dropes of oyle of Aniseeds to it & worke it well to the past with a pestle & so put them up into a little gallipot so as you use them make them up of the biggness of the greatest pease these pills are to be taken a quarter of an hour before supper 2 or 3 of them or more or ^{les} as you find them worke you need not keepe chamber nor for-
=beare any ordinary diet for them only drinke warme ^{broth} ~~broth~~ or posset drinke in the morning after you have taken them You may take them 2 or 3 nights together or as oft as you see cause & for beare 2 or 3 dayes & take them againe.

They purge melancholy flegme & fullness of the body if you are troubled ^{with} waterish humors you may put into them a quarter of a dram more of Jollop.

To make Syrup of Gilliflowers

Take a pound of Gilliflowers & ~~chop~~ chop them then take a pound of ^{fine} Rose sugar & beat ~~them~~ to powder put your Gilliflowers ^{then} into a big gally pot with the sugar a lay of on & a lay of the other & so put them into a Kettle of boiling water & let the water boile 5 or 6 howers then straine it out as neere as you can & so put it into a siluer bagon & let it sinper on y^e fire halfe an hower then when it is ~~all~~ cold put it up for your use. The remaining Gilliflowers put into vinegar wth some sugar it will make a good sallet.

Another way to make Syrup of Gilliflowers

Take halfe a pint of balme water & halfe pint of corag-water & mix with them a pound of fine sugar & boile them to Syrup then put to them a pound of chipt Gilliflowers & stamp them in a stone mortar very small & put them into the Syrup & let them stand to infuse all night the next day straine it out & when it is strained boile it a little & so when it is cold put it up in a glas for your use.

A Cooling Julip for afeason

Take of ^{boyle} water 5 pints & put into it 10z of licewere then sliced 2oz of Aniseeds bruised a handfull of raifons of the sun & send an old pipin sliced & a little Hartshorne - let all boile to a quart & so drinke of it cold halfe a stowe spoonefulls at a time as oft as you please.

To make excellent thin cheese.

Warme a gallon of new milke & put to it one quart of cream
 very hot one spoonefull of runnet if it be old if new more
 cover it till it be come then make your cheeze but breake
 not the curd only take it up with your sitting dish & so -
 lay it in the fate turne it as oft as the cloth is wet for
 feare of fouling & within a day lay it in rushes & shift
 it once a day & turne it often in aday.

A Syrup for a Cough.

Take coultfoote Maidenhaire Cetracke of each a handfull -
 wash them cleane put them in a pottle of running water
 with a few Elecompane roots sliced thin let it boile -
 halfe a way then straine them & put to it 2 pound of
 sugar so let it boile to a Syrup take of it 3 spoonefulls
 morning & night.

for the Oct 29 1667

Mother take 12 of corall & 1 ounce of Red sanders
 m^{rs} Davis finely sifted half a handfull of oatmeale
 seared put all these in a quar of
 new milke boyle the a little & sweet
 ten it to your tast with sugar
 take of this when the fitt comes

M^{rs} Davis
 for flooding best a handfull of graty
 if is if ladye 2 hours then straine ym & put too it a
 duncanons quart of Charrett a quarter of an ounce of
 medicin cinamond a little Bay leanes half an ounce

of sanders boyle it well before you put in the sanders
 boyle ye sanders a little
 sweeten it and drink it, in extremitie put
 in Red Corvall
 at the same time lay a plaister of soft waxe
 to the navell

Mr Davis

for the yellow Jander

take earth wormes flitt & scoure them
 cleane with water & salt then put them
 in the oven after bread upon a paper to
 dry & powder them, take as much as will
 be upon 3^d in white wine with a little
 safferne for 3 or 4 mornings or longer
 as you have occasion

Mr Davis

for the Rickets

take yellow snails rime a thrid through ym
 & hang them up & with the oyle of drugs
 anoynt the Joynts of the child night
 & morning

another

take oxce marrow Redd sage & margerom
 shredd together putt ym in a double glass in
 the oven with bread anoynt Joynts belly
 & stomack with this oyle Erubatum

another

take Ground Ivy Broome flowers Rhue Gruerwort shred
 & boyled in fresh butter boyled to an oylment

my Janis a salve approved sallat gyle

take Deere suet Beeswax stone Pitch of each
a like quantity & boyle them a little while
& keepe it in a gally pott for yor use

it heals any wound new or old is good for
aches or any thing

Elizabeth Smith for the Tooth ach

Take ~~clay~~ barrell pitch & rozin alike quantity
& twice as much Bird lime let them stew
over the fire ~~tin~~ with a little water till
the water be wasted the spread it upon
a new sheep skin for yor use

For a Consumption or flegm in ye Breast Receipte out of my cosen Somersalls Booke

Take Bay berries
2 ounces in fine powder mingle it
with Clarified Honey or Syrop of coltsfoote
& lick of it with a liccoris stick ofte

2 for the
Cramp

Tak Brimstone in fine powder & mixe it
with fresh Butter & lay it upon a cloth
& apply it warme it also cures y^e Itch

for a carbuncle
to break it

Tak corriander seeds prepared one or 2
ounces mingled with Honey & apply it warme

To Break a
Blague sore

Tak Bay salt in fine powder & mingle it
with the yolk of an egg & spread it upon
a cloth or flaxe so apply it

5 4 2 Take a ring made of a cows horne wear
for ye Cramp it upon ye finger & hold haves foote
in your hand

6
for the hanging take the Joyce of succory & wett the
down of womens breasts with it warm
breasts

7
for the fitts Take mustard seed in powder, blow it up
of ye mother into the nostrills, or take the fume of gall
banum, Thapsita, Bitumen Let the fume go
into the nose & in the lower parts,

8
for a Thrify take black pitch 2 or 3 ounces, oyle of Camo
-mek half an ounce spread it upon leather
& apply it to the place,

9
for ye Biles take an old shoe put it in a chafing
dish of coales & put it in a closetoole
10 & so sit over it,

for a fallen take the yolk of an egg a little Ry meale
11 & a little Venice Turpentine, mixce them
well together, & spread it upon flase &
lay it to the place it will break & heal.

12
A very good
broth to coole
the liver take 5 pints of fayr water & a handfull & half
of strawberys roots & leaves, boyl therein
half a chick or a quarter of a Bullet of a
yeere old a little hole mace & a crust of
bread & drink it in the morning

for a Cough take the flower of brimston & put it
in a ~~ball~~ round ball of conserv of
Red Roses with a few drops of vitroall
swallow 2 or 3 of the balls at a time as you
see cause

13
for a sore throat
or quinsy taken
in time
take 3 fews ears 6 figgs cutt in peeces
boyle them in a quart of ~~boiling~~^{running} water
to a pinte, & gargle your throat with it
often, if you find it ulcerated boyle a
spoonfull or 2 of french barley with it.

14
for a child
yt stirs weakly
take the bottom of a wheat loafe & stick
it full of cloves cinnamon & nutmegs
cutt in peeces, then tost it all at the fire
then sprinkle it with muskadin & tost it
again & sprinkle it again, & sprinkle it
again a little & lay it in a thin cloth &
put it to the navell of the woman as
hot as she can suffer

for wind in
stomack &
faintings at
heart
make lozings with sugar & a few drops
of spirit of wormwood
§ 5
an excellent
mouth water
Take of Redd Sage woodbin Leaves Bryer
Leaves collombin leaves of each 1 handfull
of a certain cure boyl ym in 3 pints of water till one be
for chaggs in waster put in 2 spoonfulls of english
womens nipples honey let it boyl a little then tak
it from yf fire put in as biggas
an egg of Roach Allum when that
is dissolved straine. & when tis cold
bottle it it will keep good a yeere

⁴
A medicin^e yt
cures ye palsy
yt take away the
speech

take sake of Primrose leaves, if it be win-
ter take Primrose roots of each a lik quantity,
then beat them them together & strain y^e
with Ale y^t is stale, & give a good quan-
ty to the sick person to drink, this hath been
proven

for one of pith
Blood

take y^e Joyce of Betony & Goats milk, mix
it, & drink therof 3 mornings together

for y^e Balley it tak cowslip Roots & seeth them in malmsy
the face be drawn & bath the place where it is drawn &
Strike it towards the Right place as warm
as they can endure it, if he cannot speak
rub the ~~place~~ tongue with new mustard
& pepper of stanes acre, beat it put it in
a linnen cloth & lay it to the Roote of the
tongue. if y^t will not serve the turne
take aqua rosata & the Joyce of Rue and
rub the tongue both above & beneath, as far
in the throat as the party can suffer it, &
rub the nape of the neck with the same
& it will surely help

To stay a flux
& cause sleepe

Take Labdanum parafellus opiatum two grains
of this made into pills & give it y^e party
when he goes to bed it will cause rest

against
melancholy

take of single. red. flowers & heads
of rosemary flowers three handfulls
and as much of damask. rose leaves
burraque and Tagloss flowers 2 handfulls

of bawme leaves, and of pinks, of each ¹⁵
them 6 handfulls, of cowslip flowers
two handfulls, of marigold leaves two handfulls,
of cinnamon grossly beaten halfe an ounce, of
nutmegs two ounces of anniseeds grossly beaten
three and a penny waight of English saigon
putt itt three in a pottle of the purest sack
and lett them stand so now and then stirring
them together as long as you please, after-
wards distill them in a stillatory of glass,
or wherein you do roses, with partes about the
still, in the nose of the still have 2 or 3
grains of muske in a linnen cloth lett the
distilled water drop through that into the recei-
ving glass, you may also putt in 6 ounces of
suger candy powdered that itt may incorporate
with the said liquor: when all is distilled then
lett the glass that dothe contain itt for an houre in
hot water that the candy may be dissolved. take
this 3 times in a weeke Lasting 2 spoonfulls
att a time, and att any time when y^e is heavy:

45
let the fire bee as soft as may bee when
you mix this water for use itt with as both
smaller and the lesse in quantity &:

The Colick powder.

take a pound of liquorish, halfe a pound
of anniseeds, halfe a pound of Bayberries,
halfe an ounce of mace, halfe an ounce of
cloves, halfe an ounce of pepper, six date
stones, 6 cloves of lilly rootes, 6 acornes the
inward parts of six oyster shells burnt in fire
two handfulls of red sage, two handfulls of
red fennell, beat all these severally to powder
and searce them all purely and exactly, and so
dry them in an oven, then take the weight of
two groates of spermacete, and mingle itt with
the powder of the aforesaid things, and give itt
the party greened in posset ade, or white wine
to drinke, the quantity of one spoonfull of
atensale powder. Probatum.

For the Spleen:

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Take melilot and camomile of each three handfulls
of pearly, roman wormwood, dittany, and
plantane of each a handfull, beat them
small in a stone mortar, then putt to them
three pound of fine rosin 12 ounces of bees
wax, two pound of sheeps suet, and one pint
of white wine, then melt all these together
in an earthen pott, and lett them stand 20
dayes, but be sure they be perfectly boyled
when strained and so used it:

For the Dropsie:

For the Dropsie

Take 3 great handfulls of elder Roots scraped
clean & slit, a quart of a pint of Amitteds 1 pint of *Artemisia*
lignum vitae 2 ounces of Sweetfernill seeds, lay all these
in a gallon of Running water 12 houres then boyl upon
a soft fire till they be half consumed, let the party drink
this morning & evening & let him drink no other drink
if he be before spent, let him eat Roasted mutton
& Rayons of Asen but no broths nor Butter,
& keepe a sparing dyet

Exordium

48

A very good salve for an Ache, a Bruise, or any hurt
 & a Sore Cloth dipped all in it is very excellent
 Take 3 pints of the best Sallett oile, & one
 pound of red Lead, & halfe a pound of white Lead
 Let them boile well together, then put in 2. ounes
 of Camphire, let It continue boiling til It come
 to a perfect body, which you may know by often
 dropping it into water. Then take It off the fire,
 & being a little cooled, having oiled yr hands
 make it up quickly into rouls, for It wil soon
 be cold. See you overboile It not. In my
 Experience I never tried a better, neither do
 I thinke a better can be had.

A Plaister for all Sores & Aches

Take a pound of oile Olive, red Lead 8. ounces,
 white Lead 4. ounces, Spanish Sope 5. ounces.
 put these in a Dipkin well glazed, boile them very
 softly an houre & halfe, then increase it, still
 stirring It with a stick, til it waxe greenish
 & alter of a more darke Color & when a drop
 of it wil come off a table without sticking to
 it, It is Enough. Then put in halfe an oz. of
 Sores-grease, as much oile of Baies, then spread
 it, & use it.

The virtue of It.

Applied to the Backe, preventeth womens mis-
 -carriages, It is good for all wrenches &

Sou-

49

Grises in the backe. applied to the stomach.
It takes away the paines thereof & of the
belly, & causeth a good appetite, provokes wo-
mens courses helps heales, & breakes all old
sores & it is excellent for any ache, Grise
or swelling.

A speciall receipt for an Ague. Sisk. Baden.

Take as much Allum in fine powder as a
wal-nut & a quarter of a nutmeg in fine pow-
der, put it into a pint of oile & let it stand
close covered a night; in the morning give it
to the patient to drinke an houre before the
fit cometh. Let him drinke it all, or as much
as he can. It wil take away the ague by vomit
stools, or both.

A medicine it hath often helped ye
Quartaine Ague.

Take a nutmeg, & beat it small, so much
Allum in quantity in fine powder mixt both
together, then divide it into 3. parts, then take
every morning together fasting one part in 4.
spoonesfull of white-wine. If it make you
cast, it is the better, but then have ready some
posset drinke, wherein hath boyled the tops
of red nettles. Lot.

For a Quartaine Ague approved m^r Brookes.
Take the back-bone of a fish called
Catt

Cuttle-bone & beaten into powder give 1 Dram
in any Liquor beere or wine, it must be taken be-
fore it cold fit come. if it doe not at it first in-
king, take it againe & next fit day, when it wil
helpe, if god please.

A very good medicine for an Ague to
apply to the wrists.

Take a good handfull of Smallage, & beat it very
fine, then take a pretty handfull of bay-salt, &
good large handfull of Cobwebs pickt cleane fro
spiders, & beat both these well together with the
smallage. then take 2. oz. of Venice Turpentine
& beat it very well with the rest of the things. then
an houre before the fit comes, spread so much
upon a Linnen cloth, as to Cover the inside of y^e
wrist some 2. fingers broad, & so sowe it to both
the wrists. & let it lie on til the time of y^e next
fit, & then an houre before the fit comes lay it
on as before, & thus in 3. times it shall some misse
to take y^e Ague away, sometimes sooner, but in
case it doth misse then apply it 5. times.

Dr Mathias

For a Quaraine Ague approved
Take 2. handf. of horse-radish, 3. handf. of
Briony roots, 12 handf. of Scurrey-grasse 2 gallons
of white wine. Chop it all small, & let it steepe
2. or 3. daies in the wine, then str it wth a soft
fine & take of this water 4. Spoonfulls, in 3.
Spoonfulls of white-wine, & some Sugar, & so
drinke of it evey morning, & at night before

Sub-

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Supper, if the fit be not upon, take 4. oz. of
Clouey, & one spirit of wine, & let y^e Clouey
steepe in the wine, till the hincure of it clouey
out. take 3. or 4. Spoonful of this in 7. or 8.
Spoonfulls of white wine & Sugar when the fit is
coming & keepe y^e bed. Cringe in y^e hot fit
posset-drinke wth Simup of wood-sorrel in it.

To take away the Colds fit of an Ague.
Take 2. or 3. Spoonful. of Agavite & Juice of
2. or 3. oranges & drinke it a litle before y^e fit
comes. Do this for 3. fitts.

To stay the fitts of an Ague.
Take Egrimony a good quantity boiled in quart
of white wine, to a pint, & drinke a good draught
of it an houre before the fit comes for 3. daies

~~For a Quackering Ague appeares.~~

To Cure the Ague in a womans Breast.

Take a pint of stale strong Beere, put therein
some wheat flower, & Season it wth Sugar to y^e
liking, & so drinke it at twice or thrice, as you
find cause, & 1. or 2. pints of this drinke will
doe the Cure.

For a weakke Backe, or the Whites

Take a oz. of Cinamon, a oz. of white Comfrey
-roots, an oz. of hollybody of the oake, 3 oz.
of white sugar Candy, make al these into
powders, then mingle ym together, & take

so much at a time thereof, as wil lie on a 6th day morning for the space of 5. daies, & so likewise in the afternoone, & drinke a draught of red wine within an houre after, & taking. This may be taken a longer time if there be cause.

Another

Take Rice, Soy it, grind it, & searce it & of that flower make past with red rose water, & whites of Eggs, roll it thin as wafers, bake ym in an oven upon ~~wax~~ papers, with a gentle heat, & eat usually thereof.

Another

Take the new dung of a sound lusty stone horse fry it in a frying-pan, put it into a cloth & apply it very warme to the belly w^hen you go to bed, & so use it every night.

Another for the same.

Take the great black snails, about shels about 20. or 30. bind ym up in a cloth, & hang ym up so that they touch nothing, then prick ym with a great needle, & receive the slimy substance yt comes from ym in a dish, & anoint the reins of the backe from the necke to the -

An Excellent Balsam

Oil of Swallows 3. pound oil of hypericum 2 3/4.
oil of Baies 3 oz. oil of petroleine halfe an oz.
oil of spike an oz. oil of Juniper an oz.
Turpentine of venise washed white a pound. natu-
-ral Balme a oz. waxe halfe a pound, red
Sassaparilla

Sanders powdered + 3rd put he swallow oile in a large earthen pot & put it on a soft fire & dissolve the waxe into it. Then take it off the fire & mixe the rest of the oiles with it, y^e put the Sanders into it stirring it continually y^t it may mixe well. & being a little cold put in the Turpentine & stir al together til it be fully cold, y^t the Sanders fall not the bottom.

Uses of It

- 1 Being dissolved it cureth any greene wound by anointing, or being squirted in, if the wound be deepe.
- 2 It is good ag^t any burning or Scalding.
- 3 It ag^t any ach, stich, or Sciatica, coming of cold.
- 4 It ag^t the paine of teeth, by anointing y^e gums. It is soveraigne good ag^t the bruise, some of it being dissolved in a penny pot of hot sacke & drinke it at going to bed as hot as it can be drunke, y^t the patient may sweat. y^e outward must also be anointed therewith.
- 6 It is a preservative ag^t the plague, & Lipe & nose being anointed therewith in y^e morning.
- 7 It is good for y^e straining of any joint, by anointing.
- 8 Lastly for any swelling or Imposition for gathering, dissolving, breaking, drawing & curing them.

A Balsame to Cure all Diseases & Desperate wounds in 24. houres.
of myrrhe, of Aloes Hepat. of Spikenard

of Sanguis draconis of Frankincense Gummi
 Stobonace Bellium Carobalamum Amomium
 Storax Lipida of each of all these 2 oz. of the
 juice of Castore 2 oz. of muske 1 Dram. of
 Turpentine & weight of all powder those y^e will
 be powdered, & mix y^e well with Turpentine
 put all into a Limbecke & distill it with a soft
 fire, take of Liquor distilled, put it close in a
 glasse, & so keepe it for use.

The virtues of this Balsam.

- 1 Dead sores anointed therewith wil not corrupt.
- 2 It restoreth bined bodies y^e are galled away, ~~then~~
 tempered wth rose-water, & anointed y^e of necke
 & of reins.
- 3 It taketh away the shaking of Agues, if 1. houre
 before it sit you anoint y^e back-bone warme,
 leaving it so upon a linnen cloth.
- 4 In Coughing it is as it were y^e last refuge, to
 anoint y^e back-bone.
- 5 For losse of speech lay a little under y^e tongue
- 6 For Suffocation of y^e matrix, in y^e falling Sick-
 nes, & in many other passions upon necessity,
 you may give 3. drops in some white wine.
- 7 It comforteth y^e heart, & therewith Melancholly
 persons y^e are sad, weak & consumed for
 such temper it wth oile of Roses, anoint y^e mem-
 bers affected, or y^e back-bone in or out of a rhy.
- 8 To anoint y^e back-bone therewith prolongeth life
 & likewise the nape of y^e necke, from whence
 all y^e sinews come
- 9 It comforteth all y^e bones cureth y^e palsey.

trembling & Leaping of heart, if there is no
medicine, yet better will give present comfort to
the heart, & Stomach being anointed with it.

For a Stick, or Extreme paine in the
Belly.

Take a pint of posset-drinke, & boile in it 8.
or 10. Acorns, 4. or 5. Bay leaves, & drinke it as
often as you will.

For a Biting or Stinging of a Snake.

It was tried by a Serving-man in Huntshire.
Take the leaves of Bugdocks, stampe & straine
yn, & so drinke a good quantity, halfe a pint
at least, the simple juice ^{of it} is best.

To Stanch Bleeding

Take downe if it is one Calone of willow, when
it is thorough ripe, dry it, & yn apply it to the
nose, or any other part or wound yt bleedeth.

Another for the Same

Give the party 3. or 4. drops or somewhat more
if it be a man & strong, of his owne blood
in a draught of misle-beere.

Another for the Same

Take a peece of course rag & spread it with
the blacke jellie or spawne of toads gathered
in March, & as it spread it againe 3. or 4. times,
yn let it lie in the sun in April, may & June
then apply a little of it to the bleeding place
in man as a handkerchiefe.

An approved medicine to stop Bleeding

Take red nettles or other nides, if you

cannot get to stanch & straine you alone by
 themselves, then take the juice & rub all over
 forehead & temples & so let it dry on your face 7.
 or 8. hours, after you may wash it off, but if
 it bleed againe, rub it againe. Juice of re-
 nettles & red wine together, with a little Chalke
 scraped in it & drunke warme hath beyond expec-
 tation staid both bleeding at nose & murther.

Another to stay bleeding.

Take a draught of new milke & put into it a
 piece of best Alum, or a powder, stir it well
 & drinke it. It is a most special medicine.

To make a powder to stanch bleeding
 of a wound or any veine cut or artery.

Take a piece of Lane beefe, burne it on a fire on
 a gridiron til it may be beaten to powder halfe
 an oz. of mastich halfe an oz. of Bole-armenick
 halfe a dozen of wheat eares all in very fine powder.
 mix you all together, & w^h you need it powder, strew
 it on the wound, & take a little more of this pow-
 der, & mingle it w^h the white of an egg, til it be
 like a plaister, & spread some of it on a cloth, &
 lay it on the wound, it wil both draw & heale it.

A medicine for bleeding in any part
 for a wound in w^h the artery is cut, &
 was approved in the Do Brooke, w^h nothing
 else would stanch it.

Take of Spawne of Frogs in March, take it out
 of the water in a sieve & nothing remaine but the
 Spawne itselfe, & take of spawne, & distill it in
 an ordinary still, & not a Limbeck. & you use
 this

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this water, warme a Lide of it in a spoon, & so
Drop it into y^e wound. m^r Lane.

To stanch bleeding in any part of y^e body.
Take Alabaster, & burne it in the fire beat
it, & sift it very fine y^e take whites of Eggs, &
beat y^m into oile, take y^t oile, & so much Ala-
baster powder, & mix y^m together to be y^e thick-
nes of a plaister spread some of it on a cloth
if the bleeding be at y^e nose y^e lay y^e plaister
upon y^e forehead, if y^e bleeding be by y^e wound or
in any joint for y^e wound lay it upon it & if in
y^e joint lay it a ioint about. proved most admirable.

To stanch bleeding at y^e nose, & prove
most effectuell. m^r Mach:

Take y^e whites of 2. Eggs, put into it so much
Alum in fine powder as 2 nutmegs, beat y^m
wel together til it come to a white curd, y^e take
3. pieces of Linnen cloth, 2. cut fit for y^e Temp-
ples, & 1. for y^e nape of y^e neck, spread y^e curd
upon y^m, & so tie y^m cold to y^e parts named.

To stanch bleeding.

Take y^e Spawne of Frogs in March put it in a
sieve y^t y^e water may run out then put the
gellied spawne in a pot, til it be dry, y^e keepe
the powder in a boxe, & if it be an Excessive
bleeding in y^e nose or any other part y^e wil
stanch it for to stop bleeding in y^e nose put
a little of it in fine Lawne, & so put it softly to
y^e side y^t bleedeth. approved. w^hen you use this or
y^e rage, wet y^m a Lide in warme water.

To stanch Bleeding

Take a Toad, & thrust it thorough the head with a stick, & hang him up to dry in the Sun. Lay the same, or tie it on the nape of the neck of any it bleedeth, & it will presently stanch.

Another for the Same.

Put a boxing glasse upon the Liver, if blood come from the right side, or on the Spleene, if the blood on the left side, y^e Lay white stones a good quantity of Towse & Linen sift in Vinegar. If for a woman Lay it on the breasts. For a woman let the Cupping-glasses be set under the breasts. The manner you set them on is thus. put a little flax into the glasse Light it with a Candle & so set it to. proved.

To stanch Bleeding

Cut a Beane in 2 mist Lay it on the vein in the forehead yt goeth to the nose, & it will stanch bleeding. proved w^{ch} many other medicines failed.

For the Same

The powder of the scraping of a Catoren, or a frying-pan stamp'd & mingled with the juice of a rattle, & put into the nostrils. Doth stanch the blood incontinent.

To draw & heale a Bile

Take some Linen-honey, wheat-flower & yolk of an Eg new laid of an Equal proportion & mix

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make it so thicke as it may spread. so lay it to
the place grieved, & senn it night & morne.
It wil both draw & heale. probat.

For an Ague in the Breast as also
to dry up the milke.

Take good Agavite & Linseed-oile, warme ym
in a dish on a Chafing-dish, & coales dip therein
2 cloths fit for y^e breast, & lay ym on y^e breasts
as hot as can be indured, lay also a lumpe
of Flax-tow under each arme being wet
dried & warme & so dresse y^e breasts therewith
morne & Evening.

A receipt for a Sore Breast.

Take a handf. of Dock-roots in y^e winter, but
in the Summer Leafs of the same quantity & like-
wise in y^e Summer 2 Dox-leafs a handf. in y^e
winter the middle rind of the same quantity
withal take a handf. of red Sage both winter &
Summer, & 1. handf. of Groundsel. Let al these
be choppd very smal together & ym boile ym with
oatmeale & milke, & so make a poultice of it
& apply It morning & Evening till y^e breasts
be broken, then make a new poultice of y^e
same things, adding 1. handf. of Ground Ivy.

A Poultice to breake a sore Breast

& to dissolve a Swollen Breast.

Take a sheepes head with rooth on it cleane
it, & wash it cleane, ym set it over the sores
in a good quantity of running water, & lay
It

It boile til it be ready to fall in pieces, y^e poure out the Liquor from the head, & take a quantity of 3. pints of Liquor, & put to it as much rice as will make it thicke as a poulty, & w^hen it is boyled put to it a penny-worth of Saffron finelye ground to powder, & 2. spoones of oile of Camomile, & 2. yolks of Eggs, & apply this poulty morning & Evening very warme to the Breasts.

The Lady Killegroues poulty
for a Sore Breast.

Take a sheepes head with the wool on, & cleane it & take a good quantity of Spring-water to boile it in til it be tender, y^e take of Broth being strained & cleared from the grounds, & put it in to a Skellet, y^e take a quantity of a quarter of a pound of Rice pickt cleane from the hulls, let this boile very tender to of thickeness of a poulty being kept from burning. They take 2. worth of English Saffron being made fine, & stir it into it w^hen it is of a fire, as also 2. worth of oile of Camomile & 2. yolks of 2. Eggs also, w^hen this being done, put it into a glasse or pipkin, apply it as you have occasion. This poulty is to breake a swollen Breast & w^hen it is broken, or you find any hard knots & Looke red Lay on honey spread upon browne paper somewhat thicke, & the powder of goats dung newly fallen, dried in a dish on a soft fire, til it be so dry y^t you may beat it into powder, & seare it. make y^e honey scalding,

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& put in of y^e powder to make it of a reasonable
thicknes, y^e apply it to the breast as aforesaid, & lay
the poultice over it ^{not} morning & evening
or you find y^e corruption is at drawne out & y^e
breast freed from any hardnes, y^e leave off y^e
poultice & the honey & y^e powder wil heale it up.
In y^e summer you need not make but halfe y^e quan-
-tity of poultice at once, for it is apt to soure, & y^e
it is not good. keepe it in a cleane gally-pot or
glasse, & w^h you use it spread it almost an inch
thicke, upon a cloth, & heat it as hot as you can
indure it, w^h you lay it on.

A plaister for Sore Breasts.

Take Leafs of mallows & wormwood of each a
great handfull, seeth y^m in water til they be a
bender as butter, y^e Lay y^m abroad, y^e water
may run from y^m cleane y^e after chop them
small with a knife, for they wil not grind for far
y^e straine y^m with a pound of Swines grease &
temper y^m together til you cannot know y^e one
from the other. This plaister is very pretious
for paps, & it mitigateth paine not only in
paps, but in hot Botches & Biles, under y^e throat
or arseholes, or in any part other place of y^e body,
w^h it lieth hard in y^e flesh. This must be layd to
warmed in a double cloth of linnen changed
twice in a day, this plaister hath no peere for
such things.

For Sore Breasts.

Take of parslay 2 handf. chop it small. Boile it
in a sufficient quantity of milke, put some great
Oatmeale fine beaten into it in the boiling, &

Is a little quantity of hog's grease in the end of the
boiling Lay this poultice to a sore breast if it swelleth
& is full of paine. proved often. It wil sometime
dissolve it without breaking it. If breaketh It must
be healed with some salve as with that it is called
the Blacke salve.

An Excellent Receipt for a Sore Breast

Take a yard of blew Cotton, & give it to be dyed
put into his wood vat, til it hath received as much
wooding as is possible, yn cut it into 4. pieces, &
boile it in whitewine til it wine be very flowy -
yn apply these clothes hot to it twice or thrice a day
as you do fomentacions & make tents of Lint, &
dipping it wine. probat. est.

To draw & to heale a Bile.

Take some Live-honey, wheat-flower, & 2 yolke
of a new laid Eg, an equal proportion, & make it
so thicke yt it wil spread, so lay it to the place grie-
ved, & renew it night & morning. It wil both
draw & heale. probat. est.

A very approved medicine
for any inward Bruise

Take Oculij canerij wch is a stone in the head of
the Crabfish, take a dram of this stone in fine
pouder, put it into a glasse, yn put to it a quarter
of a pint of whitewine vinegar, & let it stand til
it beane working. then stir it & give the party to
drinke probat.

For a Bruise or a Straine.

Take 2. handf. of herbane, 1. handf. of dog-
-tongue, 1. handf. of Elecampane, 1. handf.

of nightshade, 1. handf. of plantaine, 1. handf.
 of Tutsan, 1. handf. of Ling-foile. Bruise
 all these together a little in a mortar & seech
 ym halfe an houre in a pottle of y^e best sillet
 oile, w^{ch} It hath boyled so long, put into it halfe
 a pint of ~~the~~ Aquavite, & a quarter of a
 pound of yellow waxe. so let it steele til it looke
 very greene, & the herbs be very hard, y^e straine
 it thorough a new coorse cloth, & put it up into
 a pot. It wil keepe being close covered with lea-
 ther 7. yeares very good, when you use it
 you must rub it very wel by y^e fire on the
 bruised or ~~bruised~~ part, y^e wipe y^e hand upon
 a woollen cloth, & lay y^e cloth upon y^e place.
 may is the best time to make the ointment.
 It is a special good one.

For a Burning or Scald.

Take 3. handf. of y^e greene rind of Elder, as
 much greene goose-dung, beat these & boile
 ym a pretty while in a pound of fresh butter.
 straine it out very hard, & keepe It in an ear-
 then pot. stir it til It be almost cold, & w^{ch}
 you use it, melt thereof & anoint y^e sore with
 a feather, & lay a primrose leafe next y^e sore.

For a Lypsure

Take mallowes, Pansies, Comfry & osmunds w^{ch}
 is a broad ferne, of every one alike, seeth ym in
 the water of a Smiths forge, to y^e 3rd part, in a
 vessel covered ~~with~~ on a soft fire, y^e straine
 It, & give to drinke of It a good draught morning

& Evening adding red more in his meats & drinks
the powder of the haire of a hart being dried. these
may be given to young children

To make a Diaetion wch is the most effectu-
all in sharpe Catarrhes & Physical Effects.

Take of beets of white & blacke Gobbies aa $\frac{1}{2}$ lb
maydenhaire $\frac{1}{2}$ lb, English Licorice sliced & scraped
 $\frac{1}{2}$ lb. Iuybes n^o 30. Lettice seeds $\frac{1}{2}$ lb. mallows seeds &
quince seeds aa $\frac{1}{2}$ lb. Soile all these in 8. pints of
water to 4. pints or unto of halfe ft y^e straine
it take of yt wch is straine 3. pints unto wch
ad sugar pennies $\frac{1}{2}$ lb of Coorse sugar aa $\frac{1}{2}$ lb, being
clarified make up the Symp according to art, & re-
serve it in a glasse.

For Swelling in the Cods.

Take powder of Cummin, Barley meale & ~~alike~~
hony, & y^e y^e together, make a playster therewith, &
bind it like warme thereto.

A special good medicine for Collick.

Take Acorns w^h they are ready to fall, & so lay y^e
by & w^h you have occasion to use y^e grate or
scrape halfe of take it in a spoonfull of beere or
ale, or whiterwine wch is best, & so drinke a good
draught after it for a child, ale or beere is best
wine being too hot.

A medicine for Collick, & hath helped in
great Extremity, & the party never had
it after. Gro. Gro.

Take an old root of an Artichoke & West root
is the better, wash & take out the pith y^e slice
& put it into a quart of whiterwine, let it boile
to

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to a pint, y^e being in bed, drinke one halfe, the
other going to bed at night.

To make the Collick-water

Take 6. quartz of the strongest white wine you
can get distil it in a Limbeck, take a handful
of Rose Balme, Filipendula, Saxifrage, Beane
flowers, also wild thyme, bellitory of the wall
Yermander a good quantity with one gallon of
Sampshire, cut y^e al to pieces, & induse y^e one
night before you distil y^e, & put to y^e also
a pecke of may-flowers if they be new gathered,
but if they be dry a gallon wil serve, put in a
quarter of a pound of Anise-seeds, mixed wth
much Licorice sliced, y^e distil it al together, &
w^h you are troubled with a Collick take a
spoonful at a time. This is an approved medicine.

For the Collick, & Excell^t good for
the stone.

Take a gallon of white wine, & put it into a
Limbeck pot, hysope, fennel, Balme, Filipendula
Saxifrage, Beane-flowers, aliz, Beane Eeds, of each
a handful, wild thyme, bellitory of the wall, Yer-
mander of each a good quantity, & a gallon of
sampsire, so cut y^e al in pieces, & put y^e into
the pot where y^e white wine is, put thereto Anise-
seeds & Licorice of each a quarter of a pound
& put thereto a pecke of may-flowers, let all
steape together one night, & so distil it in a
Limbecke, & this water wil appease the
Collicke.

For

For Collicke in the smal guts.

Thyme made in powder taken 3. Drains of It with Oxymel & a Little salt purgeth by stooles tough & clammy flegmes, & sharpe & cholericke humors, & is good agst windines of y^e Side, belly, stones, & ~~genitor~~.

Another for the same.

Take meliorate with a Little white wine or with a decoction of Camomile 4. or 5. hours after dinner, if the patient be naturally Loose in his body, or else ^{made} Loose by Clyster.

For the Collicke

Take of the kernels of ripe ashery keies & of the roots of Trispentula of each a Like quantity, beat ym smal, yn take as much as will lye on a great or lesser, & drinke it in Broth or Carduus, or Camomil possedrink agst paine.

For a Consumption or Cough, or Shortnes of Breathing.

Take a quart of running water, boile therein a handf. of maiden haire, or unset herse till it come to a pint straine it, & put thereto a quarter of an oz. of Licorice sliced, half a handf. of Raisins of y^e Sun Stone 2. figs 2. dates, junibers, sweet fennel seed, & Anise-seeds 1. oz. boile these till almost halfe be consumed, then let it run thorough a strainer & sweeten the liquor with white sugar Candy to y^e liking, so drinke of It 4. spoonefulls at a time blood-warme, in the morning a oz. at an houre before you rise, & at night w^{en} you go to bed. Lie on y^e backe, & let it go leisurely downe.

For

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For a Consumption a China Broth

Take 3. quarts of faire running water, put it into a pipkin & set it over the fire til it is ready to seeth, then take it off, & put into it a small handf. of china, & another of Sassa-clips, then stop it close & let it infuse upon Embers 24. hours, then take a middle-sized Cock-chicken & flea of the skin, & cut it open in 2. backe & take out all garbage, & beat it with a pestil. Let it touch no water, but put it into 2. china liquor, & put unto it 6. or 7. Leafs of Colts-foot & a little maiden-haire, 30. raisins of the sun stoned, & a little flake of mace, then let these boile together til halfe be consumed. Let it be strained againe very hard thorough a Boulter or Cullender, set it on the fire, boile it & season it againe, make it sweet wth sugar, or soure with Lemons, as the patient likes it best & let him take of this a good draught 4. of 12. clocke in the afternoone, if he please.

For a Consumption, or for a
Body yt is weake.

Take one bottle of good milke, a quart of muscadine, halfe a pint of red-rose-water, 2. handf. of raisins of the sun stoned, a lb. of a pound of fine Sugar, 16. Eggs beaten, mixe these together, then distil ym in a Comon still with a soft fire yⁿ let the patient take 3. or 4. spoonfull at a time blood-warme, sweetned with a little manys christ, made of Cereal.

Coral & Pearle, when y^e things are all in a still, shew on 4. oz^s of Cinnamon beaten, the water is good to be put in broth

A powder for a Consumption

Take Earth-worms out of a meadow, rub ym with a coorse cloth, then wash ym well in Vinegar, open ym & take out the dirt, y^e wash ym ~~not~~ in white-wine y^e spread ym upon white paper, & w^h bread is drawne out of the oven, put in y^e worms, & w^h they are well dried, take ym out, & beat ym in a mortar to powder, y^e seare ym in a seare, & after yt to make y^e powder finer seare y^t thorough a Lining or Tiffany, & let the party diseased take as much of this powder as wil lie upon a Spoonfull of Beere, & so take it 3. or 4. times in y^e morning, so in an afternoone, & so at night Every day for a fortnight or 3. weeks together. the worms are best to be gotten in a meadow-ground, bec^u they are sweeter & better, y^e in a dung-hill, or any other place, but they wil serve in other places, if you can't get ym in the meadows.

A most approved water for a Consumption called the Cock-water

Take a ^{running} Cock, but him alive, y^e kil him, w^h he is ^{almost} cold, cut him abroad by the backe, & take out the Intraile, & wipe him cleane, then cut him into quarters, & breake the bones, put him into such a still, as you still Rose-water in, with a bottle

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bottle of sacke, 1. pound of ~~the~~ Currans pickt cleane
 1. pound of raisins of the sun stoned a lb of a pound
 of Dates cut small, 2. handf. of fennel,
 1. handf. of Rosemary, 1. handf. of wild thyme,
 2. handf. of oregany or wild marjoram, 2 handf.
 of Buglosse & Borage, a bottle of new milke of
 a red Cow, stild these with a soft fire, put into y^e
 glasse y^t the water doth drop into under y^e still,
 a lb of a pound of white-sugar- Candy beaten very
 small, a booke of Beate gold of 5^e price, cut it
 small among y^e sugar, 4. grains of Ambergrise,
 10. gr. of prepared bearle. w^h al this water is stild,
 mix together the first runnings, & y^e last, y^e y^e
 strongest & smallest be all one. y^e drinke of it
 2. spoonf. at a time, in y^e morning fasting, & an
 houre before supper, you must alwaies shake y^e
 glasse bet^w w^h you drinke y^t. take y^e stones out
 of y^e Dates. you may put in if you will 3. gr. of
 prepared bearle.

For a Consumption. sist. mount.

Take 3. quarts of new-Cow-milke, put therein
 a handf. of Ising-glass, a piece of China wood
 the bignes of a shilling, cut into small & thin pie-
 ces, 1. handf. of Currans pickt & cleane washed,
 1. handf. of raisins of y^e sun cleane washed, the
 stones not taken out. Boile y^m together at a soft
 fire til one 3d part be consumed away. then put
 into it 2. oz. of fine sugar, & let it boile a little
 longer. Drinke one draught in the morning fasting
 another at night w^h you go to bed. It y^e proves y^e no-
 thing doth more strengthen nature, & preserve

presume y^e then this with.

For the phlegme

Take Anise-Seed, Licorice, Sugar-Candy, & Elecampane root of each a like quantity, But of Emulacampara one part to 3. of the rest, make all these into powder, & eat it dry morning & Evening.

M^r Malhias medicine ag^t g^e Consumption approved.

Take a quart of new milke, & put therein a handf. of sowd hyssop, a handf. of Colts-foot & 40. snails with shels being bruisd a little with y^e end of a pestill, & y^e distil y^m in a still, & take y^e distilled water, & put it into a glas bottle, y^e put to it a nutmeg sliced 2. or 3 sticks of Cinnamon, 2 ozs of white sugar-Candy & a handf. of raisins of sun, & stones taken out stoppall these close in a bottle, til y^e water hath wel of these ingredients, & drinke it morning & Evening, or at any other time the oftner y^e better as y^e please, & It wil cure you.

To further Conception

Take twice as much juice of sage, as of Ale, & a little salt, & drinke thereof when or before you go to Bed, & as early in the morning as you can yf it may be as soone before & after Copulation as you may, & take it 14. times, a reasonable draught at a time.

To cause a child to stir in y^e wombe, & to helpe Delivery.

Take unget Leekes stamp & sodden in water & lay y^m hot to the navel, & the child wil stir within 5. houres, if it be alive.

For Con-

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For Convulsion fits, for any paine in the
Stomach, for worms either in Children or
approved to be most safe & good by Dr Barker
Take Salt-nitre ʒ weight of 40. of the flower
of Brimstone ʒ weight of 20. mix m together
mix it with so much Conserve of Roses, or Conserve
of Beony as a nutmeg, & so take it 3. mornings
together & you may take it in milke, or a little
hony; in a Child give ʒ weight of 20. halfe penny,
& of Brimstone ʒ weight of 3. halfpenny.

An Excellent medicine for Convulsion Fits
Take of Alexanders seeds dried y^t it may be
beaten to powder, & searce it, yⁿ take twice so
much of Conserve of red Roses & halfe so much
methordate, mix m ^{well} together. Then give the party
grieved as much in quantity as a hazel-nut
3. times a day, wⁿ y^r fit is upon him, or like to come.

For the same

Blacke-Cherry-water is very good for those y^t
are troubled with Convulsions (or do feare it) to
drinke a draught evey morning, with some Sugar.

A Cordial water of Srw. Kaleghs
Take a Gallon of Strawberries, & put y^m
into a pint of Aqua-vite, let y^m stand so 4.
or 5. daies, straine y^m gently out, & sweeten
the water as you please with fine Sugar,
or else with perfume.

Gascogne powder.

A most

A most comfortable Cordial, & as good
as blessing, to take either in a fever,
or to helpe digestion.

Take a pint of the best spirit of wine, & put into
it 1. pint of Strawberries. Let it stand a day & night,
yn let it run thorough a strainer, yn put into the
same a spirit the same quantity of fresh straw-
berries, & let it steape as before, & straine it in
the same manner as before. This do 3. or 4. times, &
put into it wt quantity of Sugar you Like, but make
it not too sweet, & so stoppe it up close keep it for
use. 1. or 2. Spoonfull. at a time is sufficient. &
this you may do with Raspis, w^c is as good. Crush
yn not it all.

Gr Barger Cordial water, Eat Aga maria.

Take Canary-sacke halfe a pint, of red or da-
-mask rosewater a q^s of a pint, & of fine Sugar
1^{lb}. Boile these to a Syrup, yn mix therewith of
Aga Salesis maboli, w^{ch} you may buy cheapest at
the distilleries in London. mix yn wth together by
often shaking yn. yn take of white muske, &
amber-grise of each 10. gr. of Saffron 10. gr. of
Citron or pale Sanders cut in thin slices 2. orams,
or at least 1. oram & a halfe, put all these 4. last na-
-med into a Sarcenet tied up, & hang it up in yor
Liquor, now & then pressing it with yor fingers, yt
the Liquor may have all yr virtue out of ym.

A rare Cordial of red Cherry-water

& very comfortable upon any faintnes,
dysenterie, or weaknes of the Stomach.

Take 9. pound of the best red Cherries, stone ym,

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& bruse ym with a spoone in a cleane bason, yⁿ
put to ym 9. pintls of y^e best claret wine, of
Cinnamon 9. ozs bruised, of nutmegs 3. ozs thin
slices, of Rosemary 4. lbs, Balme, & Sweet mario-
ram of each halfe a handf. Infuse al these in
a close pot 24. hours, & yⁿ distil all in a glasse
still with a gentle fire, & after it hath stood one
day, put to it what quantity of the purest fine
sugar beaten you please, or Sugar-Candy, & in
a Lawne ^{fine} rag put 3. or 4. gr. of muske, & so let
it hang in the glasse, w^{ch} being close stopp'd
w^{ch} keepe a long time, & you may take a spoonf.
or 2. of it at a time, w^{ch} wil be sufficient for
any faintnes, d^etemper, or weaknes of the sto-
mach, or if you take more it is not hurtfull.

A fine Breakfast for those y^t have
y^r Courses too much.

Take a quantity of such wafers as are laid in
the bottome of marchpanes, & cut ym in pieces,
yⁿ put ym into a reasonable p^{or}net of water,
& a little piece of Cinnamon, let it boile til it be
of the thickness of panado, yⁿ put sugar to it
as you like, & so eat it as you like, but especially
at Breakfast. This hath bin approved most Excell^t
by a Lady y^t miscarried of many children, &
after she used this, went out hir full time, & did
wel. & Flix-weed hummed up in ale or beere, or
bottled in posset & rince is a very good thing
for y^t purpose — my mother.

An approved medicine for one y^t
hath hir Courses too much.

Take

Take 2. bricks, & heat ym very hot, ym watch care-
fully to take a Chickin as soon as it hath broken y^e
shell, & without wiping put it betw. if 2. hot bricks,
& when it is dried well, put the powder into a box, & so
keepe it very close till you have occasion to use it
yn gine of the same powder about halfe a spoonfull
in some broth or Canule, & thus take it once in 4
houres, & Godwilling in twice or thrise taking it wil
assuredly helpe, if not at y^e first taking. It is good to
do 6. or 8. Chickins in this manner, for y^e powder
wil keepe 2 or 3. yeares good. La. Hawley

To bring downe their Courses y^e next

had ym. m^r Laine for Dr. of Spurtine.

Take the After birth, it must be taken hot from the
body of a woman, & put it into a tub of water
made hot enough to sit in, as high as y^e shoulders,
if she take no cold. Let the party sit in y^e water as
long as she can well indure, & as the water cools, put
in hot. It wil seeme to pull the belly, therefore when they
come out, they must go to bed, & keepe ym warme.
It wil bring ym downe in 3. or 4. daies, & leave the
woman apt to conceive, so did one after, it had bin
long married, & had none before she used it.

Sicknes to bring downe.

Take the worms yf come after raine, & wash ym
many times in whitewine, til they be thoroughly
cleansed, ym trib ym thorough y^e fingers, y^e no
gravel be left in ym, then after the bread is
drawne set ym in the oven, & being well dried &
beaten, take a spoonfull of it in whitewine 3. mor-
nings together, in wch time it s^hall come failes.

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to worke its effect, If it be a dry season, & hard
to find worms, then stampe & straine Walnut-
-leaves, & poure ye juice upon the ground, we shall
make ym come forth abundantly. Proved.

To stay Courses, the Whites, & Running
of the Reins, & for those yt cannot hold y^e water.
Take the 4. feet of a Hare, haire & all from the
5th joint, dry ym in an oven, y^e beat ym to powder,
& give so much of it as wil lie on a shilling 4. or
5. daies together in a like beere. The shee hare is
for a man, & the male for a woman. Proved.

Approved very effectual in the Cough
of the Lungs. sr H^a. Min:
Take of Old Conserve of Roses as much as a
walnut, as much flower of Brimston, & Sugar-
-candy (beetken wondrous fine) as wil lie on a
6^d. mix ym very wel, & take as much in the morn
& at going to Bed, as this quantity divided twice.

For the Cough of the Lungs: or an
approved Medicine for any kind of Cough.
Take 4. ozs of ye Conserve of Red Roses, 2 ozs.
of white Sugar Candy, 1. oz of Raisins of the Sun
stond, beat ym al together, til you have made ym
of one substance, then put in 6. Drops of oile
of Vitrioll, 12 Drops of oile of Sulphur, & mix
ym al together, til it comes to a Crimson Color, &
so put it into a gally-pot. w^hen you take this, take it
in the morning fasting ye quantity of a nutmeg
& neither Eat nor Drink an houre after, & take
as much t night when you goe to Bed. If this

Do not helpe at the first, ^{make} ~~take~~ as much more.

For the Chin-Cough.

Take Chine bells, make ym into powder, by drying & beating ym, take as much of it as wil lie on a great in candle or in broth morning & evening.

For any Cough or Cold.

Take halfe a pint of Line-hony, & a good spoonf. of the powder of Elecampane, ^{root} finely searced, y^e mix-
ed with hony, & so take it as much as you like at a time, but especially at y^e going to bed.

For a Cough & Consumption, & hath
cured by gods blessing w^{ch} some of
have given ym over.

Take Elecampane, unset hyssop, Licorice, & Anise-
seeds 4. ozs of the Elecampane & ozs al in very
fine powder & searced. put it al into so much line
hony as being w^{ch} mixed wil make it like marmal-
-lad, but Boile it not, take so much in y^e morning
fasting, & at night last w^{ch} you go to bed as a walnut
if you find cause, make more after this manner, as
you like. Lady neither:

A most aproved Syrup for any manner of
Cough, & for y^e of the Lungs.

Take a large handf. of Oake Lunge, w^{ch} is a broad
white thing, w^{ch} groweth high upon the branches of an
oake, & spreadeth like Leafs. Boile it in a quart of
spring-water, to a pint, y^e put to it so much white
sugar-candy, as to make it a Syrup. take in the mor-
-ning 3. spoonf. & as much last at night, til you
find ease. you shal find this upon y^e oake.

For a

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For a Cough, stopping, hoarsnes
an aproved medicine. sist. Boden.

Take a great Onion, stampe & straine it, & put
the juice of it in a draught of ale or beere, & so
drinke it wⁿ you go to bed. It wil helpe if not at once
at twice taking.

A Syrup of d^{istilled} water of Turneps
for a Cough.

Take Turneps, & wash & dry ym cleane, & distil ym
in an ordinary still to a pint of distilled water put
a pound of sugar, & so boile it to a Syrup. wⁿ it is
taken of the fire before it be col^d, put in a little
muske & amber-grise, & wⁿ it is col^d put it up into
a glas-bottle, & take thereof a spoonful or more at
a time. you may take it at any time of the day or
night, but chiefly wⁿ you feele y^e Cough coming upon you.

For a Cold

Take of hyssop, red ~~ma~~ nables, horehound, maiden-
haire, Colts-foot, French barley of each a handf.
3 ozs of Licorice, 2 pennyworth of Anise-seeds,
halfe a pound of figs, a q^t of a pound of raisins
of the sun. Boile al these together in 3. pints
of running water, untill it come to 3. pints, then
streine ym thorough a cleane cloth, yⁿ put in 3.
ozs of browne Sugar Candy. when you use it
take 3. or 4. spoonfuls at a time, in the morning,
an houre before dinner supper, & wⁿ you
go to bed probab. est.

For any old Cough, or Chins-Cough
or Cough of the Lungs.

Take Turneps, wash & dry ym with a
cloth

cloth, & put ym into a wel leaved pipkin close up
the top of it wel with past, having put into it before
3. or 4. cloves of large mace, set the pipkin in an
oven with household bread, & let it stand there til you see
the bread, then take the Turneps, & presse out the juice,
& to a pint of iuice, put a pound of sugar, & a little
saffron, in fine powder, let it boile with the sugar, til it
come to a high Syrup. one spoonf. at a time is suffici-
ent to be taken, not swallowing it altogether, but by 2.
or 3. sips. it may be taken at any time but best when
the Cough is coming, & if you make Syrup of distilled
water of Turneps, it is as good, nay better, as I haue
now tried it. so Geo. bet.

An Excellt Syrup for any Cough in child
or old body, or for a Chin-cough, or Shortwinded.
take as much Colts-foot as you can get, 3. or 4. handf.
of Scabious, Elecampane-roots or leafs shred, maiden-
haire, horehound, hyssop, of each a handf., stamp &
streine all these, & take the juice of ym. you let ym
stand til they settle, & take the cleare juice of them,
& put into it a spoonf. of anise-sees, & a little sliced
Licorice, sugar-candy & raisins of the sun stoned. & to
a pint of Liquor a pound of sugar, & some old gold. Boile
it to a Syrup & let ym take of it 5. or 6. times a day.

A most Excellt Syrup for any Cold or stopping
in y^e Breast, & cause ym to avoid flegme, &
may be given to children of 3. daies old.

Take Anise-seed water the best & strongest you can get
halfe a pint, (wch is 8 ozs) & 4 ozs of Sugar-candy. put
it into y^e anise-seed water, & set it in a dish on a cha-
fing-dish of Coale, & let it turne, stirring it continually
til

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til it wil burne no more, then take it off, & put
into it 2 ozs of rose-water, so stir it wel til it be cold,
yt it may incorporate together. then put it into a glas,
& keepe it for yor use. & of the Syrup take 2. or 3.
spoonf. morning & evening, & as often as you wil
in the day.

For the Cough

Agavite mixd with white Sugar-Candy finely powe-
-red, not made too thicke, & a spoonf. thereof taken
late at night 3. or 4. times together doth helpe the Cough, &
hoarsnes, & breaks Cough marvellously. probat.
The like Effect hath the powder of Elecampane mixt
with the powder of Licorice & white Sugar-Candy
used a spoonf. at a time. probat.

Another for the Cough.

Take a great Apple, Core it cleane, yn take white
sugar-Candy, & likewise of the best & purest Olibanum,
both beaten by themselves into fine powder, then strow
one Course of the powder of Sugar-Candy, & another
of Olibanum still one after another, til you have
almost filled up the apple, after Cover it, & rost it
til it be as soft as pap, & being rosted, mix it together
& eat it. This hath bin proved to helpe the Cough & Cough
w^{ch} many medicines prescribed by Physicians have failed.

For the Cramps.

The Surest & the best of all other is the Infusion
of Castoreum mingled the quantity of a dram, & e
drinking of w^{ch} is not only good, but the anointing of it
outwardly.

A very approved medicine for to helpe
Cramps, seldom failing upon a Cold, & wil helpe
otherwise, if it be not an extraordinary deat^h.

Take a

Take a quart of new milke, & put into it a spoonfull of
bruised Cummin seeds, & as much grosse pepper bruised,
let it boile away halfe, y^e put the other halfe thro-
rough a funnel into an Earthen bottle as seething hot
as it comes from the fire. then take a cloth, & put
about the mouth of it, for burning y^e Ear, y^t the
heat of the steame may go up into y^e head, & when
you find it coole, stop y^e Ear with a little black wood
& put on a Cap for feare of Cold, & weare the Cap all
the while you use this, w^{ch} must be 4. or 5. nights to-
gether. one stople will continue good 3. weeks; if you
keepe y^m close in a box they will be as good at the end
of halfe a yeare as at first making. The Easy Frame:

A most Excell^t medicine to weare continually
in the Ear for Deafnes, & hath helped divers.
after you have used the fume of the milke as
afores^d, you may weare it likewise, as long as y^e find
cause

Take as much stone-pitch as a hazel-nut, & as much
nresing-powder, melt the pitch in a spoone or baste on
the fire, y^e put into it the same quantity of nresing pou-
der, & 5. gr. of Civet, & w^{ch} both are mingled wel
with the pitch, so warme as it wil worke in y^e fin-
gers like past, make it al into little things of figures
& fashion of a Cloue, & tie ev^{ry} one in a piece of fine
sarcenet, so big as to cou^{er} it, & leaue a long piece of
silke at it, y^t w^{en} you put the smaller end of it into
the stople of y^e Ear, the silke y^t ties the top of it
may be put about the backside of y^e Ear, by w^{ch}
ev^{ry} morning you may plucke it out of y^e Ear, by w^{ch}
wipe it wel, untieing it, & then put in in againe
into

into y^r Earre so far as not to hurt you. If you
be deafe on both sides, yⁿ put a stople into both
Eares, otherwise but on the deafe side. one stople
will continue good to be worne 3. weekes, & if you
keepe y^m close in a box, they wil be as good at the
end of halfe a yeare, as at first making the Eady fram.

A medicine for Hearing.

Take fasting spittle, keepe it in an oyster-shel, &
cover it with another, & drop it into y^r Earre.

A Soberaine medicine or drinke for all
sores, bruises & cuts as well inward as outward.

Take a quart of white-wine 2. handf. of Sanicle,
1. handf. of Betony, as much wild daysey roots & leafe,
red ~~with~~ Brambles 2. handf., halfe a handf. of Dentifolion
with the red ribs on the sides in the leafe, Aveng, Bugle,
Buglosse, Egrimony, Chervil, Lady-mantle of each
a handf., a few crops of mugwort, Rib-wort, & worm-
wood. wash al these, & shake the water fro y^m in
a cloth, then put y^m into a kettle with great white wine,
& boile y^m on a soft fire, a q^r of an houre. then put
in 3. spoonf. of English honey. Let it temper a while
after stirring it still, w^{ch} yⁿ streyne it hot & hard
into a cleane vessel, & wⁿ it is cold, bottle it up, &
drinke thereof morning & Evening, either hot or cold,
or rather Luke-warme 3. spoonf. at a time. It is good
also for womens sore breasts, & for the Sciatica
being so drunke.

A very good Drinke to Cooke the Blood, either
for Children, or others. sist. Has.

Take Dandelion, or wild Succory, & woodsorrel of
each

Each halfe a handf. Boile ym in 3. pints of posset-
 drinke made of Butter-milke, w^{ch} is best or other
 drinke, if you have not that y^t is made of milke. Draw
 one pint is boyled away, take it from the fire, & let ym
 drinke it cold w^{ch} they wil, & in the morning fasting.

A Healing-Drinke to be drunke morning &
 Evening warme, 3. or 4. Spoonf. at a time.

Take a quart of running water, of Sanicle, Bugle,
 & Bramble Leafe of each a good handf. Boile these
 together til halfe be consumed, then put to it a pint of
 whitewine, Boile these together to a pint & halfe, then
 take it of the fire & streine y^t, yⁿ put to it honey 2. or
 3. Spoonf. & drinke it as afores^d. This drinke disposeth
 to heale.

A Drinke to stay the Rheume.

Take Lignum vitæ a pound, Sarsaparilla, Licorice of each
 2. ozs, Stachados, hermodactyls, Epithymū, Anise-
 seeds of each 1 oz. Boile al these in a pottle of run-
 ning water to a quart. Let the pot wherein it is boiled
 be close stopp'd. Let it Boile very softly, & drinke
 y^t 3. times a day.

La. Mory: A receipt for the Dropsy.

* fennel-roots
 sliced of each 1. oz.
 the tops of
 thyme, winter
 Savory —

Take of horse-radish-roots sliced the long ways as thin
 as may be 2. oz^s sweet fennel seeds bruised 2. oz^s.
 smallage, * savory, sweet marjoram, water-Cresses, net-
 tles of each a handf. shred very smal, Boile al
 these in 3. pints of wine, a quart thereof being good
 Canary, the other pint whitewine, close covered, til it be
 halfe consumed, yⁿ remoue it fro^m y^e fire, & let it

soyle

settle 3. hours, y^e straine it, & in evy draught of
y^e drinke, put in an oz of the Syrup of
S. roots, w^{ch} is ready made at every Apothecaries.
This drinke must be taken twice a day, in the
morning fasting, & at 3. a clocke in the after-
-noone, neither eating nor drinking 2. hours
after. If the Patient hath with this dis-
-ease the Scurvy, w^{ch} many times is the
cause of the Dropsy, adde to evy draught you
drinke, when you are ready to drinke it
2 spoonfulls of the juice of Scurvy-grasse

An oylment is to be used
at the same time, which is this.

Take Wall-wort or Garretwort, which is
all one, Elder-leaves, sweet marjoram, water-
-Cresses, Penny-royal of each 1. handfull. Cut
them small, then put y^e in a quart
of Sallet oile for halfe an houre, then take
y^e off the fire & let y^e stand in the same
vessel, w^{ch} is best to be of Earthen 3. daies, then set
y^e on a fire againe, w^{ch} is thorough hot straine
it hard, & put into it the same quantity of the
same herbs as is before, & so brui^d & straine it
again, & if 30. hime put into it the same quantity
of herbes, which after having bin boiled in it
straine it hard, & so put up the oile in a
glasse, & let the party whose body is swollen

with

with the Dropsy be anointed therewith once in
3. daies by a good fire, stroaking the parts downe-
wards an houre together.

m^r Thorpe. An approved Medicine to cure the Dropsy.

Take a quart of the Ashes of greene Broome
newly burnt upon a very cleane Bricke or Tile,
put them into a quart of wine, & so let them
stand a day & a night. Straine the wine out in a
cotton Bagge, such as gillies are strained withall.
put into the wine so strained halfe an oz. of
beaten Cinnamon, & having mixt it well with
the wine, drinke of it in the morning, & as
oft in the day as conveniently you can.

This hath bin approved to
Cure the Dropsy.

Take the tops of greene Broome, so dry, as that
it wil burne to faire Ashes, then take a hand-
ful of those ashes, & put ym into a pint of
white wine. Let it stand all night & in the
morning drinke halfe of it, the other halfe
at when you goe to Bed. poure it from the
Ashes when you drinke it, & this do a fortnight
together, & in that time (God willing) you wil
be well. If you drinke of it likewise in the
afternoone, it is the better, but morning &
night are the chiefest times.

For any pain in the Ear

Take a quart of new milke, & put therein
a quantity of cloves cruised, as wil make
it strong, then set it on the fire, in a cleane
skillett, & let it boile till it hath taken all the
strength out of the cloves, then take it boiling
hot off the fire, & put it into a narrow-mouthed
pot or bottle, & hold it ~~it~~ to the Ear of the
party, if it paine may goe into the head, & if
it coole, ~~heat~~ it againe, use this for an houre
together or more as you shal find cause, &
it wil give you great ease.

Approved by a Tailor of Repton to
Draw an Earewig out of the Ear.

Take presently a dish or pot assoone as you
find an Earewig crept into the ~~ear~~ head, &
make water in it, then lay yt side of your
head to the pillow, where it crept in, & into the
other side with a spoone, as fast as you can
poure in the water to fill up the Eare & sudden-
ly you shal find the Earewig come out. The
water must be set in as hot as you make
it.

For an Imposthume in the Ear.

Take a great orion roasted in Embers, then
cut it in halfe, & as hot as you can suffer,
Lay

Lay the ore Eare. a clove in the middle of
the onion being rosted & anointed with honey
is marveilous good to put into the hole of the
Eare, not too far, . so yt you may with ease
take it out againe.

For Singing in the Eares.

Take a quart of Sacke, & put thereto a handf.
of ground Ioy, & as much of Penny-riall, & let
ym boile wch together, & as hot as you can suf-
fer it, let the streame thereof goe into your
Eares by a Tunnell, yt ~~it~~ wil close Cover the
poh use it in ye morning, & wⁿ you go to bed.

For a Clocking noise, & Extreame
paine in the Eares

Take 2. or 3. fine silver Eeles & rost ym on
a spit without any kind of basting take the fat
yt drops from ym, & as before drop 2. or 3.
drops of it in the Eare, & stop it with black wood
& lie on the contrary side, & it wil helpe you.

Spencer Salve. For the Eies

Take hogs-grease

for a colic

London Brown paper dipped in warm
brandy and some tallow from a candle
dipped on it applied to y^e stomach warm
helps some and young of gashit is very
good

To heale the Emroids

Take Anise-seeds dried to powder & mixe it with
Triacle, & put it up into the fundament the shorter
the length of ym, & heales ym for ew.

For the same

The bith of great Lushes yt grow in the water mace
into powder, & strowed upon ym, destroyes ym utterly.

Another medicine for the Emroids.

Take 2. handf. of mullet leaf, 2. handf. of mat-
-lowe, shreds ym very smal, then put ym into 3.
pints of sweet Creame, let it stand a day & a
night, then boile it softly on the fire, til it come
to an oile, then streine it hard, & keepe it to
anoint with when you need. adde to the former
herbs 2. great handf. of y^e flowers of Storax.

For a Red Face.

Take Sulphur vivum halfe a quarter of an oz.
white Copras, mustard-seeds, & Camphire ^{all} of one quan-
-tity. beat these smal, & put ym into a glasse with
halfe a pint of the sharpest white wine vinegar &
so shake ym at boillier. then boile out some into
a saucer, & with a rag wash the face wth it when
you see the place to be smooth, take a little un-
-quentum album, & put on y^e place this times use
one night.

For Ephemish on the Face.

Unquentum, Citrinum doth take away the
Ephemish of the face.

fo

For the Gallie-sicknes.

Take of the after Burden of a woman, & dry
it in an oven, & when you use it, give it in
powder to a patient to drinke in what you
please. ^{For} It must be a womans y^rst being
a male child.

For the Falling-Sicknes

Take a Toad, & cut it along the ~~breast~~ backe, take
out the Liver, & wrap it in a woad-leafe, &
put it in a new earthen-pot, so dry it til
it will beat to powder, then beat it small, &
give it to a patient to drinke in ale, or
whiter wine, & so continue it til he be whole.

This medicine hath bin approved to

helpe both of Falling-sicknes, & Mother-pot.

Take a quart of good whiter wine, put into
it a good scale of stoned horse-urine, & let
it stand all night, having stirred it well together
in the morning straine about halfe a pint
of it into a glasse, & mix with it so much
methridate as a hazel-nut & so drinke it.
& let the rest stand til going to bed, & in the
same manner add methridate drinke halfe
a pint more, & so the rest the next day at
morning, & at night. ^{proves}

For the Gallie-sicknes a certaine Cure.

Take a Raven the clearest you can get, put
it alive into a red hot oven, & stop the

oven

oven close till it be coole. Then will the Haven be
the full proportion in Ashes you must take the
Ashes, & give some of ym in broth to be eaten in
the morning fasting, or any other time, so the mor-
ning be one. Proved.

Another Receipt for Gallings - Sickness
Take 4 penny worth of Gilly seeds, & beat ym to
boulders also take 4 penny worth of red Coral &
Likewise 4 penny worth of mane Seal & beat
It in small powder, mix all these together & give
3. mornings before the full of y^e m^one & 3 after
3 mornings before the change ^{if y^e m^one be after} & 3 after
take 2 or 3 Spoonf. of thin mutton broth & give
broth if it be for a child put as much of the
powder as you can lay on a 3d. but if it be
for man or woman as much more & 4 forty
must have a little methurine spread on a piece
of Scarlet & put ~~the~~ a bit of it on stomach. also
there must be a little Sarcenet bag made like a
heart, & you must glaze some Gilly root very
thin & strew a little of the powder upon it then
put it in the bag & hang it about y^e parties
neck in a string of little end downwards, to a
bit of stomach, & let y^e party receive smell
of it to be. Proved. &c.

For the Spotted Fever

Take a dram of y^e Virginian Snake-root in
powder in y^e spotted fever, or in any venereal
dysase. It expelleth y^e venome & saves y^e life
of one it was given on y^e dead by name Jos.
It is likewise good for a quartaine ague. One dram
of

of it taken with white wine in the morning
 fasting before & coming of it ^{at} night & so againe
 the next fit day in 3 times taking it cured
 it at one time. Mrs. Cosin. Michael. Stann.
 Now had a most extreme & violent paine in
 his head, with the juine of this root taken into
 his eare with a funnel & having bin bodled
 in milke suddenly took cleare away, this
 root works not either by vomit or stoule but
 by a gentle sweat. In any pestilent fever
 for in measles or in Plague they give Comma
 20. grains. It hath cured those it have bin
 bitten with a mad dog taken inwardly, & put
 some of it likewise in the place bitten, chewed
 in the mouth first.

A Gargle wth helped Mrs. Kate Leigh
 it was I meanes to save hir life when
 in a hot fever hir tongue was blacke
 & hir throat dangerously sore, & she used
 it once in an houre.

Take 2 water of milke stilled with Sinc-
 fields & mix it with syrup of Citron or juice
 of Lemons & Syrup of Rasberries & take of each
 a little of it downe also. put 20 Sincfields
 into 2 milke & so still both together in a rose-
 water still, & besides washing & mouth & garg-
 ling with it, it is admirable good to take often
 to coole, & put Syrup with Sugar to coole wan-
 ting Symp.

An above medicine for Burning Fever.
 Take a handfull of Sallutarine a handfull of

Ging-foile

Lay-salt a hard rosted egge & a raw eg, a rosted
onion & a raw onion, stampe ym al together &
make 2. plaisters, & bind ym on both my sides of
the feet. Let it lie on 10 or 12. hours

For a Gallon

Take honey & y^e yolke of an egge, & wheat flower
& mix al together, & y^e stampe fine, & put the
juice thereto & Lay it to y^e grieved place.

For a Gallon or Uncome most approved

Take Bird-Lime & spread it upon a cloth like
a plaister & Lay it warme to the sore, & in
twice dressing or thrice at most it will helpe.

Go kil an uncome or a Gallon an
approved & most special plaister.

Take Feather few & handfull, smallage 4. handfull
stampe & streine ym together put into this
juice as much wheat-flower & hony as to make
it a plaister, & a little sope, al being wel mixt
together, Lay it to sore.

For a Gallon. sub Dampford.

Take Castle-soape shave it thin with a knife
yn take a little yest & a little Bay-salt a
little Eye-leaven & mingling these together beat
ym wel in a mortar, put in also a little Tur-
pentine & mingle therewith. Lay this to y^e finger
& if it be timely applied It will cure the Gallon
It shal go no further otherwise it will
make

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break it & draw out the Coare & w^{ch} Coare
is out y^e take only a Little hony & wheat-
flower & y^e yolke of an Eg make it into a
past & this Laid to wil helpe it.

For a Bloody Flux.

Take Colwex a great quantity Lay y^e upon
a board & beat y^e dust out of y^e as cleane
as you can y^e Lay y^e one upon another &
make a thicke cake of y^e & spread y^e with
whites of Eggs pricking y^e with a great pin
yt it may soake into it. y^e fry it in a frying-
pan wth sallet-oile & so apply it warme to
the navel & as it dries moisten it wth vine oile.

To stop the Flux a sure medicine.

Take about a handf of Bay-salt & Lay it
on a very hot brick-hearth the fire being
raked of y^e Lay 2 or 3 nutmegs upon it then
Lay some more Bay-salt upon t^e nutmegs &
Lay hot Embers on it & so let t^e nutmegs rost
about an houre. & y^e take out the nutmegs
& burn y^e to powder & after you have bin
at stoole y^e take some of the powder & put
it upon a chafing-dish of Coale & sit on the
fume. use this yt you be well. If you be too
much bounde drinke some of the powder in
sacke & yt wil helpe you.

present

A good Remedy for the wild-fire.

Take a quart of Creame either sweet or soue
sweet is best, put into it being very well beaten
first seedally & y^e al together a handf. of sheeps
dung a good handf. of hons. lreke a good handf.
of a greene bark of elder. Let it boile very
softly as may be til it come to an oile, then
streine it & take it in a streiner & lay it on
warmed where the wild-fire is. Take it againe
morning or in 12. hours & y^e anoint it with the
other oile til it be well.

To heale a fistula or any old
Canker or sore.

Take a Gallon of Smiths water strained
thorough a cloth take halfe a pound of white
Copperas & 4 worth of Camphire. Boile y^e m together
til it is 2/3 of y^e water be consumed. y^e cleare it
into a bottle or glasse. if it be a fistula searving it
with a squirt & so wash it to y^e bottom. Dip a cloth
in y^e water being warmed & laid upon it roll it
above & beneath y^e place & y^e no further. If
it be not an open sore or Canker, only wash it &
dip in a cloth, & lay it on warme & dresse it thrid
a day & by gods grace it will heale it.

For a Fellen before y^e Grabe, or after.

Take a good quantity of Bay-salt burne it betwixt
2 hot tile-stones til it be blacke, beat it to
powder

pouder & mix it wth alth of y^e of ke of an Eg use
it plaister twice a day: probat. con.

An approved medicine to cure y^e
falling boyne of the conjugum.

Take a handf. of red sage leaves, if they be
not to y^e use of other sage dry it before y^e fire
put it in powder & try it thorough a seare. when
you have occasion to use this take a little wine
either red or white (rather red) & mix it
very well, y^e take a piece of Scarlet cloth dip
it therein & bath y^e ill-affected part therein being
done take y^e powder & strew upon y^e part y^e
let the patient either go to bed for halfe an houre
or sit upon a bed or soft chaire for y^e like space
of time, if done apply a piece of Scarlet cloth to
the place & so rest quiet.

To cleere y^e Pipes from y^e Gleet
Take y^e roots of Elecampane a handf. of y^e of
1 handf. of Licorice scraped beaten in a mortar
put y^e in a pottle of white wine to a pint
keepe it in a close vessel ^{for} ~~the~~ ^{the} next morning
cold & in the Evening warme

A Soultis for the Gout.

Take 4 handf. of mallows & of wormwood
Chop y^e together very small y^e take sheeps suet
chopped it so small, & when it is melted it may
not be seene, let the herbs & suet boile tog-
ther a y^e of an houre, y^e put to y^e a quart
of y^e ground of strongale, & let it be sett y^e

Soale together in the herbs be very soft. then
put into it of oat-meale beaten & sifted so much
as will sticke & poultice a little. you put to it a
little sallet-oile. & stir all very well together
then apply the Soultis warme to the swelling place &
after the swelling is abated lay on it Salve. Sprin
a plaster. if the swelling be great as before these
things a good handfull of Chick-weed. the
medicaine is most Excellent for any swelling so so.

For the Greene Sickness.

Take worm-wood the Juice of each a handfull. Squeeze
it wrong out of Juice to this put halfe a pint of
very fyne honey. Boile it together untill it be tho-
roughly clarified. drinke of this a Spoonfull both
morning & Evening. It is an Excellent medicine both
for the Greene Sickness & for any sickness or weak-
ness of the stomach.

For coming downe of the Gurdant & is good likewise for the piles.

Take Frankincense & stamell or scarlet cloth cut
small put both together in take a Chasing-irish &
put a coale or 2 in it well kindled you butt a gran-
kinense & cloth upon it & let the party sit on it
some while putt a Chasing-irish within a close-stool.
this may be used alone for the piles & if it be good
the gurdant it will be more effectual to take it
further for the same.

Take a Suppository of wool. it is moist & dip in
the Juice of Leeks without blades. & use it & use
renew it againe 3. or 4. times It is a secret remedy
for those whose gurdant comes forth. or else put
the

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The water of the decoction of white frankin-
cense alone into the fundament.

To plucke off Haire..

Take of unslacked Lime 4. parts, orpiment
1. part. boyle ym together in faire water till a
goose quill seethen being put into it, the seether
will fall off. with this water stroke on & place
as w^{ch} you woult take the haire thin short
white ether stroke on & place with faire water
it will bring the haire off. It is very good
(being so sharpe a thing) to anoint the place after
wounding wth oile of Roses.

For an Imposthume in d^e head &
not to rise on m^o mouth of Reddhole.

Take of like quantities of womans milke & the
juice of Rue; mix it both together, you put 2.
or 3. drops of it into d^e pained eare lying on d^e
other side. do it for 2. or 3. times together twice a day.

For an Imposthume in d^e head. It will
also relieve smel & last lost by cold.

Take of juice of groundley & seethe & mix d^e juice
with a little honey & snuffe it up twice a day
into d^e nothile, or put it up wth a spring w^{ch} is
better. Or Lid:

For a great paine in d^e head & Eyes.

Take a quantity of womans milke & as much
of rosewater a quantity of nutmeas grated.
boyle ym together in a Chasing Dish wth scales
you take as much of a rose cake as will see

from

from one temple to the other, if it there in &
lay it warme to the temples.

For the paine in the forehead of the head.
Take a handfull of Rosemary stripped of stalkes
beat it in a mortar & warme it betw. 2. bowles
of water with 6. Spoonfulls of rose-water, 2. Spoonfulls
of womans milke, & the powder of a mayne, &
so in a fine cloth lay it on the temples of the head
from one to the other.

For Vertigo or Swimming in the head.
Placay is good &c.

For a Head-ack let yt cleere the head
Anoint the temples & nostrils with Juice of Bay
mixed with oile or vinegar.

For trembling of the Heart, Mute & Fever.
The marrow of an Oxe lorne dried & made in pow-
der is exceeding good to drinke in sweet wine
with a little Saffron.

For the Snail
water.

For approved good water for Jaundise
& the Colicke & especially for a Consumption.
Take a pecke of garden Snails, & wash ym in
a great boyle of water, ym make yt chimney
smoke very cleane & poure out halfe a bushell of
char-coale & set ym on fire & ym there are kindled
thoroughly ym with a shovell make a great hole
& poure in the Snails, scatter some of the coale
among ym & so let ym roast as long as you heare
ym make any noise. ym take ym out with a
knife & a coorse cloth pick ym & wipe of the

greene growe from one very cleane y^e p^o b^o m^o
 into a stone mortar, ^{with a pestle} & all take also a
 quart of Earth worms. slice y^e & scowre y^e
 with salt y^e wash y^e & beat y^e to pieces
 in a stone mortar y^e p^o b^o being made
 very cleane y^e p^o b^o is y^e you set y^e Limbecke
 put y^e into it & about a hande of Limbecke
 laid in d^o bottom to a hande of Anglica
 et y^e put in a quart of rosemary flowers &
 also of Agrimony, Beares-foot Dock-roots of
 barkes of Barbary tree wood sorrel & setony
 of each a hande. of the halfe a hande. of
 Clenny arcecke & Turmericke & a $\frac{1}{2}$ of Saffron
 well dried & beaten to powder of weight of 6^o.
 y^e p^o b^o in 3 yallons of y^e best ale y^e can
 get great measure & cou y^e p^o b^o & so let it stand
 y^e night in y^e place where you meane to put
 fire under it in the morning y^e p^o b^o to y^e p^o
 clowes beaten into powder ~~the~~ ^{the} ~~the~~ ^{the} before you put
 fire to it & put thereto $\frac{1}{2}$ of y^e harts home graded
 oyle in powder before you weigh it you must
 not stir it after y^e harts home is put into it lest
 it go downe to y^e bottome y^e set on y^e Limbecke
 & make it fast wth lye-dough & y^e lye y^e water
 in p^o b^o or it may be distilled in Balneo. the
 first water is the strongest & must be reserved
 by itselfe & last is y^e smallest & it may be amended
 by putting in of the strongest wth it is used.
 the water must be given the patient in y^e mor-
 ning who must fast 2 hours after it & not
 sleepe

leepe, but use moderate Exercise upon it. If
may be given betwixt meales - hours before each
meale; he must take - Spoonfull of strongest
S. Spoonfull of Ale or white wine. If you give
the smallest sort, you must use as much of it as
drinke.

For the yellow Jaundice.

Take a new kind of Barbary-brooke & goose dung
It feedeth on grass & wash the whites of it with
safron & steepe it in Ale.

For the Jaundice

Take Duck meat & picke it very cleane & stamp
it very fine & streine it in a cloth. A pint of Ale
put to it so much Triacle as a hazel-nut, but wine
& much Turmericke in fine powder & a little
safron & a little white Sugar - Candy. mix it all
well together & give of this 4. Spoonfull. warme
in the morning fasting & at going to Bed till it be done.

Approved to breake an inward Impostume,
& to helpe a fluxisy. Sr. H. Min:

Take an apple cut out of top & take out some of
the Core as much as you can, yn put into it in
very fine powder as much Olibanum as it will hold.
roast it at a soft fire turning it soe often being
rosted Eat it warme in the morning fasting, & so
another at going to Bed. you may if you will Eat
it 2 daies together.

A Diet-Drinke devised by Dr. Smith
& Dr. Taylor for the yellow Jaundice
with the use of 15. lb. the weight of

his

his Kidneys & Bladder were healed.

Take Berony. Samile. Sinkscile. Plantane
Lions-foot. Egrimony. Strawberry-leaves
Selfe heale or Ladies mantle of each 2. handf.

A Abergenys Scurvy-grasse

water against tak Ru egrimony wormwood Salandine sage
Blague small Balm Rosmary muggwort dragons pimper
or any fustit nill featherfew Burnet sorrell motherwort
cardus Angelica Betony Scabious tormentill
~~marierom~~ manygolds Scordium Century
4 Anans of every of these half a pound
except the Rosmary of which y^e must
be a whole pound, a qu^r of a pound
of liccoris & ounces of ellicompany,
Sweete Fenillseeds Caraway seeds harts ease
Anniseeds chop these herbs & roots very well &
bruise the seeds & steepe them in a gallon
of white wine & a pottle of sack for 6 or 7
days stirring them every day then distill
this in an ordinary still put the first & second
water together, & tak 3 or 4 spoonfulls of this
warmed with sugar

the fistula
medicin

take a qu^r of a pound of white Coparis
beat it into fine powder then beate into
powder a qu^r of a pound of Reach allom
then mingle them both together & put
it into an earthen pan, & set it over
the coals till it be well burnt, then beat
it into fine powder & keep for y^e use

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To make the
Thistula water

Take a gallawn of spring water & set it on y^e fire till it boyl apace, then take it off, then & plenty strow in a spoonfull of the powder, & stirr it about, then let it stand till it be cold stop the bottles and keep it for your use

The way to use the Thistula water warm it on y^e fire & wash the sore then tak clean water & a clean cloth, wch you must fold in 5 or 6 doubles then wet it in the water, so lay it to the sore thus the sore must be dressed 3 times a day & every time warm

to make water
of walnuts

take a good quantity of ^{greene} walnuts in the beginning of June break ym in a mortar & distill ym in a glass still keepe that water by it self, do so also at midsummer & keepe by it self & a fortnight after midsummer ~~distill~~ distill the like quantity then distill all these in a glass limbeck & keepe it in glasses

the virtues
of this water

one drop of it will turn a bason full of ordinary water to y^e colour of milk, one drop in the eye healeth the infirmity, in them, it maketh a woman apt to conceive wth child if she use it moderatly, 1 spoonfull in wine cleanseth the filthyness of the face being wett therewith, it healeth palsy being drunk with wine fasting, it causeth sleep if you wett the temples, it wonderfully heals botches & ~~boils~~ boils & wounds, it drives all infirmities out of the body being moderatly used with wine

it requires wine
if it is dead being
put in a uessel
closs stopp'd
tis call'd y^e best
of waters

an approved
medicin for
the Kidneys

to keepe the
breast from
breaking if it
be not far gone

for a bruise

for fainting fits
of a woman in
childe bed

to ease the after
pains yt come
from coole in
childe bed

for the Rheum Ach

Take a quart of a pinte of milk water
that is stilled, & put into it a spoonfull
or 2 of syrope of violets & drink it in a
morning fasting

take parley smallage & Fenill, of each a like
quantity, stam them with water & being
strained drink thereof & you shall find
ease

Take clay with very sharpe vinegar
& the yolke of 2 eggs, & a little english
laurel lay on as much of it cold as
will cover the Reddness, if it be red tis
better to be liked then those yt have no
Colour

take a good handfull of comfrey when it is
blown, of the yongest leaves you can get
wring ym with yor hands, put ym with
fresh butter out of the churn unwashed
into the frying pan, & hold it a good way
from the fire leting it boyl together till it
be green so strain it

take white amber in powder as much as
will be upon a groat, in mace Ale warm

take a spoonfull or 2 of oyle of sweet
almonds newly drawn in yor drinke or in
coole morning & evening take it indifferent
warm

take a penyworth of Aquavitae & 1 penyworth
of oyl of rose mix ym & anoynt the place
of chate it on

for y^e stone

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ye Salve to make
the fistula tent

the blood of a goat distilled take 2 or 3
spoonfulls at a time for 3 days together
or dry the blood & beat it into powder &
take as much as will ly on a goat in the
quantity of 3 or 5 spoonfull of whitewine
or whit wine y^e best drink

to half a y^d of pure Resin the quantity of
an egg of mutton suet well tryed up & melt
them together, then take fine hollond that hath
been worne, warm the salve & Rub it lightly
over the hollond, then cut it the longest
way of the cloth into such a breadth as when
it is hard viled the tent may be no bigger
then a packthread

For giddyness
in y^e head from
Rhum or wind
in y^e stomach

the powder to
dip the tent in
for y^e fistula

take every morning fasting the quantity of
a nutmeg of Venice Treacle

take the horn yt comes from the hide of a steer
or cow, & lay it in fayr water 9 days, every day
changing it once, then fill the horn with blacke
Soye & fry it in a frying pan till it come to
powder, sears it & keep it as you keep sweet
meate els it will grow moist & soon decay

for one yt is sud-
denly taken with
the palsy

take so much methridat as will ly on a
walnut with as much Sage stamped
mingle them together & y^e further too Cinamon
water & make a plaister therof & lay it to
the nape of the neck

a soueraign powder take burnt hart horn, coralline, white corall
for any obstruktion of each 2 drams prepared pearl 2 drams
Rhubarb 1 dram. my lady Goring minglet
with these as much powder of waxes as
all the rest

for any fluxe a good spoonfull of Elanton seed boyled
in milk & drunk

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or in Rising & tak 3 grains of musk in a pill or tak it in
the mother with a spoonfull of what liquor you pleas
or some about tak Bettony Elanton & smillage of each of
ast cure in the 3 herbs a y^d of the juice, put it in
now in engl a pan & put theretoo 3 ounces of clean
ad of 4 low in new waxe y^t came newh^r from the hony
forane it will two ounces of the clearest & whitest fran
leal all wound kinsene, melt these by themselves with a
it are curabl soft fire, then put the juices thereto
& boyl ym together till all the juices
be wasted, be sure alwaies to stir it, then
tak 3 ounces of turgentine & temper ym
together & when it is cold put it up, so
you may keep it as one of the most
preious medicins you have ever used

alwaies chafe it betwen your fingers a little
& then spread it on leather & let it be long
enough to cover the wound, & wash the
wound with white or red wine & hony
sadden together, morning & evening wash
it warm, & each time make the plaister
warm in your hand, but remember you
make it clean befor you hel it, ^{then lay it on} tak a little
hemp & make therof a tent & wet it in the
water & put it in the hole of the plaister
into y^e wound to ye top of it, & if the wound
ake for pain tak a little oyl of line & pour
on the wound & it will tak away the thing

for a Burn
or scald made
of ground fue

108

for one it is
Burst

An excellent
Plaister for
gout or
Seatica

oyle of Olive & snow water anoint it
with then make an ointment with
ground fue & hoggs Grease, dip
pieces of linnen in the ointment & lay them
on & when tis dry & wett it with a feare
upon the linnen, till it be well, if it be
dangerous then use the plaister yt is made
of Red lead oyle & turpentine

Erobaturum
3 handfulls of Bettony 1 handfull of St Johns
wort a little Rosemary dry ym & make ym
into powder, add to it a little white sugar
candy finely beaten when this is mixed
take half a spoonfull in posset drink night
& morning a week together about the
full moone.

Take of the juce of sweete yarrow
2 ounces, of the juce of sorrell ~~marrow~~
Garlick, Henbane, Elboringer of
each 1 ounce, put to these Juces an ounce
of Frankinsence a ounce of mihre
2 drams of ~~mar~~ tick, half an ounce of
Gum Lemnia, 5 ounces of sallat oyle
3 ounces of yellow wax, an ounce of Black
Pitch, half an ounce of Rozin, an ounce
+ half of Turpentine, 5 ounces of the Gall
of an oxe 3 ounces of Redd Lead, 2 dram
& a half of Camphire. boyl all these

together to a blister & apply it to the
place greened. This both month take away ¹⁸⁹
if being, & if the place be scarified this
will draw out the humor & leave the place
& make one sound for 20 yeeres, this plaster
layd to the neck behind draweth back all
humors from the eyes, & layd to the
eares helpeth the hearing.

III Trehorn for the Spleene & cured Lim

Take 2 spoonfulls of the syrop of elder
2 spoonfulls of syrop of Brown hadd
2 spoonfulls of syrop of Rofes mixed in a
pinte of whey Drink this 5 mornings
together Exercise an houre after it, fast
2. intermitt 4 days after that
repeate the physick 4 dayes more

III Trehorn
for man worms

3 pennyworth of wormseed 3 pennyworth
of Lane breade divided into 9 doles &
taken 9 dayes before the change of the
moone So much more taken before
the full moone this repeate 3 months
will by gods blessing break their bedd
& tak away all the matter of infection
from them

Mr. Trehern

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A generall medicine

for all obstructions of the stomach, Crudities
indigestions, Colic & malignant humors
vomiting, Excessive corrosions of the Guts
& Costiveness of that kinde

Take about 2 pennyworth of methuridate
an ounce of Symp of Clow Gillowflowers
put into lute a pint of ~~com~~ com on
Cardus water, if the party be strong
Drink it all & weak at 2 times
upon an empty stomach either in the
Evening upon going to bed or in the
morning fasting 3 or 4 houres after it

La boulace

For y^e Droppe Scurvie & Bally
take full ripe Elderberrys crush out the Juice
of y^m put it in a vessell let it work
then stop it up close & of about xmas
still it in a limbeck then take 4 Spoon
-fulls with a little sugar fasting for
a month or 2

Oriental Pearle

To make the best Counterfit
Oriental Pearle

You must get beads of the best Ivory made into
what figure or shape you please, you may have y^m made
in y^e shape of the talon of a best shell
& y^e with one drop of cleere water mixt
then stir & siber wth water together with a good limbeck
till they be thick then put one of the beads

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Beads on a small Iron like a Singers Needle
must not be so sharpe at the point of
it maye. way of hole of y^e head the like
low handle in a broad earthen Pan with
low offes in y^e bottom & take y^e Iron with
the beade on it & hold it in your hand
over y^e fire turning it round till it be hott
then stroke it over with your p^essell sixt
in the silver very well & wipe it lightly
over till it be brght. then do it over
as before, & when it is very dry wipe it over
with y^e the better. then take a new earthen
bowlenger y^e was never used & put into it
a penyworth of agnawitae of about an inch
square & y^e best thing being cleere &
white, cutt it in small peeces & put
together with it becom clamy then blow
away the skum y^e will be on y^e face
of y^e agnawitae & drop the beade into
it & hold the beade out y^e time till it
be very dry the longer y^e better & then it
will make effect pearle
if it be a pendant pearle you must have
the real harness of Gold before you make
it & you must have a pincer of Iron
nippers such as goldsmiths use with a
clayper or ring to it if it chanceth you may sell
the pendants in one end of it by y^e gold
when you make it & then make it according
to direction

for all sharp humors
to cure stomack & make full

Take a pint of new milk from the cow & put
to it half a pinte of spring water let it boyle
half away then skim it sweeten it with white
sugar candy. drink half of this night morning
fasting & warm. keepe your bed an houre after
without sleepe. this is best to be taken the 4
next months, you may take the same quantitie
in the afternoon if you are in a consumption

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12

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droff

A Receipt for a Sympany

Take a dozen pounds of black cherries beat y^e stones
stalks & all - a mortar as smal as you can put
to y^e cherries a gallon of y^e best of a red Cow milk & 2.
handf. of black berry leafs & 2 handf. of wood-
bin-leafs. These being beaten also wth y^e cherries
must be mingled altogether & y^e party must drink a
quar of a pint of y^e - y^e morn^g, fasting an houre or
more after it, & must be a little warmed before he
takes it. The best time or season to take it is - y^e
Spring & fall

So might be stiller
the milk, &
the leafs, &

L. Syr de Alth. Lamer 3/4 A. Syr. viol. Syr. de Nymph. Alba
(9) 1/2 L. miser.

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A Bath for a Spreme or Ach.

Take a Black sheeps head wth de al. put out the Braine & the tongue. Then put it in water. put thereto a good quantity of ~~formost~~ as much of mallows, as much of Camomil. Boile it together til it comes full from ye flesh. Then take ye head wth ye same bath as hot as you can suffer.

For ye cost by weakness of ye Stomach.

Take ye netther Crust of browne bread dry it at ye fire, yn steepe it in wine vinegar a litle while. take it out & spread on it ye powder of cloves & mints & ginger. steame it againe, & lay it very hott warm to the Stomach.

A water for ye dulnes of ye Stomach.

It putt away ye heavines of ye hart.

Take Rosemary flowers, Orange flowers, but not so many as of ye former. also take ye youngest buds of sweet marjoram, the buds of Balm, young basil mints, rhenish wine & sacke;

&

& put in no more then wil cover ye bawbe.
ye shal ye know ye give is out of ye water
drink it fasting, & one houre before supper.
is best in ye winter. Still it is a cold drink.

A Special medicine for a Cough
wel approved.

Take 3 fine roots, & a handful of Camfrey, &
handful of black daisy roots, & stamp ym all
together; ym streime out ye juice, & put it to ym
a draught of ale or beere. Lakewarone give it to
ye patient Evening & morning 2 or 3 daies.

For ye wind Colick.

Take flowers of Hawthorne, & pick ym cleane
& still ym, & drink 6. Spoonfulls of ye water
at once, & it wil helpe. ~~It is a good~~

For a Sitch.

Take ye Leaves of ye red flowers yt grow in ye
Cove, & lay it to powder, & give it to ye Sitch,
it wil helpe; & still ym water & drink wiff the
powder, & it is best.

> to drinke

For ye Sitch & right blood.

Take ye white of an Eg, beat it wiff rosewater,
put thereto ye sap of a rotten apple, & make it

Some times, you spread it on a cloth & lay
it on the eye.

For the Spines.

Take Rue, & a ^{12 dram} ~~grain~~ ^{grain} ~~of~~ ^{of} ~~the~~ ^{the} ~~same~~ ^{same} & beat ym
together. you take some salt & oile, & beat
all together, & anointe it, & lay it hot to y^e place.

For one that cannot make water.

Take radish roots, & waset Leeks, & dry ym to
pouder, & drink y^e pouder with white wine
in y^e morning.

To make a binding water.

Take 1. handf. of wormes, 1. handf. of
red ^{rub} ~~rub~~ buds, 2. handf. of claymire, & take
an ounce ~~of~~ ^{of} Cinnamon beaten, & halfe a pint
of pomegranat beaten. Lay these in a quart of
red wine at night, distill it y^e next day in
a rose still.

when you take it, take
3. or 4. spoonfulls in y^e morning, or
last y^e night with a little Sugar dissolved in
it. it need require you may take it any time
of y^e day. it must be warme when you take of it.

The other Purge.

Take of Rhubarb a dram & half sliced, & it
will be about y^e weight of 25. of me. there
of

of 4 grains the weight of vi° , of v° of
 of scene half an ounce. v° of animal
 weight of xij° , of maiden-haire a small
 handful. Boile these in as much fine water
 as will well cover you until there remains
 quarter of a pint: Then straine it & let it
 settle in in the liquor dissolve an ounce
 of Manna; drinke & fast after it as
 after y^e other almond-milke 3. hours, & yet
 some hot broth. in other things you may use
 y^e ordinary course as you doe ordly. you may
 chysie this medicine wth the white of an Egg
 after it is mingled wth y^e Manna.

A Lixire given by Dr. Fernel.

Sape of Roche-roots, polygony-roots, mallow-roots
 of each a good quantity, sundry small sliced,
 Gram in a bag half a pint, mallow-leaves, pellitory
 of wall, Spruce leaves, mercury the herb violet
 leaves of each a good handful. mixe all these wth
 a Sheeps head in a sufficient quantity of water
 faire water if he dies, or ready to fall from
 y^e bones; you take out y^e Sheeps head, & strain y^e
 broth strongly from y^e dreg, & take of y^e broth
 a rozen ounce, & y^e 3 parts of a wine pint, & put
 into it these things following well roseate = oz.
 brown Sugar as much, y^e yolks of 2 new
 laid

^{all}
 Lead 3j, ^{1. oz.} $\frac{1}{2}$ of biacatholium bute
 are same; these being well mixed together
 let ym be ministered wth one for a Clyster
 2 hours or more before going into y^e water,
 but better it were to bath ~~the~~ day out m^{or}ning
 in y^e afternoon.

A medicine for y^e Coughing-Pickney +
 Take a live raven, y^e better y^e better, y^e best
 an oven red hot, so hot as you think may
 consume y^e raven to ashy; y^e sweep y^e oven
 very cleane, & put in y^e raven alive; y^e stop
 up y^e oven very close, & let it stand until
 you think y^e raven consumed to powder inside
 proportion as he was alive. Then put y^e quantity
 of a pound or more of y^e same powder
 into a little broth, & give it y^e sick mornings
 & evenings & it will helpe wth warrandies.

For Rashes Strengthening Bath.

Take 10 pound of Juniper wood y^e is dried & cut
 it into small chips, & soile it in 10. or 11. gallons
 of y^e soft water wth some of 3. or 4. hours, y^e
 but is 3. or 4. hours. of red Sage & a pottle of
 bay-salt, & let it stand 10. hours more together
 in y^e water. Make greenish wth y^e Sage, y^e
 straine it & put to this water a gallon of
 red

red wine, & salt y^e joints - & carter, after
 have done, & made an ointment of salt, & oil
 as we use as y^e hottest in morning & evening
 of 3. dayes together, & try y^e legs & joints
 after it, & put on linnen hose after it. & try
 y^e other hose upon, & beware of cold, & use a
 plaister of mastich Balsam Benjamin made in
 plaister wth hot wax to y^e neck to comfort it
 of y^e sinews as long as is broad as y^e hand.

For y^e Canker in y^e mouth.

Take 1. handf. of browne Sage, 1. handf. of
 browne fennel 1. handf. of Hyssop, 1. handf. of
 Bay-leafe, 1. handf. of wood-vine leafe put all these
 into 2. quarts of running water, & put thereto 2.
 Spoonfulls of honey, & halfe a pint of white-wine-
 vinegar, & 1. oz. & 1/2 of rock-allom, & boile all
 these together, til halfe be consumed.

To make oyle of Hyssop

For ye heart-burning & Pleuræ
in ye stomach.

Take halfe a pound of smal wormwood & a
quarter of a pound of comen wormwood & some
sweet oyle of Stickenard 3 Crowns weight good
whitewine & juice of gimes 2 pound & $\frac{1}{2}$ mingle
all together, ~~and let it stand~~ & let it stand in an
earthen vessel all night; yn streine it, leaugh
sugar make a Syrup thereof.

It easeth ye heart-burning breaketh flegme, &
comforteth ye ~~heart~~ exceedingly.

To make Syrup of Rubarb.

Take a good handfull of ^{savory} roots as much of
Endive, 6. good roots of parstly, & as much dannel
roots; Imase ym all 12 hours in vinegar; yn
take ym out of ye vinegar, & soile ym in about
3. pintes of water, til it be consumed to 2 pintes;
yn take of ye same decoction, & soile it til one
part thereof be consumed, putting thereunto 3.
quarters of a pound of sugar, & 5. drams of
Rubarb grossly bruised; yn maye put of Rubarb
into a litle bag & by a thred hang it into ye same
decoction, until it comes to ye perfection of a Syrup
using afterwarde 2 Spoonfull of ye 1st decoction in
1. of ye Syrup wth 3. Spoonfull of a decoction made
of Endive, or Suckers; & it is to be taken in ye
morning

morning fasting. It is exceedingly good to cool
down & purge the liver ^{and} of choler.

The Seafines approved by Narcissus

Take 2. oz. of y^e oil of bitter almonds, & ^{an ounce} of
Immature Eggs, & 33. of y^e juice of green
you mix together, & warm it put 3. drops of
oil into y^e Earre Every morning, & evening,
y^e Earre, The black wox newly plucked
legs of y^e Sheepe, & il on y^e contrary side
adher.

For a Black Plaster by some

Take 1 pint of Sallett oile or Greene oile, $\frac{1}{2}$ a
pound of good red lead, 3. Spoonfulls of wine vine-
gar, Camphire & weigh it as you put a piece in
then & worke it till it be blacke still stirring it till
it is black, cast it out into a pail of faire water
suddenly; y^e take it & worke it very well betwene
y^e hands, & y^e make it up into rolls.

A volume for the Museum.

It is a fine specimen of a young one, very different from the one I saw at the same place, but it is a young one, and it is a young one, and it is a young one.

For Mr. Link

Superficially, only a few leaves of
the Chinese variety. The other leaves are
very small - 1/2 inch. 3/4 inch. 1/2 inch.
The leaves are very small and very young.

For a Consumption

Take a bottle of yale milk, knead a
 pound of common beehive in yale, & all the
 butter of yale & some yale milk, & a little
 of yale butter. & put it in yale milk in a glass.
 Shake it up morning & evening, & it will yale

A yale for the yale

Take yale milk, & yale milk, & yale milk
 in yale milk, & yale milk, & yale milk
 & yale milk, & yale milk, & yale milk
 & yale milk, & yale milk, & yale milk

A yale for yale

Take yale milk, wine, & yale milk, & yale milk
 & yale milk, & yale milk, & yale milk
 & yale milk, & yale milk, & yale milk
 & yale milk, & yale milk, & yale milk
 & yale milk, & yale milk, & yale milk
 & yale milk, & yale milk, & yale milk

For a Scalding

Take a pint of yale milk, & yale milk, & yale milk
 & yale milk, & yale milk, & yale milk
 & yale milk, & yale milk, & yale milk

An yale for Scalding

A yale

Take of sheep that yale yale
 & yale yale, & yale yale, & yale yale
 & yale yale, & yale yale, & yale yale

[illegible]

Am affords remedy for any disease
likely or the like

Take of a wine plantain 4 lb more greens
of white egg 4 lb, & as much sugar as
of all 3 lb. Boil you a little more water
in put in you as much salt oil as will sweeten
wine in 2 hours. In 1 boiling put in 2 or 3
pounds of white wine vinegar stir you while
they boil with a stick. In 3 hours put in 4 lb
brown sugar & stir in well. In 4 hours put in
the wine again. In 5 hours add 4 lb of
sugar oil to perfume, you put it all upon
the fire. When it is so much done, as will
make it into a substance like Liniment, you
you shall spread it thin upon a little paper.
If you can get as much more, put in that
quantity of French Liqueur.

The following is a list of the

Take 2 baby rocks, & wash 'em & leave 'em lying
in baby's place. Put 'em up & down, also
let 'em lie & hang like a blanket.

A water for a sore throat & eye.

of a new machine, & the whole a
subtle kind of common sugar candy consisting of
large mice & in 12, 13 kind of seasoning, the
only allom as a nutmeg, while at the same time
the first of the wine is washed. So as to be
cold, wash it with milk, & then wash it with
the washing machine & once a month. of 600

On the Consumption of γ Rays

Take a quart new milk & a brown egg,
beaten in a smaller dish taken of. Boil it
in a gentle fire in a pike, or put in a corner
of a room, & it will be done of
itself; one good of this for a month will
flower of brimstone, & make bold it grow
at middle of the year it is moving but not yet
fixed, but give no place of sulfur in it. take
one of it.

A Trip to Hyperborea.

[illegible]

A Bier-drinke.

you must find a dish lot of 2 gallons, as you
may fill within 1 quart you have 1.03. of

softening is somewhat more cold than the agreed
 weight of. I have likewise said that you
 must put into ye pot of water, least it should be
 the more or least 3. pints; you set ye pot on ye
 fire, & when ye water is hot you put close about ye
 cover so no wind come out of ye pot, with you
 may see with course best of rice or wheat
 chaff made, less in ye pot, say 3. sally b. or
 7. pints. In this manner you shall make the best
 drink of this way for any disease. you shall
 continue this drink at least 20. or 25. days
 keeping a moderate diet eating but 1. meal a
 day, but if it is more. so may you hope for cure
 of the disease said

A medicine for yellowe jaundice.
 Take a Spoonfull of ye powder called Lentils
 powder to break it fasting with a Spoonfull of brooke
 water, or white wine, the first 2. hours after you
 have taken it.

For the Plavie.

Take a quart of water, the half of brooke
 wine; seeth it until halfe be consumed, you put
 into it as much brim as will make it white.
 If it be hot be hot put into it 3. pint of Spoonfull
 of vinegar; if be cold put in 2. pint of wine.
 If all these be set together make a draught, be
 say it be of some great very warm be as it
 is cold change it & you use it twice following.

Doctor

The thanks for the plum

Take a quart of white wine, put thereunto the
Raine of a small horse botch as it comes from the
tree in a summer cloth with a rag of a singe
finely beaten & grinded. & beat it well with the
beaten & crushed; you may be better & make
yourself wine the quicker & so side

For the green sickness -

Take 4. oz. of good Sugar in fine powder, a
Quarter of an oz. of Cloves, a much of nut-
megs, as much of mace, 1 oz. of ginger
and half a pound of wine, w^{ch} you shall
give a long summer finely sear'd, a quart of
an oz. of seed pease, the rind of an oz. of
orange peel finely sear'd, a little powder of
English madder root, a little Shipponee
in white wine, 12 take of it and the
last be at 3. o' clock in the afternoon
so much as you can take up at 3. times betw.
the finger & the thumb.

For a police
magistrate

A bottle of Swiss water bottle & some clear
water. I will see, and page it over, as
plainly ribboned paper like Card. Some
times a little bit of base into a color

An Excellent & Sovereign Balsome

Take a quart of a pound of yellow wax, cut
it into small pieces, & put it in an Earthen
pan or pot with a pint of sack, & melt
it down by fire melted take it from the fire
you take ~~a~~ a pound of Venice Turpentine, &
wash it in rose-water; you take a pint & a half
of Saffron oil, & three fols of oil of
Turpentine into the pan with wax is well
melted in the Sack. you boile you all together
with a very soft fire, until they be well incorpo-
rated; you take it from the fire, & let it coole
down, & thoroughly cold take away the cake from
the Sack in the pan againe, & when it is molten
put in an oz. of the best Red Sanders, & so
stirring it continually until it be cold.

This Balsome is good to cure any greene wound
being melted in a Spone, & with a feather
anointing it therewith, & putting good Wine on
Link over the orifice. It is good for any burning
or scalding, or any bruise inward or outward, &
for a Stich being mixed with Sacke, or
fresh Urine ^{or vinegar} about the place a rub.

For a good medicine for the Women.
Take 4. or 5 grains of mensurins dulcis in
a bit of y^e apple 3. mornings fasting, & fast
1. day after it. This may be given to any
young child, if they be of any temper you may
give it as many times as they be years of
age 20. for it is as much as may be given.
It is good for a child you a disposition.

For the Kings Evil often cured.
Take y^e y^e of the top roses, as much rice-
bread, & ale is in ale - & cure is y^e sickness
of a p^{er}son, y^e can 1. oz. or 2. of y^e best ale
of roses, & having mixed y^e well, apply it to y^e
face infected with the same. This shall prove
a ripen, & draw it out.

The great Cordial & y^e best Preparation.
Take 2 white Coral, white amber, Crab-
-claw, y^e y^e one kind of each 1. oz. &
y^e magnesian of pearl 2. oz. of East India
bezoar 2. drams, of y^e black rips of Crabs claws
as much in weight as all the rest, & let it be
saut in beards into a very subtil powder, y^e mix
y^e all together, & make it up into balls with y^e jelly
of y^e y^e one colored a little if on please wth
a blade or 2. of Saffron. The Dose is 2. or 10.
grains, & for children as they shall be caused.

For everyone of palsy, that in any part
over his shoulders will admit he shall

In affords water for the palsy
in the head.

Take a part of Cowslip flowers, a pint of
rosemary flowers, a pint of Bittony flowers,
3 or 4 nemes, a little large mace, steep all
in a bottle of the best sacke, let it
lie 3 daies, yn straine it in a coarce cloth.
Drinke a little wine-glas of the water morning
& evening 3 daies together once a month first
& last, if you will have it excoyrd with mace, put
in the same quantity of flowers & nemes &
mace & straine it over againe.

For a sore Breast.

- Take a pound of white sheeps suet, a quarter of a pound of rosin beaten, a quarter of a pint of sweet oil: mingle you all together, you will see it mends very well, & a shalbet, & set upon a very clear fire of charcoal: as you see it rise up in a thick scum, so soon as you see it scum fall down take it off, & pour it into an earthen basin. Let it stand till it begins to be cold; you work it exceedingly well with a spoon, till it be of the color & likeness of lard; you put it up into a pot to use, in a scale or burn you must use it plain & without cold; & for a swelling, melt a little of it & bath the swelling, & you dip a cloth in it & lay it upon it.

For Burning or scalding, after to take away the pain.

- Take sticks, & scrape a good quantity of the inner rind; you take sheeps-trickles, & let you be dried either in an oven, or by the fire, but not hard, as much a quantity as you have of the inner rind of elder, beat you well together, you scald you either in Ovens, or sheeps-suet, but put not too much suet to you; & when it is done, if it looks green, when you take it for the fire, put in a good quantity of ale-burn, & stir you well together till it is done; you strain it, this will heal any burning or scalding, & skin & heal any Chilblain or bites.

A good med. for a Burning

T. a leaf or more of Groundsel if you get you
can get. & 12 leaves of hore-hall. Wash it dry you in
a Colander, & stamp you together very small. In a pint
of Shallopung, it is much good. Lay it to the
hearts, & lay it to the sore.

A good med. for a Burning

T. Barons greas, & melt it & take Eggs shells & beat
mingle you together. you you dress of wounds, warm it
so fetch out of fire of a Scale

T. willow. & temper it wth water, & use of fire is out
take a quantity of salt oil, & a quantity of hen dung, &
quantity of Virgins. use. Stamp you well together, & it cures

For a Scalding

T. Slaves of unget hearts, Stamp & strain you wth cream
& lay it to the sore place. it will take away of burning.

A sale for a scale or burn

Briony roots & briony greas of each a like quantity, &
few briony-leaves stamped & strained. Boil these awhile, you
strain it, & keep it for use

For an Inward Bruis

T. red Cowen one pound. & fetch ale in the morning
for 3 mornings together. & drink

For a Bruis

T. pitch & rozin, unwrought wax, & briony or swines greas,
a like quantity Boil these together in a pan til it become
a sale. you strike it to a linen cloth. Lay it to the
bruise, & let it be 4 or 5 days.

So swage the Ach of a Bruis.

For a quantity of inward
rest - a mortar. & take you a good Ale & eggs til they be thick.

to lay it to the sore, as hot as you can suffer it, & it will

For a sore Breast ^{it is sweeted.}

T. one handfull of mallows, one handfull of wormwood
putt in a running water, till a soft give til they
be tender. you take you for the water clean, &
putt you on a bray, mince it & season it with
quantity of salt & honey. also lay as much
of y^e same as will keep it warm, & change it once
at a time, & when it is broken, lay a running plaine.

For an ach in the Breast

T. & boyl scabious in fair water, & till it water wash
the breast twice or thrice, & make a plaister of
the herbs, & lay it to the breast at whole or you
go to bed. of herb

A good rule for a sore Breast.

T. a pottle of running-water, & a flatter full of clove
mellows, & scall you til the mellows be soft, & you
take a pottle of ale-dress, & let it be scalld altogether
& take a good quantity of Leavins bread grasse small
& a quart of white-wine, & scall you altogether til
they be thick. you lay it to the breast & it will heal
it - & so of scabious. of herb of divers.

For sore paps

T. black-thorn & sage & fresh greas. stamp all together
& lay you cold to your paps.

For a pain in womens Breasts, use new
brought in lard by Rumney milk

T. clay, black stones, & mingle it wth vinegar & the
yolk of an egg. spread it like a plaister on a
linen cloth, & lay it on y^e sore breast, & so let it
be till it be dry, & you renew it, & lay to another
if so again if need require.

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Greenish is a woman's breast.
To the salt of Green made to powder. Drink it with ale
in the ach of the paps & it helpeth.

A medicine for a woman - Travell

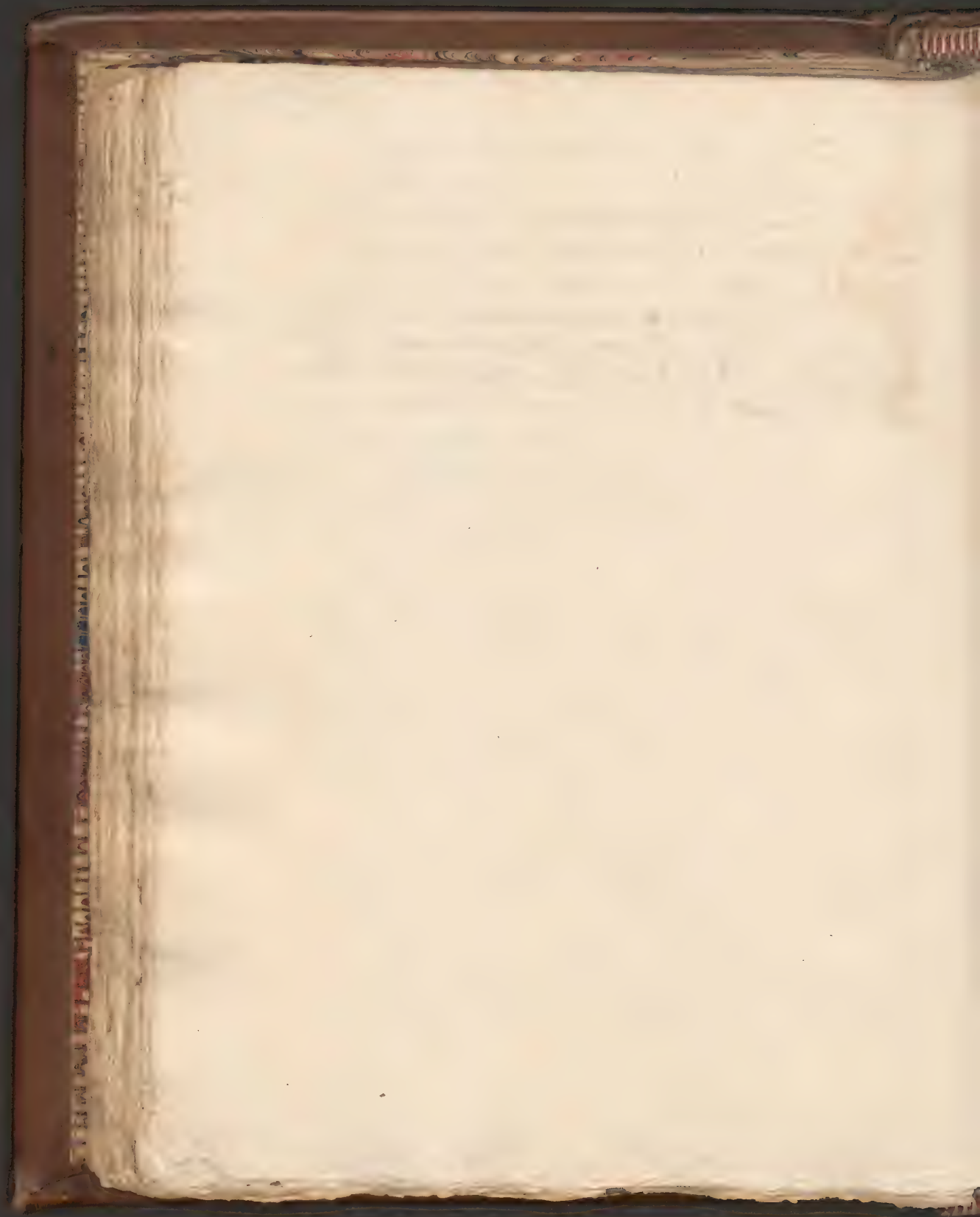
To 7. or 9. leaves of Bedony. a pretty quantity of Rose
- madder, a branch of penny-royal, 3. marigolds,
branches or 2 of hyssop: boil all these in a pint of
whitewine or Ale: after it is boile, put in sugar
& saffron & boil it a quarter of an houre: give to the
patient to drink warm.

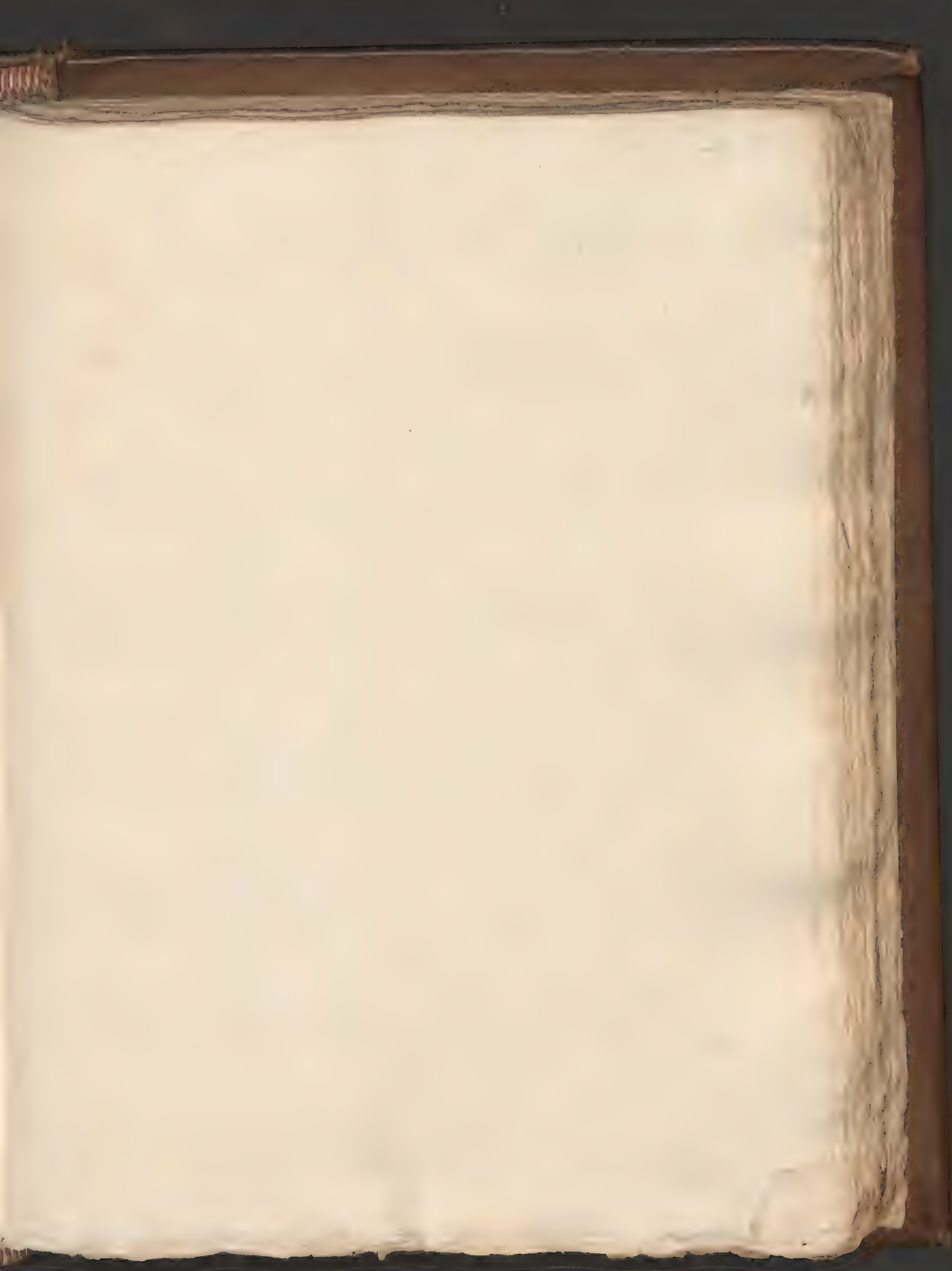
To good whoring - a woman.

To 2. or 3. roots of each one leath, 5. or 6.
pepper corns. seeth you altogether in a pint of white

A receipt for drawing the cough &
 Children La. in Rhetor.

Take centaury flowers & roots & white
 wine & vinegar both strong of ym.
 you take 2 yep other a pint can of y vinegar
 by til the best water both sharp of the vinegar
 you take y water all away & let it smother upon the
 fire together. til it is a syrup - give y child 3 or 4
 morning a spoonfull for a month together





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To comfort the Brain & Sineus, to bring
up the Rheum, to cancel the jaundie & gout
to the 30th day of his jaundie.

3. pound of Guaiacum & a pound of bark of the
same. steep at 12. hours in 40. Gallons of fair
water. & a caten covered on, & lett hit with a
convenient fire; after uncover the vessel, and
increase of fire, & lett boil gently untill 12. or
13. gallons be consumed: then water strained
with a bussel of malt make a leff, as you
meane to have yet drink smoother or stronger.
lett boyle be put thereto as to any other drink.
& when you have it hang at the Sunne in a thin
linnen bag wth some weight, of the flowers of
sage, Camphire & rosemary 8. drils of each a great
handful, & some Camphire 2. ounces make a nat-
ure of each one 17. the sales of strong wines
considerable parts of each 3. drams, cleary
2. drams. when it hath wrought sufficiently stop
it well close, & drink it 3. times a day 3. times a week.

so make a pill to stay the Rheum of white
like sooner it be.

J. 2. 30th pound of salt, lay it very well in a
small vessell. of dry salt, & dry it very well, & as
much of very coars wheat bran; you take glass,
spread it very thin you add it all with some of the salt,
you add it with salt & bran mingled together. you lay
some more salt wth it, you lay flat upon it a white cloth
at first, so fill it in so lay flat upon it a white cloth
& a night of 3. days, air it out on fresh air, & so
lay it in yet 3. nights, & 3. days set it in

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may be used for a long time as you can see
 but you must be careful of the quantity as you put it
 for y^e back.

T. Knotgrass. Gins of oak, & young oaken leeds, of
 country, & distill at these together, & after set the oil
 in the still. 3. Spoonf. is sufficient to be taken at a time
 for a weak back

T. a Grist of mutton, break the bones a number, you lay
 cow hot milk, saunders & red mint. when it is well boiled
 it is a morning fasting with sugar

For Gouty & strengthening Bath.

T. 11. pounds of Juniper-wood Drives; cut it a small ch
 soil it in 10. or 11. gallons of the hot Bath water, y^e sp
 2. or 4. hours, you put with 3. or 4. pound of red sea
 bottle of bay salt, & let it seeth a hour more together
 water look greenish with the sage. you strain it & po
 this water a gallon of red wine; & bath y^e joints in
 rather you have time to make an Oint. for the bath; & is
 warm as the hottest bath morning & evening, the space
 days together, & dry y^e legs & joints with rather it, & po
 Linen hose after it every time, & y^e other upon, & po
 & lay a plaister of musick Balsom of Benjamin
 a plaister of hot wax to y^e chack neck, to comfort
 of the sinews as long & as broad as y^e hand.

A most exalt oil for pain in the Bones.

Take a pound of Bayl as much wormwood, one pound
 rue, as much red sage. 3. of sweet shrod. beat you all
 these very well, & put 2. parts of sweet oil to y^e oil
 shrod - a little til they be made dry. you boil it til the
 crisp. you strain it into 2. oz. of oil of spike

A very good medicine for itching the
Back

To the white of an Egg, & a Spoonfull of oyl of Roses
beat you well together - you take a peece of white
broad cloth to cut: it is breadth of a garden of a
yard & 3. nails long: & dip it in the oyl & Egg being
beaten, & lay it in the Lower part of the back & it
will take away the pain or heat of it.

For a Consumption. a Broth

To a rib of veal, foil it - one pint of water with 2
3. leaves of Bayes, some sprig of Sawm. Let it
boile while the veale be half boile. you put in a
spoonfull of rosewater & sugar

A very Excellent Salve for a Consumption

To a red Cock, & pluck him alive, you gather him & take
out his bowels, & cut you cleare off a linen cloth. you put
the quarters into a bottle of y^e best sack; & put into y^e
of rosemary, 10 line, penny-wort, pimpernell, of
each cut small. & of each y^e flowers being taken out
hold a pound of currans. so let it steep in the sack
2. hours. you shal use it in a shil; & of the water there
use 2. spoonfull before dinner & one hour before supper
& it will much restore y^e body.

For a Consumption

To a pottle of goats-milk, & a quarter of a pound of
Cinnamon broken in pieces. & a quarter of a pound of
Bakes, y^e shal pull out the bark of red cedar leaves
distill all together in a shil. drink it 2 y^e morning fasting.

Another.

To a quart of Goats-milk, a handfull of Comfrey, a handfull
of Knot-grass & handfull of Chervil. 2. handfull of Bakes,
shal pull out a sucking pig broken in pieces & some
leaves, a good quantity of Cinnamon broken in pieces & some
of Currans, & a pint of red wine. put all these
together into a shil. & shal it. use it 2 y^e week. drink
it wth sugar in the morning & at night. If the patient
be weak it is better shewed in a pot.

For the Consumption of the Lungs.

To a quart of new milk of a brown cow, & boil it
 it 12. slowly, (in shelly taken off) Boil it all a 2. 1/2
 -the fire, in a pint you put it in one ounce of red
 rose-water, & 12. ^{lb} of sugar of roses, in a
 spoon of this put a penny worth of flower of
 -sulfur; & drink half a pint of milk presently after
 it is warm, so do likewise at night but put no
 flower of sulfur in it. take this 14. days.

For a Cough of a Lung, & Hoarseness

To 4. oz. of conserve of red roses, 2. oz. of white sa-
 -gar candy beaten, a quarter of a pound of raisins
 of the sun, beat all these together in a con-
 -sauce & mix mingle into it 6. drops of oil of Vitriol
 12. drops of oil of Sulfur, & take of this the quantity
 of a nutmeg first & 4. morning fasting an hour
 after it, & each at night, & at 4. a clock in the
 afternoon if the cough be violent.

An apropos recipe for a Consumption.

To 6. oz. of raisins of the sun some you be
 stamp in very small. take 4. oz. of brown sa-
 -gar candy beaten small, 3. oz. of conserve of
 roses. beat all these together. & beat with you 24
 drops of oil of Sulfur, & 2. drops of oil of
 vitriol. use this morning & evening.

For a Cough.

To one shovell of rye or barley well washed, boil it
 in a bottle of water in a close pippin. you put
 in it 2. ounces of raisins stoned; & 1/2 shovell

shred one ounce & half, dries shreds 6. English Lin-
-rise scraps 2. oz. Boil in these a quart of water
you do to it of hyssop, maidenhair, Colts foot of each
half a handf. ingessios one Spoonfull the little Linament

A present remedy for the Extremest
Cough yet is.

T. sage of Babylon 1. or 2. good bands. Boil it well
in fair water; you strain it so yt you get at the
juice out of it, with w^{ch} make an Almond-milk.
take thereof fasting 3. or 4. mornings together, & it
helps. If you boil this juice wth cows or goats milk
it is good. This sage is an herb, w^{ch} hath its
leaves full of white spots, & bears a mallow colour.

An Electuary for the Cough.

T. of conserve of red roses & raising of I. sun for the
stones, of each a like quantity, spirit of which is
much as to make a little sourest. take hence as
much as a nutmeg any morning next yr heart, & at
night, or you go to bed, & sometimes both before dinner
& supper an hour.

The Synt for a Cough & Clean by
him also.

T. of sole root-water & good rose solis of each half
a pint, fine Barbary sugar serves a pound. mingle
& boil you together in the proportion of a Symp. but
not to the thickness. add a Spoonfull of this being cooled
to steal down yr Throat easily of itself, will further
easy expectoration of phlegm, or any offensive matter
from the Lungs.

A Symp or Succus for the Cough or
any other in the Lungs.

Take a pint & half of hyssop water, half
a pint of rose water, & a quart of agave,
a good quantity of Licorise, wth bruise, 2.
spoons of Anniseeds bruise, & a pound
of white sugar candy, 2. oz of Galingal
bruise. Let all these boil til it com to a
symp, & wth a stick of Licorise you may
rake of it as oft as you wil at all times
of the day or night as you pleas.

If you will make it in 2. pils

you must let it infuse 7. days & nights, &
you boil it in a chafing dish of coals close
covered til it boils, & you keep it still stirring
it til it com to a thick substance as you may
work it into pils, & so take one, & let it lye
under your tongue, & it may broo^d down to
the Lungs. These shal lyeke any Cough. To
be taken 3. or 4. times a day.

For J. Booth.

Take half an ounce of stone sliced phlegm
an oz. of Sarsaparilla sliced & cut short
you in a quart & half a pint of fair water
upon the Embers 12. hours in a close stone
pot. you put to it half a bullet of good chick-
en, a small handf. of maiden-hair & a
drum of mace, & boil it to the half upon a
soft fire of charcoal. you strain it, & take
from it all the fat; & drink half a wine
glass full.

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first or thereabout in the morning at 7. of the clock. & he like fasting at 4. a clock in the afternoon. fast after it each time 2. hours.

The fūrg.

To the crops of millions of violet-leaves, of pellitory of the wall of each one handf. of great raisins 30. of mulled barley a small handf. a cloven flax. & clearest for the fat. Soak these well in fair water a whole week or 2. you take one oz. & half of these Almonds & beat ym small in a stone mortar; & to be the Almonds 2. cyt. of manna well cleaned, & grind it with the almond well till thing be ym broth as much as will well dissolve it. you strain it through a linnen cloth & drink this Almond milk for y^e fūrg.

The other fūrg.

To 4. Rubars a dram & half sliced, with wild Ge. about 15. of 12. of 5. silver of Norwich & weight of 6. of 4. leaves of rose laid on 2. of lavender the 15. of 12. of mallowhair a small handf. Soak these in as much fair water as will well cover ym, until have remain in a water of a wine-pint. you strain it & let it settle & in the liquor dissolve in ovine $\frac{1}{2}$. of manna. Drink this & fast after it as after the other almond milk 3. hours & you take some hot broth. For other thing you may use y^e ordinary cowes as you do daily. you may clarify this mellis with y^e white of an Eg after it is mingled with manna.

A medic for y Colick or stone.

To in may the buds of broom-flowers, pick you
very fine & cleane, & mingle you with good may
butter, & beat you in a mortar very fine, & let you
be put in a close vessel 10. days. with you til al
the strength of the herbs or forth. you strain it, &
anoint the place wth the balm. Eas either y^e Colick
or stone.

A present remedy for y^e wind Colick.
make a glistre of the oil of walnuts, & strong
claret wine of each half a pint; but before you
take the Clyster, you must take one ounce of
cinnamon-water with 2. oz^s of oil of sweet almon^ds
held on bowe before. a woman being troubled wth
the Colick, may take it at y^e beginning of her m^{en}-
struall, & it is great good by it, & no danger at al.

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To make a barley-broth.

Take bone marrow or veal or an old cock, & put it in a stew pan, put to it a quart of a pint of barley after it is boiled in shift & bay: Let the fire be good to break, put to it an handful of spring water, a handful of sorrel, & a handful of lettuce, one level nut & a good deal a doz. of Spanish nut clean scraped, & beat up in a bunch, & one red wine shive. Let the broth boil wth all these herbs in it about half an hour.

Purging-drink.

3. ale pints of Conduit water, one handful of hartshorn, one of Liverwort one of maidenhair & 1. oz. of raising of the sun seeds, six figs sliced, one oz. of Aniseeds, half an oz. of Licoris sliced. Boil these together in a pipkin til one pint be consumed, wth strain it through a clean cloth; you put to it 3. oz. of Symplic & so let it ly in it all the time you are taking it, you must take 6. Spoonfulls at a time strained for 3. times you must take of it wth you go to bed, & wth you rise.

For icterick med. for the Dropsy.

Take a gallon of cheesewhey. beat whites of a doz. Eggs, seeth the whey & wth it seethes well cast in the whites of the Eggs, & so let 'em clarify well together: you wth a summer take away clean the whites of the Eggs out of the whey. you strain the whey through a clean cloth into the vessel; & set it again over the fire, & put to it a handful of watercress green & 3. handfuls, & a handful of wormwood.

Take a pennyworth of spikenard of Spain, boil it three
 together for a gallon to a pottle, & you shew it again
 into a cleane vessel, & let the patient drink every
 morning for 3. days, every day a pretty quantity. That
 who receiveth this medicine shall not become
 corrupt, & it shall cause him to have the stone, &
 there is a medicine therefore. Take crops of rue, &
 some more of groundsel, some betony leaves, stamp
 all these herbs - a stone mortar almost so small as
 you make green sauce, temper with red vinegar
 & fry it - a pottle, & let it be as hot as the patient can
 suffer it. put it to the hole of his head behind, which
 calleth the nap, & let it be there a night or a day, &
 warm it often, & if need be change it often. Do this
 divers times, & take it diligently, & it will cure.

To make an Expectorant Eye-drink for any

It is melancholy or woe, for rheum

& of eye, & many other things. hurtful for some

Sena 2. ozs. saxifrag half an ounce, Licorice half
 an oz. polyposus an oz. Hermodactyls 2 drams, Ru-
 barb half an oz. China an ounce, Sarsaparilla 2 oz.
 Quassum 4. ozs. fenel seeds, carinder seeds, Caraway
 seeds of each half an oz. - a few gillyflowers, rose-
 mary flowers, cowslip flowers, Egrimony of each a phlegm
 - hand of raising of fawn, anis-seeds half an oz.
 Camomil-flowers a hand. put all these into a bag of
 boulders, & put it in 2. gallons of strong ale, & let
 it be 2. days, then drinke so much as will purge you 3. or
 4. times a day, a pottle less. It is but taking the spring

Useful; but you may use it at any time & upon Ex-
traordinary occasion. *of herbs* *myrtle* *violet*.

A Drink for *Obstructions* L. C.

Take of Roots of *Liverwort* of each 2. handfuls
a hand of roots - or garden-sorrel, half a pound
of the best Currants or better Grapes a little. Soak
all these in 3. parts of spring-water till it is half
boiled away, & you strain it out. use it to the full in
'Drink for the worst Drink - Shred the herbs a little.

Take of Scurvy-grass 2. handfuls, of water-cresses, Liverwort
some of each 1. handful. wash & shred these herbs, & fill
with a convenient quantity of hops and pour in 2. gal-
lons & a half of pure water. allow it to stand for 24
hours & strain out, let the liquor be boiled as ordinari-
ly Beer. when it is ready to turn take it bag of imperials
with a smooth stone put into it to keep it to drink & hang
it in a convenient vessel. you put of Beer into it, & af-
ter 6. days make use of it.

Physick Drink.

Take 2. ozs. Sassa-parilla 2. ozs. Lignum-vita 4. ozs.
Limon-castile 2. ozs. caca-solis 2. ozs. Licorice 2. ozs.
Anise-seeds a quarter of an oz. Egrimony 1. pound
Shred the Sassa-parilla, Lignum-vita & Limon-castile, so that the
water & shade them & small. after it stands off the
other ingredients in a mortar; you put them all in a con-
venient bag like a pocket, both ends sewed up. you shall
bag be put into a gallon & half of good ordinary ale
new brewed up. let it be a stand for 24. a spigot & it
to receive so much; & when it is 2. days old, pour it
out

Drink half a pint at a time; the one in the morning
 the other in the afternoon. at first 4. to 80. years one
 safely take it, you may increase or diminish accord-
 -ly as you would have it work, or as yet has, it is to be
 incuse it. its best taken in the Spring & fall. it may be
 taken at any time or need is, an hour before or after
 moderate exercise after it. this requires no strict or
 -votion of Diet. let the ingredients be sound & not rancid
 drugs. the ingredients for one day will not cost above 15 s.
 its use for all diseases of humors & superfluous humors
 its of such a temper quality. it heats not & cools not
 dries not & moistens not, cools not & dries not, it is
 -both not melancholy. In fevers, its good for all
 fluxes, inflammations, redness & pain of the head, eyes,
 face. it cleanseth the stomach of all dyspepsia & gross hu-
 -mors; it helps the cough of the lungs & beginning of
 shortness of breath. it opens obstructions & obstructions of
 the Liver, spleen & other parts. its a special help for
 jaundice & pains in the bowels, for it takes away the ancient
 -dent humor. it cleanseth the blood, for it purgeth by
 urine as well as by stool it cleanseth the veins, & semi-
 -nary & urinary vessels. it takes away a humor yet
 -ineth the stone & prevents the increase of it. it helps
 the infection of morbo, gallies, if it be not of long continu-
 -ance. its good to be used in women before the coming
 of the menses before the humor is stopped. it takes away con-
 -rupt humors, it cures ulcers, sores, & fistulas & can-
 -cers, it makes you feel sure & sound. its a special use of
 modern medicines. it takes away corrupt blood & causes
 such as scab & leprosy. it helps ulcers, sores & swellings of
 the secret. taken in Spring & fall of the head, it
 prevents the fatal diseases of humors.

An ointment for the cure of
sores or sores.

To collect oyl a pint rosin a pound, nutmeg with a
small quantity of a walnut,
Ginger pitch 1.03. whole & whole a quarter, &
as much verdigris as will color it. Boil all
these together a quarter of an hour. Use it twice
for cure or ointment.

The black salve it comes at the

ulcers & rotten sores.

To a gallon of strong ale very stale, 2 handf. of
woodbine-leaves, half a handf. of red clover
-leaves, as much of ragged cow-wort leaves, a pound
of unset licks. half a pound of red onions, half
a pound of garlic pills, a good handf. of fine
pieces of rotten post of oak. Let all these be
brained by themselves very finely. put you all into
it all together. Let half a pound of rock allum, &
set you off a soft fire, & let you boil awhile, & strain
into a clean vessel very hard. & put thereto half
a pound of clean yellow wax, half a pound of good
rosin half a pound of green roman oyl, a quantity
of stone honey, & as much Turpentine. you set you
over the fire again, & seeth you well, & so put you
into a close pit of earth, & stop it close, & as you
need, spread it on cloths, & lay to the sores.

An ointment for scalding & burning.

To sheep-suet & fresh barrow-meat of such a like
quality, 2 handf. of white wine of claret, as much
of young grease, as much of sheeps lung. set all

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These is a fair pain, but if it subsists long it will
 you strain it, & anoint the place griev'd therewith. -
 the cure is: Leafs of harts tongue. Before you use
 on that, take out the fire wth sullet oil & water beaten together,
 then applying it to the aforesaid place with a feather.

To make the ointment of roasted
Whelps. Approved.

Take a Couple of Whelps - cut off their heads
& take out their guts, & then pull off their skins
& then dry their bodies with a cloth, not wash
them. This done take a pound of Hogs Lard
or Boves grease, or more, if that yo^r Whelps be
not fat. Let not the Whelps be above four-
teen days old. Take a pint of Agavite
that is good, but not too hot. Then for your
herbs, Take Scala Celi, Cumfry, Knotgrasse
cinquefoile, yarrow, Parsly, Angelica, Valerian
& Lecampare roots or Leafe, Tutsan, orpine -
stickwort, melilot, herb Roger, filipendula -
red sage, rosemary, lots & some flowers, smallage
saxifrage, Betony, Egrimony. Take of each of
these halfe an Apothecaries handfull - Except
these that follow - Scala Celi, Valerian, herb Ro-
ger, melilote of each of these take an handfull.
This done chop all these herbs very small, & mix
them with yo^r Lard or grease aforesaid. Then

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Then fill the Bellies of the whelps as full of
this Compound as full as you can - Sow them
together. Roast them on a spit & fast them with
Aquavite untill It be almost all spent. If there be
more herbs then will into the Bellies boyle them
in a skellet with some more of the Lard. Then
take off yor whelps & beat them in a stone mortar
very well while they are hot. Then set it over
the fire, & let it boyle a little & scum it - and
take the bottom from it - & put it into a cleane
pan - & use it as you think fit. #

To make Licoria-Baly

To make a pound of Licoria being very well scalded, slice it & beat it; you take $\frac{1}{2}$ a pound of Aniseeds & bruise y^m, & a pint & half of rosemary water, & as much cold foot water, & as much hyssop water. put y^e Licoria into the water, & let it steep 2 nights & 3 day being covered; you strain it thro' the Lincsey, & boyle it up to a yick thine, wth continual stirring, til it be reasonable thick; you take a pound of brown sugar-candy, & a pound of double refined sugar, being finely beaten & scanted, & mingle y^m together; & as much y^e orange, & cherry tree y^e as you think good, being steeped a night in a spoonfull of any of these waters, & mingle it wth the sugar. y^e is put in the boile Licoriae, but the Licoria is as hot as you can suffer it. now you have made it to fast with y^e hands beat it wth a morder, & now it is wrought very well, make it into little baly.

To make oyl of Almonds

To half a pound of Almonds blanch y^m in hot water, dry y^m well in a cloth; you beat y^m in a stone mortar exceeding small, you put y^m to a silver pottle-yeer, & set y^m up to a pretty yick thine, keeping it continually stirring til it be thoroughly hot. you strain it thro' a Canvas strainer, wth a great strength. put but a little at a time into the strainer.

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To make oil of violets.

To be every pound of good sallet oil. 6. oz^s of violet
flowers; put the oyle & flowers in a double glass or
in an earthen pot, & you let ym continue 4. or 5. hours, the
glass being well stopp'd. you bott the same oyle & flowers
again in y^e same pot or glass - another vessel if you will
for 3. hours space; you strain ym, & put fresh flowers
in y^e oil, & after 2. or 3. days lying & steep, bott it
again, & likewise the 2^d time. you stop it well & keep it
in the year.

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To make an excellent oyl for a wound.

Take a good many of the flowers, leaves & seeds of y^e fl^r - wort, lay it in glass or silver white wine as will fill y^e - a glass, let it stand in the sun 10. days. y^e fl^r - wort is much salted with as y^e wine & herbs weigh, so let it stand in y^e sun other 10. days. y^e to a pint of oil put 2. oz of y^e v^e - T^r - wrap, one dram of Saffron redness 1. oz, cloves 1. oz, myrrh half an ounce, rest of the fine half an ounce - mingle these together. y^e still it in a glass still with it wet still as more water it is enough. y^e take of y^e still, & still y^e oil while this is y^e you use it warm it & put it to y^e wound. y^e still water is good to wash a wound.

To make oyl of Hypericon.

Take 3 pounds (wt is 8 pints by measure) of oil olive & 15 lb. 2. pints of the best white wine y^e & buds of Hypericon (y^e fl^r - wort) 3. handkerchiefs small beap. y^e being bruised a little in y^e mortar, y^e shall enclose y^e the said oil & wine in a vial of glass y^e space in 2. days. y^e take a pot of sufficient b^r - & put y^e shore of hay in y^e bottom, filling it with water, y^e put y^e glass therein y^e y^e oil, shutting it likewise with hay at the sides, & see y^e the top of the glass & stand y^e good way above y^e water, y^e no other liquor come in, w^{ch} you must stop very slackly y^e the air may come out, & without not fill it up to the top y^e it may not seeth over, & it be not to be filled higher y^e the water wherein it is boiled, for fear of breaking, & note y^e you must put

put the glass into the oil & the hot spirit with lay
 before it com to the fire & the one may heat it
 & other immediately: See if it sudden heat will
 make any glass break. This done, you shall let
 it boil in a pot of water half an hour & you
 being cool a little you should strain the same &
 so strain new bales of Hypericon green, to the
 quality as is aforesaid, boiling it again as at first,
 you strain it & so fresh bales of Hypericon & so
 boil it as aforesaid. yet kind of boiling is to be accom-
 -plishd 3. times in 6. days; considering if the bales
 must also be steeped in the oil y^e space of 2. days
 before you boil the same. you may take longer
 space at y^e pleasure & may conveniently provide y^e
 herbs rightly proportioned & steeped there as to their
 due time. & so being as aforesaid; to y^e oil boil
 the 3. times & strained, you shall be to use pound or
 half of oil, if you set to y^e making thereof at first
 12. oz^s of ven. Turp. & 2. for y^e whole but 6.
 oz^s of stearum. Maceratum, instead of y^e oil if y^e oil
 is gotten, you may use so many oz^s of pitch
 which is called pix alba or pix de Burgundie, & instead
 thereof you may use so many oz^s of oil of sweet
 Almonds. Item to be y^e whole 2. pennyworth of
 Saffron, & oz^s of red earth worms oft washed & good
 white wine, & Drams of Dubarium Cratum
 & Drams of gentiana, & Drams of Card. Benedict
 yet these things being beaten & a quarter to powder, you
 shall mix with the rest & the oil & in the vial, with
 being close stopp'd up to be set in y^e sun the space of
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40. Days, or to be set in a vessel full of hony, & left
space of 20. Days, wch without you may let stand in the
sun; & when it regains it for y^e use close w^{ch}: be-
lieve it is the better it is.

The virtues of this oyl.

It is hot & dry. It makes sores, & heals all wounds in
short time, y^e & the sinews being cut. Its good for
burns wth the fire. It easeth & taketh away the
the passion of the stomach, & pain of y^e bladder, &
Lower parts of y^e belly & thighs. It provokes urine, &
is very good for women & children, for y^e gout, the
gout & palsy of the hands. & it cures

The manner to apply this oyl.

For a wound, take a fine Linnen Cloth, & turne it as
if you woult make binder, & quench it in a little of y^e oyl
put it to y^e wound wch you shal find up fair & soft
& so let it stand 24. hours before you doe y^e same with
the like, & so continue til y^e healing thereof. For other
grievs only anoint the place to be healed therewith
for the women it must be drunk.

To stop Bleeding at the nose: or for

To stop the pain of the nose: Lay the patient
down, & thrust all your middle finger into the nostril: you
will find the point, & press it up into the nose. also
you must hold the broad phlegmon & fill the
nostril up, & it is a remedy - the juice of the
nose & the blood, & change you oft. this is a

good medicine to stop the bleeding

It is strong - water & vinegar, & hold it to the nose.
Amount of water with the juice of nettles.

To stop Vomiting

3. Quinquets, wash your clean: you put it in
drink the longer ends of the roots upwards, & see
let you lie 2 hours, & you drink it.

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A good medic. for the Canker:

T. red sage, leatherfens, rock, rosemary burnt of
4 corners of bay salt, 4. corners of pepper. stamp
altogether & so you up in a linnen cloth altogether
& lay it to the canker

A medic. for the Canker in the Mouth

T. of brown sage, brown finet, lysop. & brown-lard
of each a handfull; put these into 2. quarts of running
water, & put thereto 3. spoonfulls of honey, & hold a
pint of white wine vinegar, & an oz. $\frac{1}{2}$ of rock
alum. Boil all together till half be consumed.

A very good recipe for Green Scurvy or
Scurvy

To make a good medicine for the Scurvy, take out the
pith of a pound of young white Birch bark or new, y^e
bark of a white Birch & lay it in an oven to dry.
Then take a pound of powder & wash it with a pint of
strong white wine, & wash it 2 or 3 times after.

For the cure of the Scurvy:

To cure the Scurvy, take a stick upon a cloth, & lay it in the
fire until it is as strong as a swelling possibly.

For the cure of a child's Scurvy.

To cure a child's Scurvy, take the root of a Scurvy,
strong leaf. Soak in water, & let it stand 3 days.
Then take a pound of powder & wash it with a pint of
strong white wine, & wash it 2 or 3 times after.
To cure the Scurvy, take a stick upon a cloth, & lay it in the
fire until it is as strong as a swelling possibly.

Chapters of new medicine only 2000, & 2000
to 2000. Soak in water, & let it stand 3 days.
Then take a pound of powder & wash it with a pint of
strong white wine, & wash it 2 or 3 times after.

To make the Scurvy strong

To make a pint of Scurvy water, & wash it with water.
But again, the parts of sugar. make it to a pint.
wash it with a pint of 6: of Alkermis.

For the cure of Scurvy, & Scurvy of the stomach.

To make a pint of Scurvy water, & wash it with water.
But again, the parts of sugar. make it to a pint.
wash it with a pint of 6: of Alkermis.

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3. oz. of sticknane 3. oz. of the good white wine
 mix & place in a pan & heat. mingle it with
 let it stand in an earthen vessel all night, you shall
 it all sugar make thereof a syrup. It is useful
 -ning, breaks & layn, & comforts the stomach.

For a pain in the throat.

To Alleviate, seeth it in new water. in a pot of earthen ware
 for the water, & lay it to the roots of the teeth, &
 bind it on with a cloth.

An English medicine to break in the posture, also
 to break it down to the draught, & to give a pain
 for the pain in the stomach, & to break it down

To 3. oz. of brown sugar, a stick of licorice, as
 long as your finger stick, a spoonful of long-seeds, half
 an oz. of lard, & a pound of lard. put all these in a linen cloth
 & boil you in 3. parts of water, till the lard be gone away,
 keeping it in a low scum. you shall have a good
 strength of oil. in you shall see it at night has much in
 the morning fasting, & fast as low as you shall

For the Kings Evil

Take a little of Foxgloves, stamp you in a stone mortar, & add they are thoroughly beaten to pieces, then mix with half a pound of fresh butter, to stamp you together until they be well mingled, then put it into a pailin, & stamp more & y^e like matter, & use the oyle in it self, God it with a gentle fire, & hours often stirring it, till it be run not too, & mix it & oyle through it well together, with will keep it from hardening, & so keep it for your use. when you use it, take a little as a small hen's egg for the eye, make the oyle more saucer, lay it upon a linen cloth, & so apply it to the eye, & use it twice a day, & so you may be cured of the Kings Evil, & lay it fresh to the same cloth, with you must not know, so long as it will keep sweet.

How you may know whether it be the

Kings-Evil

The Evil is a knot of sticks fast - & flesh. It looks white like the other skin, & grows not up suddenly, but is long before it comes to any bigness. It will be sometimes better sometimes worse; & in time it will break out, & scald, & lead again to sweat again, & so grow worse & worse, & will not much time, & infectious. & being so much the cure, many times lay so into the humors, till it will not be cured.

For the Morpheus

Take a piece of white wine vinegar, one oz. of Salt, half an oz. of yermorens, beat it, & put it into a glass together, & let it stand up hours, stir & begin to use it.

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Let your stone at night, & pour of clear water
ground in a fair glass; & if it be for stone, or
Eyes, put in some more red rose-water, & if it be
it put out a little like some small powderish
Also of rain, or rather the dew water is better.

For a Sin or weed.

T. a half of Daisy-leaves, a handf. of brown fennel
a handf. of 3-leaved gill. Stamp these in brown of
whitewine; & drink it first & last.

For a sore.

T. 3. spoons of clarified honey, & as much soft milk
of lin or new milk a man-bird; seal it up together, let
it stand, & put it in a glass close. put into the sore, &
in 4. boxes a day, one box at a time.

Low - 2nd Floor. 4 B. & 4 Hays mixed.

From Lyons, very charitable & reasonable quality
just to it, the weight of 16^{lb} at the point of origin
some small scales, it is much simpler, finely
faint, at the quality of a brown coat at most
a perfecting coat, & for 10-12 night's wear, about
the perfecting coat, & the morning with a fair
delicacy & of, & wash out the year at scales.

found plenty of small pools, in back the
large 2nd pool holes

I believe, to new milk for yellow, as much as
of other. Will you observe, that I mention anoint
the face down, to let it dry & hold.

Proctor for 8 Lane

To remove water & collect oil, beat for 10 min. to
avoid the loss of a feather.

ye Job the Plur.

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a quart of milk & a quart of water of pure paper
boiled & seeth in a milk all day & night
strain it & drink it.

Another for ye same

T. a piece of marble or pebble, crystal, powder, drink
it & take a rabbit & drink it & it will stay.

Drink the juice of raw grapes, with oil of olive

for ye same

T. a quart of spaw water as much of roasting water, &
some of white milk beaten in a mortar & mixed
these will be good, & take the same every day.

Take 2 morning lops, from 11, contain
 seeds of Cambray, of each
 a handful; poorly watered, general root
 foliation of each 2 ounces, violet
 In a green, mungall, of each half
 a handful - separate &粉碎 of
 of each a portion of in one, leaving
 half in one, raising the purring a
 portion of each - some half in one,
 others should then a portion of in one
 one measure. Put all these together
 in a good quantity of clarified whey,
 about 3 parts to a part, & let it stand
 10 days & let it be cold then -
 Strain it pressing out the herbs as hard
 as can be, & take of it a little 3 or 4 times
 in the morning, & at 4 in the afternoon,
 & if it purgeth too much, take it out
 once a day. & if it will, let it not be too fast

20 an oz. of violets, 2 oz. of water, 1/2 oz. of sugar.
 20 an oz. of blue-violet flowers, only you may put it in
 as a Linnæ 10 an oz. of violet flowers, add 1/2 oz
 of water, to give it life, if it be too deep colored

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To make Agua Mirabilis

T. Galangal cloves, gillibet melilot, Cardamom, each
measure of each a dram; of the juice of Salomon herb
of 3 pints, & juice of Beem, of each half a pint, &
herbs a pint of very good Agavita, or spirit of sack, &
3 pints of very good white wine. mingle you all together
& put you into a still, or cotton bag, Litting it, & strain
night close stops: & in the morning till it off, & repeat
Litting & all coming by itself. & so for 2^d & the 3^d is perfect

the Lady Theres water.

T. Saladin, Rosemary, rue, wormwood, rue a herb fine
-nel Dragon seedines, Egrimony, Garden Scordium, Garden
Benedict, Saffron, Rosa solis, of each a pint ready. yellow
-roots angelica-roots, Zedory-roots, Tormentil-roots, Licorice
of each half an oz. scrape the roots, & wash the herbs, &
dry you in a cloth. you shoud you into a gallon of white wine
& let you infuse 2 days & 2 nights. you still it in an
-many still: keep the 1st running off, & the 2^d about a pint off

For the Lady Brooks Cordial Saccharum
 very comfortable for the stomach.

3. quarts of sack, & half bushels 2. of rosemary,
 1. small bundle of Broom, a good bundle of Spicewort,
 and washing the leaves, for one crop of roses, stalks of
 a bundle of some flowers & a quart of a bundle
 of sage, 3. ozs of sugar, & 2. of nutmeg, half
 pint of an oz. of clove, put in all 5. pound of
 black-cherry-stones, & let it stand in for 1. the spices in a
 mortar, & the leaves you steep at these in the wine for 2.
 days & 2. nights. you still it in an ordinary still - pour it
 first into a bottle by 17. & the 2d. by 18. & put so
 much sugar into it, as will make it pleasant to drink.

The white Balsam

To a pound of white of egg, add 1. lb. of white of
 sack, & 1. pound of white of wine, mix them all
 together, pour it out into a dish white, you will see
 a crust of a pound of wax in an hour, you will find
 it is all the same in 1. day, & then you will see
 five or six days, you put it in the sun of 1. day, & then
 it is all together again, the space of 1. day, you
 take it for the first, & put it into a gally-pot to use
 either by plaster, or as a ointment.

Juice of Licorice to be made 2. May 1. 1666

To 4. ozs of English Licorice roots, & 1. lb. of pipe of
 of white sugar, & 1. bundle of Colasfoot, one bundle
 of rosemary flowers, steep the leaves & Colasfoot in
 1. pint of water, & strain out the juice, & a pint of
 by 1. water, you put it in a gally-pot, & let
 it be made licorice & the rosemary flowers.

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Being mingled together, boil up a quick fire till it is
as thick as your cream, always stirring by you hand, and
with a spoon in through a fine strainer as long as is possible
you stir it till you have on the fire in a clean shaker, and
it will open till it is very thick, always stirring in, and
into it a cup of brown sugar, and a pinch of salt, and in
the night till it comes down to bottom of the shaker, you place
up about sticking to the sides. you make it up into balls
of cakes, & lay you in a plate in dry brown stone, & keep you
in a box in a dry place.

For the young receipt for J. Allen

T. a bunch of Tamarisk, & a bunch of Borage, & a bunch
of Sugar-flowers, & bark you in 3 parts of peckish water,
which is in a party & you it is with, but so much sugar
of wood-rosin in it, as will sweeten it to get lost, & drink it
Another

T. Tamarisk, & let it steep in you beer at night, & drink
in next day. If you want, or in you pleas

An ancient receipt for J. Richey, who was famous
in cure of "isacs. brought by my - a M. who made
many experiments of it till it was now is in the hands

first, in the 7th day of the moon, they must be let
float in the girdles of the ears in those veins to come from
the forehead, & the more they shake, the better you you
must take you black with you before a sheep's ear or
nose, & dip it in the chills, & rub the chills hands
with it, & you let the child wear the wool under you
arm pits 3 days together. you must be careful moving

A sign for the Green, with the bridge, & the church
 down at the bottom of the page; but it is of little use
 at present, as the bridge is long, & the church is
 not to be seen again, not long after at the same place
 the river.

Take a quantity of the green
 & stamp it a little, you will find it is good, & will
 be sure, & put it in a little white wine, & if you
 think the strength of the herbs is not, you may
 see it not look green enough, you stamp some more
 of it, & boil it in a little water; if you make it
 with the green, & the other, you strain it out, &
 keep it for use. The child must drink no other
 drink.

To Cure the Rickets.

Take Raisins of the Sun stoned, & Currans
 of each one handfull. Maidenhair, yarrow &
 speedwell of each one handf: - halfe a handfull
 of Dragon Leaf - or for want thereof two spoon-
 =fuls of Dragons water stilled in a cold still. a
 good handfull of Liverwort. nine Leafs of harts-
 =tongue - one spoonfull of Anise seeds - & one
 ounce of Licorise. Boyle all these in a bottle
 of Ale till it come to a quart. Then

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Then streyn it, & put it into Little Bottles, & so
Let the child drink thereof, a draught in the mor-
-ning fasting - as also about an hour after meals

A Diet drinke.

Rx of water four quarts. Put into it of China -
 roots four ounces: Aniseseeds halfe an ounce.
 Raisins of the sun stoned two ounces. Let the pot
 be stopd, & stand twelue hours as hot as it can
 without Boyling. Then Let it Boyle till the water
 be diminisht unto two quarts. That being done
 Let it settle very cleare. Then streyn it, and
 drink it Every week. adde an ounce of China
 roots to the same proportion of water till it
 come to four ounces. Then make a period.

A good Cooling whey for any Heat or
Distemper to be drunk every morning.

Take of Borage, Strawberry & Violets
Leaves Succory bellitory of the wall & Blue
-bottles that grow in Corn fields of each half
an hand full. & boyle them in Three pints of
Whey till one pint be consumed. and so drink
the other Two pints in Two mornings. It should
be drunk six mornings together. you need not
make it all at a time lest It grow Scure.

Smu rls s. Ac

[Pantur cum decoct
one seminum papav
ris & melonum - all
cum aqua rosarum.

Lactuca - rosar - Galusticiana drachm una
scotis & foris. Elechi ana drachm unam & semin
boli Armenae in aqua Continodia lota drachm
sem. plantag. scrupulos quatuor. Sassafras scrupulos
cum mucagine seminis Citronio in aqua nenuphan
Extract. fiant - Trochisci. Dosis - a scrupulo
ad scrupulos duos & semis, aut scrupulos tres ad sum

you make a Syrup wth a Syrup of marsh-mallows.

Take a handf. of the leaves of marsh-mallows, put you into a gallon of cleane water. Boile you very little, keeping it close covered; you let it stand 3. days, you strain it very hard, so that the juic goe spaisle out. you put in the same juic of handf. of fresh poles, Boiling & straining it as before. This is 3. times in the whole. you take one pound & half of sugar. & Boile it wth the strained juic til it be Syrup. of wch take 3. spoonfull fasting wth a little white wine. It wil give you 6. or 6. shreds. Its good in bery cholera; It is very good in Rhy. burning feaver, Mexican ague, & fluxisy.

you make Syrup of Ruebarb

Take a good handf. of succory roots, as much of Rhubarb. 6. good roots of parsley. & as many fenel-roots. Infuse you all 12. hours in wine. you take you out & Boile you all in 3. pints of water, til it be consumed to 2. pints. you take a pint of the same decoction, & Boile it til one part thereof be consumed, putting thereto 3. quarters of a pound of sugar. 6. ounces of Ruebarb grossly bruised. you must put the Ruebarb into a little bag, & by a hole hang it in the same decoction til it comes to the perfection of a Syrup, using after 2. spoonfull of the first decoction with one spoonfull of the Syrup. with 3. spoonfull of a decoction made of Rhubarb & succory. Its to be taken in the morning fasting. Its Excellent in the cold, open, & burning the Liver of cholera.

A Surge

senā, Licoris, & aniseeds of each 3. Drains. Slice the
Licoris, & mix the Aniseeds, & put you into a quart of water
tho is ready to boil. put in the senā on this side. Take the
next day as much as you think fitting, or at all at 3. meals.

To Drive & Plague for the Heart

To good ven. Turp. shred it to a good piece of sheep-skin
a hand breadth. & let it be reasonable thick laid on the heart
last about both the wrists of the sick party, & it will draw
the sickness to those parts. & you take it away, & when
some Drains to a hand, root Lilly roots, & lay it to warm the
Cordons & it will draw & break it. after lay a growing
plaster to it till it can be drawn forth. at 3. it you have
some angelica root to lead water to drink.

A special water for y^e Pestilence. Imperia L. write

To of Tormentil, saffron, Vitany, pimpernel & dragon
of each a like quantity. shd you together, for this is a
chief root for ag^t all poison, & namely the pestilence.
for as Philosoph^r say. It is impossible any man should
lye of poison or pestilence. & drinks it next y^e herb.

Pestilential Pills

To of myrrh, cloves, Rubarb, saffron, & mastick, of
each a Drain. Beat all these very small; you mix you
up with syrup of Lemon. like ordinary physick pills.
take 3. pills one day in a fortnight. for a child under
12. halve the quantity.

of the Bath for the fides

To lolly brokes, french mallowes, hyssop, elecampane, & mayweed. Boil al these together in fair water: & sit over it so hot as you can suffer it. yn after anoint the place with this ointment. Take the yolk of an Egg, & salome, & oil of roses: Temper it together, yn spread it on a cloth, & lay it to the place, picked. on it by drye clays, & take heed of taking cold after the Bath.

For one y^e speaks in his sleep

To marjoram, & fennel roots y^e same, & Drink it with wine.

A waters for a sore throat

To a part of claret wine & put thereto a pound of brown sugar-candy brised, & lay more held on of one hand. of rosemary, & as much allum as a nutmeg. Boil al together til part of the wine be wasted. in this cold, wash y^e throat therewith, & at every washing swallow down a Spoonfull.

A med. for y^e Taking.

To a part of thick stale cream, & a pint of Cinnamon. let it boile til it come to an oile. yn put it up for use.

For wounds & y^e Teeth

Shred y^e root of hemlock - small pieces. Lay this in a dish 3. nights, & it shall kill you.

To take away y^e Tooke of y^e rheum & scabs.

To a pint Saute of Sage, a pint of stale ale, a piece of sheeps suet about y^e quantity of an lb. Boil y^e stew yn away til it aboyles like a poultrie. Lay y^e ointment to y^e neck. let it by it. longer as hot as you can suffer it.

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To kill warts.

Take you the marigold leaves 4 or 5 times a day for 3
together.

For a cure

Take a piece of soap and pull it over the wart. The wart
will go away.

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Of the Palsie

Mede not with this disease but in hot weather, or in a gentle chaire
Begin with a glyster.

Then give these oyle diuined out of
Matthias wh^{ch} shall find in Partington
Herball in the 1st chapter de Chamæpity
or ground pine, give of these oiles 3. daily
night for one week or longer, but if
they worke above three intermit a day
night.

8. or
10. or 3

Then let blood on the found side, as farre
from the place affected as may bee.

A day or two after let the patient fall
to the pills againe. And some nights he
may loose his pills & take in stead thereof
3. of the Symples of Chamæpity

12. or
14. or 3

When he hath some thus about a fortnight
or 3. weeks then bleed on the found side
again.

Then let him fall to the pills & Symples againe
sometimes take the Symples of palatilis
or Consilids

12. or
14. or 3

Then if hee be bleed againe. Bleeding
is a chiefe thing in this cure.

If there be danger of any Synowes shrinking
let the place be anointed with some hot
oyle as of Turpentine, Exeter, Dextre, or mix-
ing therewith some oyle of Myrrour or
some wort of aquavita.

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pl. - of very Lactis - 23 pulv. Holi. Ind. 2.0
in 100 dectm of malhus mese. Beets em
or pulv $5\frac{1}{2}$ i. dr & $\frac{1}{2}$.

for the
Receipts

for the Stone.

Take of 4th rootes of white saxatrace gathered in 4th be-
ginning of may, dry ^m in a window, wⁿ you use ^m, pull
of y^e red skin, & beate ^m to powder, then take thereof
as much as will lye on a grate. 3. weekes in every
quarter of a year, for y^e first week take it
every day, y^e 2^d week every 2^d day, y^e 3^d week
every 3^d day.

This being continually thus used will free you for
ever, you must drinke it wth posset drinke and
sugar. prevail.

Another. & Calcule

Take y^e blood of 2. hares, & as much sheepe or goats milk,
mix ^m well together, & let y^e boyle together in a new
earthen pott untill they come to a Coale; y^e wth being
beaten to powder, & finely searsed, give y^e patient a
good quantity, in a little fountaine water. Lube warm.
It will breake y^e stone to dust, & make it to pass away. prevail.
To try this, put a stone into it wth a little water blood warme,
& in half an houre it will dissolve y^e stone.

The iuice of Onions is also very good against y^e stone, &
as they say will dissolve it.

Take y^e flitch of Abromo, dry ^m & beate ^m into powder,
& drinke of it wth a little white wine. it gives pfect ease.
Also take y^e pearles (alias) y^e Buds of Elder dry ^m & take
^m in drinke.

Swallow y^e stones of Olives morning & at night, after

supper

supper digested.

Another for the same.

Take barley malt, & make thereof good worte, & put into it a good quantity of Cherry stone kernells, & gum of gromwell in y^e cherry trees, boyle y^m together in y^e worte untill half y^e worte be consumed, y^e straine it, & put it into a fayer vessel, & drinke thereof morning & evening. This did never faile to cure.

Another.

Take y^e urine of a Boar, & give y^e patient to drinke, & it will drive out y^e stone whersoever it be.
Or take a greates flintstone, & heate him very hot, y^e put it into stale ale, & drinke thereof at evening & at morning.

Another approved for y^e stone.

Take y^e greens wode, y^e cometh from y^e sea amongst y^e gysters, wash it very cleane, & make it into fine powder, & drinke it divers mornings with malmsay, & it will breake y^e greatest stone.

M^{rs} Boales medicine for y^e stone.

Take marsh mallow rootes made cleane & sliced, Burdock seed & parsoley seed pounded; boyle y^m in posset. drinke y^e straine it, & drinke a good draught of it in y^e morning, for .3. mornings together.

Then take .3. ounces of Althoea, & put to it .1. ounce of Syrup of Viols.

Put every night .2. spoonfulls of these syrups into a draught of y^e posset drinke, & drinke it .3. nights together.

Also take Venice turpentine well beaten with Rose-water, make pellets thereof, wrap y^m in sugar.

- Candy.

- Cury, & take .3. of y^e pollots once in y^e week, in
some one morning after your mornings draft.
Another w^{ch} take y^e Turpentine after yo^r nights
draft, but y^e Turpentine must be taken but once
in y^e week. Probat. &c.

The best medicine to avoid gravill as saith Culpeper.
Drinke every morning of y^e iuce of pollitory of y^e wall.

A rare medicine for the stone.

Take a good handfull of pollitory of y^e wall, a longe-
stick of Licoris, boyle these in Rhenish wine, from a
quart to a pinte & an halfe, then take .3. groats & groene
Lemons & crush y^e into it, if it be too harsh sweeten
it with sugar, & drinke thereof.

For the same.

As much of y^e small filings of steele as will ly on a 2^d,
& drinke in white wine in a morning.

Also to Eate butter & hen to breake fast is very good.

Another.

The iuce of Radish-roots, mixed with white wine,
& y^e powder of Turpentine, burned or dried in the
Sunn. Probat.

Another for the same.

Drinke y^e water of mollitoe in white wine.

Another.

Take water of asmarth distilled in Maye, & mix it
with

with a fourth parte of water of horse Radish. probat.

An incomparable medicine for y^e stone.

Take y^e manes of pigeons, slit y^m & wash away y^e mawell, y^e take y^e inward skins & dry y^m. after
soate y^m into powder, & drinke y^m in a quantity
of white wine. probat probat.

for the same.

Drinke a good quantity of whey every day for
many dayes together. probat.

Another to expell the stone.

There are found in y^e Livers of Swine little stones,
or hard calositios, white of colour, w^{ch} being beaten
into powder & drunk in wine do expell y^e stone or
gravel.

To breake the stone & procure urine.

The Berries of Ivy dried & beate to powder & drunk
in wine. 2. or 3. dayes together.

To cure y^e greene sicke, to procure urine,

To waste y^e stone & drive it out.

Take water Croffes chop it & boyle it in flesh broth,
& oate of y^e broth a month together, at morning
noon & night, & it will cure as above said. probat.

A cure for a Stoppage in y^e Stomack, y^e Wind
in y^e Cuts, also tis good ag^t y^e Stone.

Take half a dozen or more as you thinke fit of stones
such as ffalconers gins y^e Hawks, & swallow y^m.

This hath done rare cures.

To helpe those y^e cannot make water.

Take wood Betony both y^e rootes & y^e leaves, wash y^m very
cleane, & dry y^m in an oven, y^e beate y^m into fine powder,
& drinke y^e same in white wine, posset, ale, or ordinary
beere, it will cause you to avoid y^e water wth ease.

For y^e same.

Roast a turniope soft, & spread y^e pap thereof
pretty thicke upon a cloath, & lay it upon y^e navell
as hot as it may be suffered.

Use this twice or thrice, & it cureth.

Another

Take y^e powder of dry berries, & drinke it in stale
ale, or white wine warme.

Another.

Take 6. or 7. berries of dry & stamp y^m & strayne y^m
with ale, & give to drinke thereof.

Dr. Wrights
bill
sept: 22.
1652.

To cause y^e gravell to passe easily.
Syr: do alth: second: & 4. Syr: viol. Syr: do nympe.
Alba & Ess. (misco.)

A singular medicine for all y^e griets
of vrino; to provoke it being stopped, to
help those y^e make water by drops. &c

Take correction of comon cansey, or y^e inges drunk
in wine. It is also very profitable to expell
winds in y^e stomach, belly, or bowells.
It will also kill wormes in children.

Against stopping of water.

Make posset drinke & boyle therein, mallows
& winter croises.

A remedy for one y^e cannot hold his water.

Burne y^e cleas of a Boro, or saw to ashes; & drinke
theroof in red-wine, it will help retention.

For y^e strangury.

Drinke one ounce of Camomile water in a
morning fasting, & eate a little sugar after it.

For the Collick passion.

Take Corall, Amber, & Beate, of each $\frac{1}{2}$ quantity of
a Walnut, weigh $\frac{1}{2}$ that they may be equall, then
take a fayer nutmeg, & beate altogether into fine
powder, Take thereof Evening & morning (when
you feele $\frac{1}{2}$ fit coming) $\frac{1}{2}$ quantity of .8. or .10. graines
in a spoonfull of warme thin broth, drinking a
little of $\frac{1}{2}$ warme broth after it, soope $\frac{1}{2}$ powder
in a fine bladder.

for $\frac{1}{2}$ Collick.

A little saffron dyed to powder upon a tile, drinck
in a spoonfull of malmsy, probat.

for wind in $\frac{1}{2}$ belly or guts.

Boyle wallnut leaves in milke, put $\frac{1}{2}$ into a
Bladder hot, & apply it.

Also take a suppository of Allum. probatum.

Against $\frac{1}{2}$ Collick.

Take venice treacle in broth made of
mutton, or veale, or of a yong pullet.

for $\frac{1}{2}$ wind Collick.

Take winter Savory, stamp it & strayne it with
strong Ale, drinke this warme, & immediatly $\frac{1}{2}$
paine will cease.

Also a cupping glass set on $\frac{1}{2}$ navell gives present ease.

Another for y^e Collick.

Take flower & ale & drinke it unsoo with a litle
sugar. Or take Hempseed & dry it, &
make a powder thereof, & drinke it with ale
or wine.

Against y^e Collick.

Take Venice tryacle in broth made of mutton, or
veale, or of a yong pullet.

The Dose is y^e wright of an Egyptian Beane, or a
Drachme to be taken fasting.

For the Hiccock

It is not to be given to
children, nor very old
folks, nor women wth g^d.

Take an handfull of Onisodas bruiso y^m & tro y^m
in a linnen cloth, warme y^m at y^e fire, & smell
to y^m. It cureth. Probab^l.

Old m^r Charltons medicine ag^t y^e Collick.

Eate every day a good quantity of horse Radish steep-
ed in vinegar; And drinke sidor mixt with
ale, & this will help against y^e stoppage of water.
Both these are approved.

For griping in y^e belly.

Brise y^e herbe Colendino with y^e rootes, & heate y^m
with y^e oyle of Camomile; & apply y^m to y^e navill.

For a Cough or stuffing of y^e Chest, as also to
cleans^e y^e Reines or bladder, & to expel y^e stones

Take & decoction of Hoar-few. with some sugar or
honey put thereto; this helps & infirmities above
mentioned. =

Against an old Cough & to provoke
urine made by Drops.

Take an handfull of Hisp, 2. ounces of figs, one
ounce of sugar-candy, boyle ^m in a quart of mus-
cadine untill halfe a pinte be consumed, & strain it,
& take thereof morning & evening,
It also helpeth to breake winds.

Against I could a Rheumatick distillations.
Drinks. 7. Bay-berries in wine or beere for some days
together.

Also an Electuary made with Bay berries & honey is
good for old Coughs & Distillations. .. Virtues of Rosemary.

no decoction of Rosemary in wine, helpeoth I could
Par. distillation of J^{r} brains into J^{r} eyes, & all other could
Linson. distillations of J^{r} head.

Also it is a remedy for windinos in y^e stomach & bowells,
 As also for y^e Hypochondriack passion & winds in y^e spleene:
 The Dryed leaves shred small & taken in a pipe like
 tobacco, is good for those y^e have any cough, Tisick
 or

or Consumption.

For \bar{y} winds, spleens, & stones,

Stitches, shortness of breath & wheezings &c.

The fresh roots of *Enula campana*, preserved wth sugar,
or made into a syrup or conserve.

The dried roots made into powder & mixt with sugar,
doth also cause urine, & ease \bar{y} paine of \bar{y} stone in
 \bar{y} Kidneys; It expells melancholy, & moves \bar{y}
belly downward.

The iuice of it in wine killeth all manner of worms.
And gargled in \bar{y} mouth or chewed fasteth loose
Tooth. "

for the *opthisick*.

Take Anisood, Licorish, sugar-candy, *Enula campana*
roots, pare away \bar{y} utter rinde, & take \bar{y} white next
to it; make all these into a powder, & eate it dry -
morning & evening. "

for *phlegme* & stopping in \bar{y} Stomack.

Take 2. handfulls of hony-succles-leaves, 12 of
Anisoods, 3. sticks of Licorice, boyle \bar{y} in a quart
of water to a pint, & drinke thereof in a
morning fasting. "

To cure a Dry Cough.

Take yellow Saffron otherwise called *Luri pigmentum*, mix it with $\frac{1}{2}$ yolk of an Eg, put it on a piece of new cloth, & upon an hot tile or brick & stire $\frac{1}{2}$ so. so. wth a chanbot close $\frac{1}{2}$ you may receive $\frac{1}{2}$ fume, $\frac{1}{2}$ go into a warme bed, & sweate a little after it, & in twice or 3. times usdg, with 3. or 4. dayes betweens, it will cure.

Probat. by m^r. Thomas Davids of Wigmoro. /

An excellent medicine for any cold or stopping in $\frac{1}{2}$ breast & to cause $\frac{1}{2}$ to ryd flegme

w^{ch} may be given to a child of 3. dayes old. /

Take of Anisido water $\frac{1}{2}$ strongest & best you can get halfe a pinte; put into it. 4. ounces of sugar-candy, put $\frac{1}{2}$ together in a dish, & put it upon a chafindish of coales, & let it burne untill it will burne no more, continually stirring it; then take it of $\frac{1}{2}$ fire, & put into it 2. ounces of rose-water, & stirre it well till it be could, $\frac{1}{2}$ it may incorporate; then in a glasse boope it for $\frac{1}{2}$ use. And thereof take 2. or 3. spoonfulls morning & evening. & as often as you will in $\frac{1}{2}$ day. "

for a Cough.

Take one pint of Ale, one penny worth of large mace .i. spris or 2. of Rosemary, ad to it a quarter

quarter of a pound of white sugar to make it a Syrup, put to it an ounce of *Enula campana*, & take it with a licorish stick.

Another for y^e same.

Clarify a pint of hony on y^e fire, take of y^e scum, & put into it an ounce of English Licoris, beaten & searced, 2. ounces of red currans bruised, of anisoods & sweet-fennell seede, halfe an ounce of each, grossly bruised. Put all these things into y^e hony, & stir it with a spoon untill it be couled; then put it into a pot, & take of it night & morning, or any time upon a licoris stick. Probat.

For a coule.

Take sweete worte of Ale y^e first shut, & boyle it to a thick Syrup, y^e rouse it in fine sugar, or sugar candy Probat. It is also a Cordiall.

This Cureth any dry Cough,

Take a pint & a half of Hisop water, half a pint of Rose water, a quart of aqua vita, a good quantity of Licorish well bruised, 2. spoonfull of Anisoods bruised, half a pound of white sugar-candy, 2. ounces of Caligall bruised; Let all these boyle till they come to a Syrup, & with a stick of Licorish you may take of it day or night.

ff

If you will make it into pills, you must let it in-
-fuse 7. dayes & nights, & if boyle it on a chafordish of
coales close covered, & keepe it alwayes stirring, untill it
come to a thicke substance, as you may worde it into
pills; then take & let y^e melt in your mouth. *probat.*

Against the Rheume.

R. 2. unces of Symp of mirtle, & take therof a
spoonfull when you go to bed. *probat.*

Against a consumption or Dry Cough.

Boyle garlick in 3. severall waters, & let y^e water boyle
every time before you put in y^e garlick, then pound
sugar-candy small incorporate y^e & take first &
last. *probatu.*

For to stop a flux of Rheume.

Take of gum Olibanum & sleepe with it in y^e mouth
every night. *probatu.*

Betony. Good for all sorts of coughs, whoosings, or
shortnes of breath, Distillations of this Rheumes
upon y^e Lungs. Thus taken, mix y^e powder of it with
pure hony & so eat of it.

The syrup of horehound doth wonderfully, & above-
credit, ease such as have y^e Cough of y^e Lungs.

For an old cough.

The decoction of hisop, made with figs hony water
& Rue, helpeth an old cough, shortnes of breath,

or any obstructions, or stoppings of y^e breast.
 The surup, or iuyce of y^e same, taken with syrup of
 vinegar, purgeth tough & clammy fleagmes by stauing,
 & driueth forth mormes if it be taken with figs.

St. Tho. Edwards receipt y^t cured his
 father of an Impostume in his body.

Albanum beate to powder 2. or 3. knops, & put into an
 apple & roasted, & eate it.

~~For a Consumption or dry Cough.~~
~~Boyled garlick in~~

The use of veniced Eryacle.

The Dose is y^e weight of an Egyptian Bean, or a Drachme
 to be taken fasting.

It is not to be given to children nor very old folkes
 nor women with child.

Against y^e Collicke.

Take it in broth made of mutton, or veale, or of a
 young pullot.

For y^e Cough

Take it in sweet wine, if y^e party hath no ffever,
 otherwise in water where raisins haue bin
 steeped or boyled.

For

For short breathing it is a sure Remedy.

Cure it with water of squills, or with y^e decoction of hyssop,
 Enula campana, or scabious.

Against obstructions in y^e Liver or spleene.

Cure it in decoction mulso, vinegar & honey, or oxymel, or
 in decoction of deare Cinostia, Eramo, or scolopendria
 spleens wort.

For an Ague.

Take Tobacco & currans of each alike, & a few Corianders
 beat these together in a mortar, & bind it to both y^e
 wrists, a little before y^e fit comes go to bed, & in y^e
 fit drinke a good deale of posset drinke, made with
 y^e iuice of oranges, And let not y^e stuff be taken
 off till you be cured. Probat.

For y^e same.

Slice a Lemon thin & steep it in aqua vita, y^e
 make it very thick with sugar, & in y^e beginning
 of y^e fit eat thereof. Probat.

Another

Take Bay leaves & sage leaves, sooth y^e in white wine;
 strain out y^e leaves, y^e take Bay berries lightly
 bruised & put y^e in y^e wine, & drinke it a little
 before y^e fit comes.

Another

Make a Cardus posset, & into a draft of y^e posset drinke
 put 2. or 3. spoonfulls of y^e iuice of feaverfew.
 Probatū by Col. Harley his Lady. or make a
 Rue-posset.

A rare cure for a burning feaver
or any distemper by heat.

Take a pickled Herring & take out y^e bones, then
heate it & lay it to y^e bottoms of y^e patients feet
as hot as he can endure it. Probat. & batum.

For tremblings of y^e Heart, for faintness
palsies &c. & for such as are subject
to vomit up y^e meate.

Take y^e Conserve of Rosemary flowers every morning
fasting. Probat.

An approved good powder for y^e winder
or yiddinos in y^e head.

Take anisodds, sweete Honell seedes, & Carraway seedes, of
each one Drachme, of ginger & camin seedes halfe a
Drachme, Enula-campana, & angelica roots halfe a
Drachme, cut y^e roots & grossely bruis y^e seedes, y^e ad 5.
Drachms of white sugar-candy. & use it at y^e pleasure.

An present cure for y^e head-ach.

Take Camomile & dry it betwene two hot Silks, then
put it in y^e shoes & go upon it. y^e probat.

To purge y^e head or to cure sickness

Snuff up into y^e nose y^e iuice of Beete rootes.

Against y^e Head ach.

Take y^e iuice of Fry, & oyle of Roses, mingle y^e together
with wine, & anoynt y^e head therewith y^e probat.

For y^e falling sickness.

Take a live Raton y^e outdor y^e better, keate an oven red
hot, sweep it very cleane, put y^e Raton alive into it,
y^e stop y^e oven very close, & let y^e Raton be burnt to powder,
Then put y^e quantity of a spoon full or more of y^e powder
into a little broth, & give it y^e patient morning & evening.

Another for y^e same.

Take y^eiony rootes, dry y^m well, y^e cut y^m small, & giue it y^e patient to eate in his potady at meales, & let him drinke it continually, in his drinke, especially in y^e morning fasting & at evening.

For y^e piles, or Kings-Evill.

A decoction of y^e leaves & rootes of *Leonurus* doth wonderfully helpe y^e piles or Hemoroides, as also, all burnells, wouns or tumors.

for y^e Kings-Evill.

Take Egermory & byle y^e ruts & stalks of it untill it be soft, wash y^e sores & apply it, also hang y^e rootes of it about your neck. *probat.*

To stop Blood

Take a linnen cloth & burne it not to dust, but untill y^e white be out of it, then dip it in wine vinegar, & apply it. *probat.*

To stanch y^e bleeding at y^e nose.

Blow y^e powder of Solo armoniacth into his nose, or binde y^e patient with imble very hard about y^e temples of y^e head.

To stanch blood.

Take red nettles & red colowort & hays dung, stamp & temper y^m well togethor, & lay it to y^e wound. *probat.*

For y^e Hemoroides.

Take a linnen cloth, pi^lse on it & apply it in y^e bod.

For Rhums in y^e Eyes.

Get an egg hard, take out y^e yolk, & put a good peece of Allom^e colmored y^e whites, & as it molts squeeze y^m together & apply y^e water to y^e eyes.

For y^e Eyes.

Take distilled water of groundsell, cureth y^e inflammation of y^e eyes, & watering of y^m.

A very good neck playster to draw back y^e Rhums.

Take a quartor of a pint of muscadell, 2. nutmegs, one pennyworth of cloves, 2. pennyworth of large mace, 2. pennyworth of Burgundy pitch, haife an ounce of rock diaculum.

The spices must be finely beaten, & put y^m into y^e muscadell, & boyle y^m to a salve; w^h y^e is done put in y^e rest of y^e ingredients, & let y^m boyle a good space; then spread it on leather or velvet, & lay it to y^e bone in y^e neck, 3. fingers broad & one finger long.

For y^e Rhums in y^e Eyes.

Take lapis calaminarius, heate it & quench it often in white wine & drop it into y^e eyes. Probat^{ur}.

Vine water also cureth y^e inflammation of y^e eyes. & also sugar-candy dissolved in water.

M^{rs} Dow her medicine to cure sore Eyes.

Take halfe a pint of spring water, & put into it as much white Coporas as will ly on a shilling, incorporate y^m well & y^e wash your Eyes. Probat^{ur}.

For y^e tooth Ache.

Take y^e powder of corall mixe it wth red wax, & stop y^e tooth.
Or take Bals armoniac & stop y^e tooth.

for y^e same.

Take y^e iijcs of Honbane with looke soder, burne y^m
together, & receive y^e smoke through a funnell.

for tooth.

The iijcs ^{or decoction} of Colendine gargled betwene y^e tooth lageth
away y^e payne. And y^e powder of y^e dryed root
layd upon an aching hollow or loose tooth, causeth it to
fall out. Or take y^e fume of sugar.

Another

Take y^e fore foot of a moule, & hang y^m about your
neck. Probatur. Edm. Whittingtons medicino.

To kill y^e lons wormes.

Mints boyled in posset drinke. It is good ag^t y^e graving of y^e heart, it
stirreth up appetite taketh away y^e obstructions of y^e liver. It is good
ag^t y^e gravell in y^e kidneys. & ag^t y^e stone & strangury.

To kill wormes in stomack or belly.

Take a little of y^e iijcs of water Germander, or of its powder
in drinke fasting.

To kill wormes in children.

Take half a spoonfull of wheat meal finely drest, & put it into a little running water, & steepo it untill it be white as milke, & give y^e child y^e water to drinke.

To cause children to breede y^e tooth easily.

Take y^e brains of an hare or an hen & boyle y^m, & rub y^e gums.

For y^e Rickets.

Take oyle of Sill, oyle of vervill, & oyle of night shade, of each a like quantity, mingle y^m together & anoynt y^e child, from y^e breast to y^e armes, & downe y^e sides.

for 4th Counto.

Take milke, small plantain leaves, & wheaten flower,
boyle ^m to a plaister, & apply. y^e probatⁿ.

Another.

Take 2. handfulls of Wormwood, hearbe of grace,
Sage, Rosmary tops, Bay leaves, & an handfull of
Bay Salt, boyle these in stale beere & so bath y^e
legs in it as hott as you can suffer it, till it be
cold & y^e go to bed. this must be don upon an
empty stomach.

To wash y^e Legs to strengthen y^m ag^t y^e Counto

By D^r Mathias.

Take a quart of Clarot wine, of Rosmary, Sage & bay
salt, of each one handfull, boyle these together a quarter
of an houre, close covered with a simpering fire, then
dip a sponge in it, & wringe it a little out setting y^e feet
in a platter, & rub y^e feet scales & all, but not about
y^e Anckles, sponge y^m a good while, & after dry y^m with
a warme cloath, when you are going to bed.

For y^e Siatica.

Take Sily, & mix y^e juice thereof with wheat flower;
make a playster therewith, & lay it where you feele
y^e paine.

For y^e Siatica, or paine in y^e hips.

Take mustard-seede & Cummin seede of each a like quantity,
beate y^m finely in a mortar, then temper y^m with vine-
gar (w^{ch} is well fined) untill it be thick like a salve;
then lay it on white leather; apply it to y^e ioynt at night
& so let it ly on till y^e next day at night, & y^e renew it,
for 5. dayes & nights together & it will cure. y^e probat.

For a stitch.

Take a cake made of Ry & slit it, heate it & y^e spread
bar upon it & so apply it.

To make oyle of snayles w^{ch} is good for
all Aches

Take black snayles put y^m in a linnen bag, & hang y^m on
y^e wall, put into y^m some salt, & receive y^e oyle
as it drops from y^m.

For any, Stiche or payne in y^e side or Hips.
Take shell snayles, summe ^m with Culles-foote & whites
of Eggs & being incorporat, make therof a plaster, &
put ^m into a thin Linnen bag & apply ^m p^{ro}bat.

For Ache or payne in any, part.
Take one spoonfull of oyle of S^t. Johns worte, & y^e like
quantity of oyle of Camomile, mingle these with
halfe a spoonfull of aqua vita, & chafo it in
with a warme hand.

A rare medicine to cure any payne
in y^e Hips, thighs Legs &c.

Take a quart of sallot oyle, one pound of red Lead, halfe
a pound of white Lead, beaten in a mortar & searst
3. ounces of oyle of Bayes. 10. ounces of Castlesoape,
shread very small, put these in a new earthen
pots, upon a soft fire, till it lookes browne, con-
tinually stirring ^m, then take it of y^e fire, &
put 8. ounces of Dravnes grease therin & set
it on y^e fire againe, let it boyle 3. or 4. turns,
then take it of againe, & w^h it is cold make it up
in rowles, & spread of it upon a peece of new cloth
y^e hath not bin put in water, & so apply it: plaster w^h
if it be in y^e leg lay it round from y^e knee to y^e Anckle
& shift y^e plaster once in 24. dayes, this did never faile
p^{ro}batu at Alpthorp.

for swellings & aches.

Take Camomile flowers & rose leaves sooth ^m in white wine;
 & apply it to y^e place pained.

To cure any swelling to breake it & heale it

Take cowshane & boyle it gently in good milke & apply
 it quickenise.

for a bruise inward.

Take water & vinegar, mix ^m & boyle ^m together, &
 drinke thereof somewhat hot. y^eprobat.

for an outward bruise.

Make a playster of Mustard & apply it.

for y^e Cramps.

Take perry-winkle & ty it aboute y^e leg neere y^e
 hame y^eprobat.

When a man hath drunck too much or is hot in his
 stomack; let him drinke water.

An Excellent playster for y^e spleene.

Take melilot, Camomile, Roman Wormwood, Plantayne,
 & betony of each an handfull, beat y^m very small in
 a stone mortar, put to y^m 3. pounds of fine Resin, 12.
 ounces of sheepe suet, & one pinte of white wine, melt
 y^m altogether in an earthen pot, let y^m stand 8. dayes, &
 boyle y^m perfectly, straine y^m & boope it for y^e use, wh.
 is thinly to be spread on y^e flesh side of lamb-leather
 prickt through with y^e point of a knife & applyed, probat.

To drink to help y^e spleene & cleanse y^e blood.

Take harts-tong, wild hep leaves, Bourage wth y^e flowers of
 fumetory, perrey roots, sooth these well in whey, then
 clarifie y^m with y^e white of an eg, & straine it. Drink
 of it every morning for a fortnight, & it shall help
 y^e spleene, cleanse y^e blood & comfort y^e body many wayes.

For y^e spleene.

Take y^e roots of nettles, stamp y^m with vinegar, & lay it
 to y^e spleene wth it swelleth.

And take y^e own water in a morning & wash y^e
 side & a little y^e stomach downward & it wil help you.

A potion to purge & cleanse y^e spleene.

Take of Sona. o. drachms, of strawberry water made
 sharpe with y^e iuice of Lemons, half a pound, put into
 it a little stick of Cinamon, infuse it 24. houres, &
 boyle

boyle it gently, & straine it hard, unto w^{ch} ad an ounce
& halfe of y^e iuice of y^e pippins or pearse-mains, of
sugar-candy halfe an ounce, clarifie it with y^e white
of an eg, & drinke it fasting.

For y^e Spleene.

Boyle y^e leaves of Ivy in vinegar, & apply it to y^e
sides, will ease.

Another.

Take an handfull of tamaris, an handfull of
Burrage, an handfull of Englands flowers, boyle
these in 3. pints of posset drinke, untill it come to
a quart, & wⁿ it is cold, put into it so much syrup
of Wood sorrell as will sweeten it to y^e tast, & see
drinke of it y^e probat.

for the same.

Steepe tamaris in y^e beere all night, & drinke it
with y^e meate or wⁿ you please.

Against y^e y^e plague.

The iuice of a Lemon in y^e y^e plague.

A rare preservative ag^t y^e y^e plague.

Take 3. pints of malmsey, boyle therein one handfull of
Rue, boyle it to a quart; y^e straine it, & set it over
y^e fire againe; put into it a peny worth of long
pepper, halfe an ounce of ginger, one quarter of an
ounce of nutmegs, beaten together. After it is thus
mingled, let y^e boyle a little, then put into it .j.
peny worth of m^uthridato, one peny-worth of y^e
best treacle, one quarter of a pint of Rhenish water.
Take of it morning & evening one spoonfull or 2.
if you be infected already & sweate after it.
If you be not infected one spoonfull every day is
enough. halfe a spoonfull in y^e morning & as much
in y^e evening.
It is good also for y^e small pox or measles.

How to take away Burning or Scalding: y^e heat.

Bath it with y^e iuice of horse Dunge upon a thin cloath
and upon it, & w^h it hath taken out y^e fire^{like}, apply some
healing ointment.

For an heate in y^e face.

Take whites of Eggs, & beate y^m very much, take off y^e scum,
& put to it y^e iuice of Seesgreene, strayne y^m together,
& y^e wett a cloth in it, & lay it to y^e heate. Probat.

To cure a red face.

Take .6. spoonfulls of Dried Capons grease, & an ounce of
Cinamon, & as much Brimstone as a wall nut, beate y^m
in a mortar very fine, then searge them through a
searge or fine cloth. mixe altogether & anoynt y^e face
with it. Probat.

To loose y^e belly.

Take butter-milk made in y^e morning, let it stand in
a cleane vessel, at night take good milke, & over it
put y^m together, drinke therof milke-warme in y^e morn-
ing. Probat.

To provoke sleepe. as much rosewater, as m-

Take a spoonfull of womans milke, as much of y^e
iuice of Lilio, boyle y^m in a dish, & take fine flax,
moisten it with y^e liquor, grate a nutmeg & straine
over it & apply it to y^e temples of y^e head.

For a Squirrey in y^e Throat.

Take reason made of Reddew, & solue it & make
a plaister of it & apply it. Probat.

For a Surfet.

Take one spoonfull of mustard seed & grind it
in 6. spoonfulls of beere or Ale. & drinke.

To Draw up y^e vena.

Take ground feg, or allspice, heated very hot & beaten
hot Tiles & so apply it hot to y^e Crowne of y^e head.

To helpe y^e mother.

Somer savory, is a present help for y^e rising of y^e mother,
provoketh urine & expelleth winds.

To cure a fistula.

Take auri pigmentum call. dronick, brimstone &
white saps, mingle y^e together, make thereof a
plaister & apply it. This is taken out of Schola
Salerni.

for a flux.

Mothridato & plantane water. & drinke.

For a Dropsy.

Take a quart of milke & after it hath stood 24. hours
skim off y^e cream. then take a handfull of scurvy grass
bruise it, & boyle it well in y^e milke, then put into it a pint
of white wine, & drinke thereof morning & evening. Continue
this divers weekes & it will cure you if you be curable
Probat.

Also, iuce of Lemons in pilsot-drink, is good for y^e Dropsy
but especially for y^e scurvy. # #

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For y^e stings of an Adder

Take Garlike and frye it in Oyle; or may
butter, or any other butter that hath no
salt; but may butter is best; and lay it
to the place stinged;

A Remedy for an Ague be it never
so violent or Dangerous.

Take two penivorth of the powder of mas-
tick, as much in quantity of Bole-armonick,
as much powder of Frankincence, as much
Vonis Turpentine, temper these, and
spread them upon a peece of Leather, so
longe as yo^r finger, and the breadth of
your thumbe, and lay it on yo^r hand =
wrist, one houre before y^e fitt come, then
goe to bed, and drinke this Possett drinke
here prescribed, Take one quart Posset
Ale, and boyle there in harts horne, and
marigold flowers, and figgs then streigne
them, and give to the party to drinke -
It will certainly cure them, by gods
helpe.

A Purgation to preserve from
 Feavers, & Agues to be taken in y^e
 Springe.

Infuse two drams of Rubarb cutt in smale
 slices in foure ounces of Endiue water all
 night, in the morning, dissolve in
 the liquor of manna one ounce,
 streine it and put to it foure or
 five spoonfulls of syrope of Roses,
 drinke it fasting, after two or
 three houres, drinke some psssett
 drinke, or eate some broth.

For the Aque.

Take ten roots of white Daffadillies,
or for want of them yellow ones,
pill them, and slice them, then
put them into a pottle of white wine
or the strongest ale can be gotten,
and lett them boyle together untill it
be sodden from a pottle to a quart;
then streine it, and take of the liquor
halfe a pinte mingled with three or
foure spoonfulls of sugar, halfe an houre
before the sitt.

A remedy for a weaknes in the back.

Take Hawthorne berries, dry them in an oven
when the bread is drawne, and pick the stalkes
of, and beate them to powder, and take as much
as will lye upon six pence, temper it in a spoon
full of beere, then take it, and drinke a little
beere after it: before you take this you must
purge with syrope of succory wth Rubarb, and sy
rope of Roses, take thesesyrops in warme
posset drinke, then it will heale securely.

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An excellent Almond milke good for a
weake back.

Take Clarry, Comfrey, and Mallow roots -
cleane washed and scraped, boyle them in one
quart or three pintes of barly water; you may
ad also a smale handfull of sarsaparilla; when
it is halfe boyled away lett it settle, then
take one pinte or better of the cleereſt liquor;
and beate twenty blanched Almonds or more,
also Liquorice, Candied Tringo roots of each a
like quantity, and one spoonfull of Coriander
prepared, streine them out with this liquor
and so draw Almond milke, you may dissolve
one spoonfull of harts horne Jelly in it; and it
will be the better, but then you must drinke
it warme, othorwise you may drinke it cold;
if you please you may sweeten it with
Sugar.

How

How to make China broth.

Take three quarters of an ounce of China roote finely sliced, steepe it in six pintes of warme water twolve houres, then boyle it gently till halfe be wasted, then put to it a chicken, or a chop of mutton, first scummed in an other water, also scurvy-grass one handfull, Egrimony, Bettany, Brooklime, of each a bundle, one sticke of Cinamon, the weight of a dram, and the bottome of a manchett, boyle all in a pykin closed with paste, till halfe be wasted, lett it coole before it be opened, take of this warme one quarter of a pinte at a time, with a spoonfull of Harts horne ielly dissolved in it, in the morning first, and at foure of the clock in the afternoone.

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To stanch blood.

Take the white wooll that groweth betweene the hinder leggs of a hare, and applic to the place; or the iuce of a nettle, or only the herbe bruised, and layd to; Or bleed in a syre shouell, Dry and powder that blood, and strew the powder in the wound;

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For a Cough & hoarenes.

Take a spoonful of oyle of ^{sweete} Almonds, new drawne,
& mixe it wth browne sugarcandy, finely beaten,
till it be as thick, as conserue. Take this
quantity night & morning, let it melt -
downe leasurly.

For a Ptisick.

Take halfe a pound of Liquorice, scrape
it, & cut it in little peeces, put it into a
pottle of running water; boyle it & scum it
uery well; when you haue don soe, set it to
infuse in y^e embers all night, (noe longer)
you must doe it in a pipkin couered. take
six spoonfulls warme night & morne, this
is uery good & opening.

Syrop of Garlick

Take 2 little cloues of gallick, pulled from
y^e heads, boyle it in a quarte of springe wa-
ter; till it come to a pinte, then take 2 oun-
ces of browne sugarcandy, & put into y^e pinte
of water, & giue it 1 boyle. Take ^{spoonfulls} 3 or 4ⁿ
of this in y^e morning fasting, & y^e like at
4 in y^e afternoone, being taken cold not
warne.

For

For a Cough.

Take y^e pulpe of a Lemon wthout seeds, -
 mixe it with fine sugar; till it be like su-
 -gar, take of of this often in a day. y^e
 muscadine mentioned in y^e next, will be
 good to take after this, for as one heates y^e
 other cooles.

To stay a tickling Rheume.

Take a peny pot of muscadine make a
 + put it in white toast eat it & drinke when you goe to
 bed & y^e like in y^e morning fasting soe doe
 for 3 dayes

For a Cough.

Take a new layd eg, put out y^e white, fill
 up y^e shell, with red rose water, sugar, &
 halfe a nutmeg sliced, warme it, & take
 it when you goe to bed, 3 times.

To make Syrope of Turnips.

Take Turnips, rost them in y^e fire as you doe
 a warden in a wet paper, then pres out
 y^e iuyce betweene two plates, & mingle
 it with sugarcandy, & soe take a spoon
 -full of it some times. Some bake y^m
 in a pot in y^e oven & ~~take~~ mingle y^e iuyce,
 but it is not best to boyle it, it makes it

too stronge in tast; y^e other way is pleasant
in tast & may be taken for a drye cough.

To make syrope of sugarcandy

Take a bladder, wash it uery well, take a
pound of sugar-candy, beat & put it in it;
& tye it close, hange it in cold water for
24 houres, & it wil dissolve to a syrope,
then take of it: it hath helped uery great
coughes.

For a Cough.

Take a quarte of springe water boyle o pip-
-pins in it, boyle it to a pinte, straine it,
& mix it with sugarcandy, take now & then
a spoonful.

For y^e same.

Conserue of redroses mingled with Brimstone.
take at night y^e quantity of a wall nut, &
as much in y^e morning.

To stay a cough, if they be loose in
the Body.

Take some springe water, put into it some
conserue of red roses, & a crust of bread,
boyle it together, & giue it at night when
they goe to bed, with a little corne popie sy-
rope, in halfe a pinte of this drinke at a
time

254 time. if yo^r body be not loose, take it
in ale berie or what you like. you may
take it a weeke together: if they be fea-
uorish giue it in almond milke made wth
barley water, make it milke warme
when they take it, at night when they
goe to bed.

For a Cough.

Take halfe a pinte of aquuite, put to it a
good deale of fine sugarcandy, or sugar,
put it on y^e fire & stir it with a liqorice stick,
light a paper, & set it a burning as longe as
it wil, stirring it all y^e while, it burnes with
a stick of liqorice, then take it of y^e
fire. take a spoonfull & more now &
then, & warme ~~for any cough~~

For any cough

Take Raisons of y^e sun fride in butter,
eat them in y^e morning fasting.

For a Cough of y^e Lungs.

from
my
cosin
Grif.
D.W.

To rub the teeth in children to make y^m
cut y^e flesh.

Take powder of Coral & mingle wth it iuyce of
Lemons & rub y^e gums

To drive from y^e heart

Take venice triacle, carduus water, & syrope
of Citrons, mingle them well, give them
now & yⁿ 2 or 3 spoonful as you see cause
if children haue screching fits, give y^m
this, it hath been tried.

For a Cough in children.

Take a pippin, cut out y^e core, fill it with
white sugar candy, put y^e top of y^e apple
on againe, rost it, & give it them to eat
when they goe to bed. If they be hoarse,
give y^m a little oyle of sweete Almonds,
wth sugar candy.

For conuulsion fits in children.

Take y^e skin of a capons gizzard, w^h you
pul of when you dres it, dry it in an oven
& beate it to powder, give y^e quantity of a
gizzard in 2 or 3 ^{spoonfuls} of black cher-
rie water, give it 3 times.

Lime tree blossoms stild is uery good, y^e
water is much better then black cherrie
water

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water. hang a peece of piony about y^e neck — the powder of this gizard skin is good for y^e Stone taken in posset drinke.

For y^e same.

Take black cherrie water, ysope water, syrope of Piony, syrope of Gilliflowers; mingle it together; & let y^e childe & nurse
L. take of it 3 or 4 spoonfuls now & then.
Lime tree ~~For y^e same~~ blosome water is better then black cherrie water.

For winde in Children.

Give y^e a little saxafrage water, wth a little diascordium in it; at night when they
L. are ill.

For a thirst in a Childes mouth.

Wash y^e mouth wth planten water, & syrope of mulberries, but not too much planten (y^e is too cold) & put fine sugar finely beaten into y^e mouth, it will clense, & heale it.

For y^e Rickets in Children.

Take foxfearne, scrape it, & boyle it in milke, or broth, or what y^e child will take it in, give it a weeke, & then leaue a weeke, &
L. then give it agen.

For a Cough

Take 4. ounces of Conserue of red Roses, 2. ounces of white sugary beaten, a quarter of a pound of Raisons of y^e sun stoned; beate all these seuerally, then beate them altogether to a conserue, & then mingle into it 6. drops of oyle of vitreall, 12. drops of oyle of sulphure; take of this y^e quantity of a nutmeg, first in y^e morninge, (fasting an houre after) & last at night; & at foure a clock in the afternoone, if y^e cough be violent.

For shortnes of breth

Take a wine glass of penyroyall water stilled, & soe take it 3. mornings together.

For a ^{stuffing} ~~penyroyall water~~ with Cold
in y^e stomach.

Take a pinte of Hyssoprator, put it into a pitcher; & a penyworth of Licoris & Elicompane sliced, a penyworth of Anisseeds, & a handfull of Raisons. Let y^m stow a whole night in y^e embers
very

258 very softly, & drinke .3. or .4. spoonfuls at a
tyme milke warme. Probatū.

For a sore Stomack wth a Cold.
Take Capons greace, boyle it well with mace.
ānoynt y^e stomach, dip a black browne
paper in it, double it, & lay it to y^e stomach,
& it will ease y^e sorenes, for y^e Cold take
Hysope water, & sugar well mingled, drinke
it for .3. nights, when you are warme in
bed, keepe you warme after it,

For a Cough
boyle in posset drinke a few Iuinbes, colts-
foote, maydenhaire, & Licoris.

For a tickling Rheume
Conserue of red Roses, conserue of violets of
each halfe an ounce; of y^e species of Dear-
=tragent fringed halfe an ounce, powder of
Orris, powder of Olibanum of each halfe a
dram, powder of Licoris .2. drams, Diascordi-
um asmuch as will make it into an electuary
of

Diacordi-
um

of this take asmuch as a Hasell nut when
you goe to bed.

For a Cough. Lady K. Finsh.

Take Licoris & Raisons of y^e sun, & some Bour-
-age, & a little saffron, boyle these in beere,
drinke it when you goe to bed.

For y^e Cough of y^e Lungen

Take a yonge runing red Cock, pull him alive,
then kill him, when he is almost cold, cut him
doun by y^e back & take out his intralls -
wipe him cleane, cut him in quarters breake
y^e bones & put him in such a still as you still
Roses in, with a pottle of sack, & a pottle of
red cowes milke, with a pound of Correns,
a pound of Raisons of y^e sun stoned, a quarter
of a pound of Dates, a smal handfull of Pim-
-pernell, asmuch of Rosemary flowers, .1. hand-
-full of wilde Tyme, 2. handfulls of Buglos
flowers, 2. of ffernell rootes, .1. of Parsely roots
scraped cleane, & y^e pith taken out, a hand-
-ful of Endive leanes, a handfull of succory -
leanes, 2. of Coltsfoste, 2. of maydenhaire,

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2. handf: of ffigs, 1. ounce of Aniseseeds
bruised, 3. ounces of Licoris scraped & bruised,
still all these together with a soft fire, put-
ting into y^e glasse y^t y^e water drops into, halfe
a pound of white Sugarcandy beaten very
small, a booke of leafe gold cut vory smal
amongst y^e sugarcandy, 4. graines of Am-
bar greece, 12. graines of prepared pearle, -
Let y^e water drop upon these in y^e glasse.
mixe y^e stronge water & y^e smal together.

A receipt of a Cough Broth in
a Consumpsion

La: Take a red cock, 5. qartes of springe water,
Bor- 1. ounce of China sliced thin, a pound of Raisons
lase. of y^e sun stoned, an ounce & halfe of mayd-
=enhair, 2. handf: of coltsfoote, a quarter
of a pound of frensh barley, 1. ounce of Anis-
=seeds, 2. ounces of sweete fenell seeds, a
quarter of a pound of Dates, 3. ounces of
good Licoris, 2. ounces of Iimbees, all-
these must be boyled together till y^e 3^d
part

parte be boyled away, then take y^e cock
up, & beate him in a mortar smal, & then put
him in againe, & boyle him halfe a quarter of
an houre, then put all into a still & disstill
it till it be drye, as you drinke it must be
sweetened with browne sugarcandy, y^e quantity
of .4. ounces to a qarte

For a Cough of y^e Lungs

Take English Licoris scrape it very cleane,
then bruise it with a hammar & cutt it in smal
peeces, & to a pound of Licoris thus used, put a qarte
of Hisop water; & let it soake together in an
earthen pot a day & a night; pull y^e Licoris in
small peeces, & lay it in soake againe 2 dayes
more, then streine out y^e liquor & boyle it a
good while & stir it often, then put in halfe
a pound of sugarcandy, or good hard sugar
finely beaten, & .4. graines of muske, & as
much of Ambar greece; bruise y^e small wth a
little sugar; boyle this together, then put in .2.
drops of oyle of Anniseeds, & 4 of y^e spirit of
Rosemary, boyle all together till it be thick
still

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still haueing care ^t if you burne it not; then
 put it out into a glas plate, & make it into
 rolles & set it into a dryeing cupboard untill
 it be stiffe ^t if you may worke it into longe
 rolls, then cut y^m into little bits about halfe
 a barley corne, & soe set y^m on y^e glas plate
 againe, & if it be needfull, you may scrape
 some sugar to keepe it from sticking, & soe
 drye y^m, if they be too drye, y^e heate of y^e
 fire will soften y^m.

To make Syce of Licoris

mrs
 ma:
 Lick

Take .2. pound of Licoris, scrape it very cleane,
 slice it in thin slices y^e length of your finger;
 then steep it in a gallon of springe water all
 night.

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To make the Iuyce of Licorise

R^y one pound of Licorise not of the drie
 cleare scraped, & cut in very short pieces
 Then beat it ^{some what} ~~very~~ small, & put it into a
 glasse still, or stone Iugge never used
 with Beere: & put thereto somuch of the
 waters of Colts foot, Hysope, Horsehound
 scabius flowers, as may stand four finger
 deep above the Licorise: & then presently set
 it in some water, & boyle it four hours, and
 so each other day heat it in water throughe
 for the space of Ten or 12. days. Then
 streyn it a litle at once, & the thinnest of it
 evaporate away over seething water. Then
 adde one pound of white sugar Candy, &
 put it into severall dishes, & dry it up in the
 sun till it be stiffe. That done, use somuch
 of Gum dragon steeped in Rosewater, as will
 sufficiently bind it, & dry it in the sun as it
 may be made up in rolls. You may adde
 Either muske or oyle of Anise seeds if
 you like it for the Tast. #

For a Cough of y^e Lungs.

Take an ounce of china thin sliced steep it 12. houres in a pinte of conduit water, in a new pipkin y^t may hold 3 quartes, addo to it 3 pintes of water more, put to it a handful of maidon=
=hair, 12. or 14. Guinbes, & a handful of ston=
=ed raisons of y^e sun, a quarter of a pound of currens, 12. or 14. sliced figs, 2 pēnyworth of licorice sliced, a thimbleful of annisseeds, 2 pēnyworth of browne sugarcandy, if you loue it sweete; let it stand upon y^e fire close co=
=uered 3. or 4. houres, till a pinte be consumed, let it not boyle. if y^e cough be uiolent, put in some syrope of Guinbes. drinke of this halfe a quarter of a pinte in y^e morning, & at 4. of y^e clock in y^e afternoone, y^e china wil serue twice.

For a stufing & drynes

Take a pound of madder, put it into a gallon of ale, & drinke it.

for

For a Cough

- ℞. Take new milke, slice in some pippins, let it boyle, & it will turne it very cleare, take of y^e curd, & drinke a draught of y^e drinke sweetened with sugar at night when you goe to bed.

A Syrope for y^e Cough.

Take a quarter of a pinte of Hysope water, as much mintewater, almost a quarter of a pinte of conduit water; put a quarter of a pound of hard sugar into y^e waters; rost 12 blew figs, & bruise them, & put them in to y^e other things; let y^m stand soe all night; then drinke of it morning & evening, till you finde ease. you must fast 3 houres after y^e takeing of this.

For a Cough of y^e Lungs.

- ℞. Take a new laied eg, & flower of Brimstone, warmed by y^e fire, 3 mornings fasting.

drinke

drinke after this halfe a pinte of milke
warne from y^e cow.

For y^e Lungen if they waste by Coughing

Take a pinte of stroakings from y^e cow, boyle
it well, take a new layed ey, & 3. spoonfulls
of red roswater, put it into y^e milke, &
mize y^m well together, let y^m have one rise
upon y^e fire, take asmuch of it as you can
3. mornings together.

An approued medicine for a Cough
of y^e Lungen.

Take raisons of y^e sun a quarter of a pound, be-
ing first stoned, of Annisseds as much, Lico-
ris scraped, & cut into thin slices, 2. ounces of
Lignum vitæ, Sarsaparilla 1. ounce, then take
a gallon of small ale, & set it ouer y^e fire, till
it begin to boyle, & as y^e scum riseth take it
of w^{ch} done, put y^e foresaid ingredients into
y^e same, & let it boyle there in, till y^e third
parte

parte or more be boyled away; then take it from y^e fire, & let it stand a little: soe take there of at yo^r pleasure. Probatum.

For y^e Cough Rheume or any distemper of y^e Lungen

Take 6 handfuls of y^e tops of unset Hyssop, 4 of foalfoote, ~~leaves~~ 7 of Rosemary flowers; stamp these together, streine it into a dish, put therein halfe a pinte of Hyssop water or runing water; set it on a chafeing dish of coales, then put into it a quarter of a pound of English Licoris finely searsed, stir it together, & let it haue 1. boyle, then take it of & put it into a scellet, & when it is halfe boyled, put into it a quarter of a pound of white sygar candy, & soe stir it continually till it be of y^e thicknes of a paste, then roll y^m up in bullets, or flatt, or how you please, & drye y^m in y^e sun, & keepe y^m for yo^r use. The middle of May will be y^e best time to make y^m.

To pre

To prevent a Consumption

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To breed good blood in younge or old.

Take of Corens one pound boyle them in faire water, with halfe a handfull of Rosemary flowers, you must put the flowers into a fine cloath, when the Corens are ready, you must lett the water run from them through a culender, and put the Corens into a quart of muscadine, then lett the party eat every morning, halfe a poring-er full, and at foure a clock in the after-noone.

A most excellent water for a woman that is in trauill or Childen-bead.

Take the waters of Borage, Balme, Buglass, Cardus, and Cowslips, of each of these one pinte, of Rinish wine asmuch, put all these into an earthen uessell, and put to them one handfull of rosemary flowers, asmuch sweete maiorum, a quarter of an ounce of Cloues, as many nutmeggs, as much lignū alloes, bruiſe all these uery well, and put them to the waters, and ~~lett~~^{lett} them infuse foure and twentie houres, then putt them into a still, and when they are stilled, to euery quart of that water

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tis, as much syrope of Roses, then put them in
a glass, and keepe them for your use.

This is a most excellent water for a woman that
is in trauill, or childbead to giue her a spoonfull
or two, once in an houre, as often as you shall
thinke fitt.

To make Childe birth easy.

Take Chickmilde, mallowes, Pelitory of the wall boyle
them till they be soft, in as much water as will fill
the pain, when it is boyled enough, put a quart of
milke unto it, and use it every day at morning,
and at night when you goe to bed, use it till
yo^r time cometh in the nature of a bath.

To preuent after panges of women in Childbead.

Take spirit of saffron a quarter of a spoonfull in
a little white wine, three or foure dayes before
bringing to bead, you may haue the spirit of saffron
at mr. Heathes at London stone, a spirit drawer.

For

For one in danger of miscarrying.

Take nine or ten treadles or knots of eggs, one spoonfull of sugar Candy, a spoonfull of Rosewater, as much of Bole armonick as will lye upon a shilling, mingle these together and swallow it downe your throat, and take it three mornings together. it will cure you, and make you stronge.

For one subject to miscarry.

Take the iuce of Plantine, a little sugar Candy, and Correll, two spoonfull at a time, and it will helpe you, with gods leaue.

For a Consumption.

Take Gallingale, Cloues, Quibibs, Ginger, Mellilett, Cardamums, mace, Nutmeggs, one dram of the iuce of salendine, of aquavite one pinte, of white wine three pintes, pound the spices, and infuse them in the liquor one night, in the morning distill it in a glass still, wth a soft fire, this clenseth the blood, and is good for wasting of the lungs; take once a weeke a spoonfull, in the winter two spoonfulls.

A list

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A Jitt Drinke usually to be Drunke at any
tyme, good for any disease or Consumption:

Put into ten gallons of new beere these ingredients
following; two ounces of nutmegs bruised; two ounces
of saxafrage thin sliced, halfe a handfull of tamaris
one handfull of sage leaues dryed in the shade,
likewise the tamaris must ^{be} dryed, one pecke of scur-
-uy grass, six of water Cresses, six handfull of brook
-lime, let your Greene herbes be cleane washed,
picked, and dryed wth a faire cloath, then shred,
and pound them very smale, and put them wth all
the rest of the things in a boulden bagg, and hange
the bagg in y^r. barrell, wth a pibble stone to
make it sinke, so turn y^r. beere into it.

. A very good remedy for a consumption.

Take one handfull of wheate bran, tye it up wth uvery
hard in a cloath, one ounce of sweete fennell seeds,
as much of Annisseeds, halfe an ounce of Liquor-
-ice, one quarter of a pound of figgs sliced, the like
quantity of Raisons of the sun stoned, foure or
five coltsfoote leaues; a little mayden haire, two
spriggs

spriggs of unset Isole, boyle these in five pintes
 of springe water, till it come to a pottle, then
 streine it and drinke there of a wine glassfull,
 or a reasonable draught milke warme in the
 morning first, at foure a clock in the afternoone,
 and when you goe to bed.

For a Consumption.

Take a younge Coche ready Dressed, and beate
 him to peeces wth a roaling pin upon a dresser, then
 take halfe an ounce of china wood, and as much
 sea holly roots sliced, halfe a dozen Coltsfoote
 leaues, and a little mayden haire, put ail these
 together into a pipkin with a pinte of muske-
 dine, or springe water, and sett the pipkin
 close couered into a pott of water to boyle foure
 houres, then take it out, and streine it through
 a coarse streiner: you may take thereof a heaped
 spoonfull in a little draught of mutton broth,
 or the gelly it selfe (ading a little sugar if
 it be made with water) first and last, and
 at foure a clock in the after noone.

For a Cold

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For a Cold or surfet, you may give it a
sucking childe.

Take halfe a pinte of metheglin, a quarter of a
pinte of the best Annisseed water, mix them
both together, then take foure spoonfulls of it,
and warme it, and putt into it a spoonfull of

An excellent Cordiall to expell winde, and
comfort the spiritts.

Take one ounce of syrope of Clouegilliflowers, a dram
of confectio Alkermis, one ounce and halfe of Bar-
=age water, thas much minte water, and three
ounces of Docto^r Mūssels water, if it can be had, or
Angellica water, temper these together, and take a
spoonfull at a time, it will helpe you.

A Cordiall to comfort the heart & to cause rest,
after a purge or at any tyme.

Take of Diascordium one dram, Cardus benedic-
tus water two ounces, red rose water halfe an
ounce, & syrope of grapes two drams, mix them
together, and drinke it when you goe to bed.

Anoth

Another Cordiall.

Take of Diacordium halfe a dram, confection
 Alkermis five ounces, Conserue of red roses
 the weight of six pence; mixe them together,
 and swallow it downe at night when you goe
 to bed, and euery morning eat as much as a
 Chesnut of conserue of red Gilliflowers, doe
 this, six nights and mornings.

For a Consumption,

Take a capon, or Pheasant; and putt in the
 belly cloues, Cinamon, of each one quarter of
 an ounce, Burase, violets, Rosemary flowers,
 of each one handfull, marygold flowers two
 handfulls, greene Tamariske barbe, two
 handfulls, twelue Dates, Raisons of the sun,
 stoned, halfe a pound, Sweete fenell seeds,
 Annis seeds, of each one ounce; Fenell rootes,
 Asparagus roots, Oringo roots drye, of each two
 handfull, boyle altogether to a broth, wth one
 quart of white wine, and water sufficient, then
 putt them in a sill, and distill them; infuse
 in the distilled water, bruised Cinamon, Raisons
 stoned

stoned, and sugar Candy; this is a most rare water.

For the Cough if violent.

Take London treacle, one nutmeg, and one pennyworth of saffron in flakes, and lay it upon the pitt of the stomach, and shift it every foure and twenty houres, three dayes together: and it will helpe you.

For a Cold.

Take halfe an ounce of the syrope of mayden haire, of the syropes of coltsfoote, Isope, and vinigar, as much, mingle them all together, and take it morning and evening, with a Liquoris stick.

The virtues of Cumfroy.

Comfrey rootes boyled in wine and drunke, or ranche the iuce of it helpeth the spitting of blood, and wounds, and burstings, bruised in manner of a plaister, and applied to greene wounds heales them; the conserve, or syrope, preuaileth much
against

against ruptures, or burstings, or greefe of the
 lungs; and the decoction of the roote, or the sli-
 -me substance is excellent for weaknes in y^e
 back, coming by a streine, or otherwise, being
 drinke in possett ale foure, or five dayes toge-
 -ther. Some poure of the roots with knotgrass,
 and clary-leaves a handfull of each stamped,
 and streined, with a quart of muscadine, and
 three yolles of eggs, and the powder of three
 nutmegs, drinke first and last, is a most excel-
 lent medicine for the running of the reins, and all
 paines, and consumptions in the back; the syrope
 is thus made, take two ounces of Cumfrey roots,
 one ounce of Liquorice, two handfull of coltsfoote
 rotes, one ounce and a halfe of Pine apple kernells,
 twentie Guinbees, a quarter of a pound of mallow
 seede, one dram of the heads of pappie, boyle all
 these in a sufficient quantity of water, till it come to
 a pinte, then streine it, and ad to that liquor, six
 ounces of sugar, and as much of the best honey,
 then boyle it thorowly to a syrope: then taken certaine
 dayes together, helpeth woomen that haue greate
 weaknesse

weakness, and for the disease a fore said, and cures
 ulcers in the Kidnies, and stopeth blood that cometh
 from thence; This roote streined, and ap-
 plied to the fundament taketh away inflama-
 tions, and ouer much flowing of the emerals.
 This roote is highly comended, for hurts, or wounds,
 for the inward parts, for burstings, and ruptures.

For the⁺ same or Deafness.

+ see pills for the head.

Take a siluer Eele, and rost him, but not bast,
 nor salt him, take the fatt of that Eele, and
 putt to it as much oyle of Almonds, and a graine
 of ciuit, and drop it into your eares.

An excellent powder to be taken after
 meate good against winde and vapours, to
 close up the stomack and to helpe Digestion

Take of Cinamon, Liquorice, mace, nuttmegs
 of each halfe an ounce, Sanders, Calamus ^{aro-}
 matic

= maticus, of each one quarter of an ounce, Orris roots,
 Angelica roots of each one dram, seeds of Annis,
 Fenell, Carriaway, Coriander, of each two scruples,
 Cypress, spicknard, of each one quarter of an
 ounce, sweete marioram, & time, of each a
 dram, beate them all finely, and search them
 together; then take twice as much of confecti-
 = oners white biskot bread made into powder;
 mixe them all together; and take a spoonfull
 there of after meate, it is good allso to make
 a sweete breath:

For the Dropsy moyst or dry;
 Take one handfull of Plantain, water cresses,
 Luernwort, of each one hand full, stampe them
 smale and streine them, then put the iuce
 of those herbes, in an earthen pott, and stop it
 well, then sett it in an ouen, when the bread is
 dranne, and lett it stand there one day, and a
 night, then take it out, and giue the sick party
 one spoonfull, or two at once, to drinke, euening
 and morning untill he be cured; this with gods
 leane.

leane will certainly cure them.

An excellent dyet drinke to be taken in the springe, and at the fall, or after sickness, for swelling in the legs, Dropsy, or Simpary.

Take one quarter of a pound Guaiacum, and two ounces of sasaparilla, put these twelue houres in a gallon and a pinte of springe water upon a soft fire, to infuse all night then lett it sibber the next day twelue houres more, then put in an ounce of hermidac sliced, as much of Anniseeds bruised, also a like of sweete fenellseeds, as much of Liguorice sliced, lett these infuse on the fyre twelue houres, till it be consumed to a pottle, or there about: then put in two ounces of sena, and make a quick fyre, that it may boyle three or foure bubbles, or a walme or two, then take it of the fyre, and putt into it a quarter of an ounce of cinamonhole, and halfe an ounce of Rubarb sliced thin, and tyed in a fine linan cloath, then

then take Rosemary flowers, Cowslip flowers, and Bettany flowers, of all three a reasonable handfull, put them in and couer it close, to stand from the fyre twelue houres more, then streine it through a course streiner, betwene two, and put it up into a bottle, and stop it close. You may put a quart of water to the ingredients to boyle (the Rubarb being taken out) and lett it hang ouer the fyre, then take it of, put the Rubarb in and couer it, and streine it out, as before; for any ordinary people, you must take a quarter of a pinte of it milke warme in the morning, and drinke broath an houre after, as much at foure a clock in the after-noone butt noe broath. Whosoeuer takes this, springe, and fall, shall neuer dye of an appoplexy, and useth the flowers in broath; for the Dropsy, or tympany, it must be taken fifteen dayes together, and drinke noe other drinke; or for morbus gallicus being taken in tyme. This cured a woman that had borne three dead children, and

and another that y^e phisitions had forsaken,
who thought shee had two children ^{with} in her;
one dead, the other a live., by reason of ~~the~~ a
stench that came out at her mouth.

A woman after shee is quick wth child may take
it if shee finde much distemper.

This is a rare, and excellent secret.

For paine or noyse in the Eares.

Take one clove of garlike, pill it, and prick
three or foure holes in the midst, and dip it
into fine English honey, then put it into yo^r
eare, and put a little black wooll after, and
lye upon yo^r ^{mother} syde all night, so let it continue
in yo^r eare for the space of eight daies; it
will expell the humour at yo^r nose, and ex-
pell ~~all~~ the paine in your head, and gaine
yo^r heareing, it is approued by the best
Docto^{rs}.

For a rhume that offendeth the Eyes.

Take sallett oyle, the purest you can get wthout
mixture, and spread it as you would doe butter up:
= on

= on a tost of fine white bread, and cate it, fasting two or three houres after; doe this nine dayes, it will helpe, and worke a greate effect in your body besides.

For the falling sicknesse.

Take dried Cowslips, and make them into powder, and also Bellary; then take two drams of cowslip powder, and one dram of Bellary powder in a good draught of cowslip water, take it twice a day, three dayes before the change, and three dayes after; euery time when the moone changeth; The party must drinke cowslip water constantly euery morning for theyr mornings draught, when they take not the powder; the powder is to be taken only at the change, then you must take constantly in yo^r mornings draught as much as will lye upon six pence; likewise the powder made of the liuer of a kite, and a mappie the quantity of an ounce in a weeke, and as much powder of a dead mans skull as will lye upon
Six

six pence; wthout any other powder this cured one that had it fiftene yeares, of threescore yeares of age, and wth gods leaue it will doe the like to others using it as aboue mentioned.

For fleame or stoping in the stomack.

Take two handfull of hony suckle leanes, and an ounce of Anniseeds, and three sticks of Liquorice, boyle all these together in a quart of water, untill it come to a pinte, so drinke it fasting.

A remedy for the falling downe of the fundament

Take red rose-buds, drye or Greene, and Camomile flowers, cut of the stalkes, and shred the buds, then put them in a little bagg, then put muscadine in a dish, and turne the bagg in it up and downe, till it be well mulld, and then applie the bagg to the place greened, with a bolster of cloath under, & tyed

tyed up wth a cloath, and strings, all night,
& an houre in the morning;

A receipt how to make Harts horne Jelly.

Take five ounces of rasped harts horne, and put
it into three wine quarts of pure water; let
it stand and infuse upon embers all night;
the next morning boyle it up very fast; till
two parts be boyled away, then streine it, &
lett it stand untill it be cold, then take a
siluer porsnett, or dish, and sett it on the
fyre, & put to it a little peece of Lemion pill,
a top or two of Rosemary, or if you can gett
Rosemary flowers, a quarter of a pinte of
white wine, a blade of mace, and a little
stick of cinamon, broke in smale peeces,
and a nutmeg quartred, and a quarter
of a pound of loose sugar that is very
good

one quarter of an houre, or better as fast as
they can boyle: then —

good; then lett all these boyle, then take
two whites of new laid eggs well beaten, and
clarifie it therewith. be sure you put y^e eggs
in when the forset boyles up, then lett
them boyle, & trye a little in a spoon, whe-
-ther it will gelly when it is cold; then take
it of y^e fyre, and put thereto some iuce of
a Lemon, & a spoonfull or two of damask rose
water; if y^e sugar at the first make it
not sweete enough, then season it as you
please; you must have a cotten-ielly. bagg,
& so streime it; lett it run out of it selfe
without crushing it wth y^e hand, then put it
into little marmilad glasses, or what you
please; when you set it to infuse, it must
be in an earthen pipkin; if you would have
it not of a Amber colour; put in no spice at
all; be sure you sett it not on y^e fyre after y^e
juce of Lemon is in; if you please you may
give

give it a sweete odour, & rich tast, by putt-
ing in a little Ambar-greece.

An excellent Jelly for a weake body.
Take halfe an ounce of harts horne shaued,
white Corall, Isingglass, of each as much,
white sanders, shauings of Tuory, of each
one quarter of an ounce, boyle all these in
cleare water one pinte, till halfe be consum-
-ed, then ad two ounces of fine sugar, and
halfe a pinte of pure damask rose water, and
boyle them againe to halfe a pinte, then
take it of y^e fire, and streine it, & when it
is almost cold, ad to it foure graines of Am-
-bar-greece, & two graines of y^e best muske,
oyle of cinamon. two drops, and keepe it
for your use.

The

The Lady Staffords black salve for y^e Goute,
used as a seare cloth upon leather; and it is also
good for swelling in the ioynts.

Take of oyle-olive three quarters of a pinte, halfe
a pound of white leade, one ounce of Cerus, and
one ounce of yellow wax pounded; searck y^e leade,
& Cerus uery finely, then sett them on y^e fyre, &
after they haue boyled a good while, ad there
unto two ounces of white wine vinegar; then
boyle them all together till the same grow black,
then ad there unto one dram and a halfe of
Camphire, when it is taken from y^e fyre, stir
in one ounce of uenice-turpentine, and one
ounce of bole armonick, finely beaten to powder;
then as a seare cloath lay it on the place
greued.

A. plaister

A plaister for the Goute that cured the
 Lord Rich when all Docto^rs thought him uncure-
 -able, yett by this he was cured.

Take halfe a pound of unwrought waxe, halfe
 a pound of Rosin, of olibanum, a quarter of a
 pound of fine lithargie of gold, three quarters of
 a pound of white leade, all beaten to powder, &
 search it through a search; then take a pinte of
 neats foote oyle, and sett it on y^e fyre in a smale
 vessell, wth the wax & rosin, when it is melted,
 then put to y^e other powder, and stirr it fast with
 a stick, then put a little of it in a pewter sancer, if
 it be hard when it is cold, then take it of, or else
 lett it seeth, untill it be hard, being so tryed, then
 take it from y^e fyre, and annoynt a faire board
 wth some of y^e neats foote oyle, and as you may
 handle it for heate, worke it as it were cordiars
 wax, & make it in great roubles; make playsters
 of it with a chafing dish of coles, spread it thin
 upon

upon a linnen cloath, or leather, lay y^e playsters -
warne where y^e paine is, & so renue it morning,
& euening, untill you be hole, or untill y^e paine
be drawne to some other ioynte, then lay the
plaister where y^e paine is, & beware of cold,
& wines that are hott, for they will hurt you.

For the greene sicknesse. proued.

Take hearb grace, sothernwood, Periwryll, sowne
Isop, of each of them one handfull, Liquorice,
Annisecds, of either of them one quarter of
a pound, halfe a pound of Raisons of the sun;
boyle all these together in stronge ale, from
a pottle to a pinte, then put thereto one dish
of fresh butter; then streine out y^e liquor
from y^e hearbs, & stampe y^e hearbs, then put
them into y^e liquor againe, & seeth them
a pretty while, then strein them out againe,
and so take it to drinke, morning and euening
till

till you be well.

For a scald head.

Take a quarter of a pound of butter wthout salt, spread it about a copper Kettle or pott pretty thick, let it lye untill it be greene, then take it of and putt it into a gallye pott, annoynt y^e head there with, make a cap of browne paper, & put upon the patients ^{head}, it will certainly cure him if he use it.

For Fiddiness in the head.

Take conserue of Bettany, & conserue of Piony of each an equall quantity, take it euey morning as much as the quantity of a nutmeg, and at foure a clock in the afternoone, & at night when you goe to bed.

To make one sleepe that is light in y^e head.

Take greene mosse that groweth on the ground, dry it, & boyle it in posset drink made of white
wine

wine, sweeten it with sugar, & drinke it when you goe to bed.

For lightness in the head.

Take the tops of greene nettles, metridate a dram, of leauan two drams, of saffron, and white uinigar enough to bring it to a body, of this make two balls, & applie them to the feete hott.

Pills for the head.

Take pillula cochie one dram, extractum rube twentie graines, oyle of Annisseed two drops, oyle of Fenell as much; make these into six, or eight pills, & take of them two at night after your first sleepe, and likewise the rest in the same manner.

A remedy for any that are hoarse, and cannot speake.

Take a quarter of a pound of hony, and a spoonfull of brimstone, and mixe them together; & take

take as much as a nutmeg every morning, and at night when you go to bed, and drinke Rosemary posseth drinke after it.

Another for the same that will helpe at once taking.

Take a red Herring, and cutt off y^e head, & pull off the bones, and cutt it skin and all, when you goe to bed take halfe a pinte of white wine, and the yolke of an egg, and a spoonfull of honey, mix them together, and drinke it warme.

A poore mans medicine for the yellow jaundice.

Take halfe a pound of new sheeps dunge, lay it to steepe all night in a quart of white wine, with a race of ginger, and a nutmegg sliced, steepe it all night, and drinke it in the morning, and at foure a clocke in the after noone; and at night when you goe to bed and soe use it till you are well.

For the yellow Jaundice.

Take two sunces of manna, if it be in summer steepe it in a pinte of clarified whey, in winter in cleere posset drinke; take halfe a pinte in the morning and drinke a little broth an houre after, & at foure a clock in the after: noone. then take the waight of a 20^s peece of Rubarb, and steepe it in a pottle of beere, & drinke of it at the like times to purge it out by urine.

A remedy for an impostome in the mouth

Take figs & boyle them in milke, turne the out side inward, & apply them untill y^e party be well; make a pultess with ale & flower; and lay it upon your cheeke, and it will breake it; but take heede of taking cold, for it will harden the sore, and make a scar where other wise none would be.

An excellent remedy for the impostome in the mouth.

Take figs boyle them in milke, and applie
them

them in the mouth, as occasion serves, one after another, then take ylle and make a thick pultesse, and applie it to the outside, the one will draw it, the other will breake it.

An excellent remedy for an Impostome in the stomach, to make them spit up the bag.

Take the heard called nip, stampe it & streine it, also Pennyroyall, stamp, & streine it severally, take of y^e iuce of nip two spoonfulls, & as much of the iuce of Pennyroyall, & eight spoonfulls of plaine aquavite, temper them together, and take two spoonfulls in the morning, two before dinner, the like quantity at foure a clock in the afternoone, before supper also, and at night when you go to bed.

For the Lithargie or forgetfullness,

Take Rue, and red mints, wth oyle, & uory strong vinegar & applie unto the nostrills, it wonderfully stireth and quickneth the person diseased wth lithargie

lithargie, or forgetfullnes in a short time;
certainly proued.

A receipt for the mother.

Take camomile flower water two ounces, mug-
wort water as much, spirit of Ambar ten drops,
syrope of mugwort one ounce, mix these together
in a glasse, & take a spoonfull of it in a spoon
three or foure times a day, as often as occasion
shall require.

Another receipt for the same.

Take Fennell water, and mint water, of each
three ounces, spirit of Ambar fine drops, oyle of
Annisseele as much, syrope of mints, & syrope
of mugwort, of each halfe an ounce; mix
these together, and use them ^{as} occasion shall
serue.

For a sore mouth in old or younge.

Take the powder of sage, the powder of Allum,
and temper them with good life-honey, and drop it
into y^r mouth; it will cure you as it hath done
many that haue used it, and neuer failed.

A. pl.

A plaister for the Nauell.

Take Gaibanum two ounces, and put it in a sause-pan with a little vinigar, and dissolue it upon a gentie fire, streime it, and then spread it upon a peece of leatner & applic it to the place afore said, as you shall finde cause.

The receipt of y^e red oyle.

Take one ounce of the best venis turpentine, wash it two or ^{three} times in red rose water, then put thore into three pintes of good sallet oyle, halfe a pound of y^e best yellow wax, six or seven spoonfulls of sack, boyle all this together ouer a temperate fire one houre and a halfe, then ad thore unto one ounce of y^e best red sand-ers made into fine powder; then boyle it as longe after y^e powder is in, as you did before, & stir it all y^e while it boyleth; then take it off, & let it stand three quarters of an houre, that y^e dross may settle to the bottome. then poure it out into such vessels as you meane to keepe it in for y^e vse.

This

This oyle hath many extraordinary
vertues.

It cureth greene, or old wounds, draweth forth
bones, or dead flesh, taketh away inflammations,
cureth fistulaes neuer so deepe, or ulcers, but
if they be in y^e breast, or leg, conuey y^e hot oyle
into it wth a feather or syringe; it is good for
burning or scalding, for aches in the head,
bones or sinowes; for a surfett, an ounce dranke
in warme sack; against y^e plague, anointing y^e
lips, & nose, before wee goe into y^e ayre, & for
y^e disease it selfe or measels, so it be taken pre-
=sently one ounce in warme broth, foure mor-
=nings together, and sweating after it, annoyn-
=ting y^e stomack & nauell when you goe
to bed helpeth digestion; and one ounce
dranke in warme milke, remedieth
biteing, or stinging of venimous beastes.

For the

For y^e shakeing Palsy in y^e head.

Take a poringer full of mustard, set it often in an oven after bread is drawne, till it be drye, then beate it to powder, then take powder of Bettany, one quarter of an ounce, and three spoonfulls of white sugar candy powdred, mix all y^e powders together, and give one spoonfull thore of, in a spoonfull of beere, and drinke a draught of beere after it, in the morning first, and at foure a clock in y^e after noone, and it will helpe (if they be curable) in fifteen dayes. it is conuenient also to drinke beere all summer where in bettany hath beene steeped.

For a dangerous Pestilentiall disease.

Give them at y^e first appearance methridate, and two peniworth of cardus water; and for their drinke, give them posset ale, wherein red sage, harts home, & mary gold-flowers have beene boyled.

For

For the Piles.

Take Pile worthe rootes, or the buttons, bruiſe them well in a diſh, then boyle them in y^e ſweeteſt hoggs lard you can gett, till it be like a ſalue, then applie it by annoynting thereonth.

Against all peſtilence or Plague be it neuer ſo hott.

Take a great Onion, & cut it ouertwaie, then make a little hole in each peece, the which you ſhall fill with London Treacle, then ſet y^e peecees together againe as they were before; after this wrap them in a linnen cloath, putting them ſo to roſte, couered in y^e embers, or aſhes, and when it is roſted enough, preſſe out all the iuce of it, and giue y^e patient to drinke thereof one ſpoonfull, immediatly he ſhall finde himſelfe better and ſhall be healed.

I drinke to bringe forth the ſmale pox
Purples or measells.

Boyle in preſſet ale one handfull of red ſon-
nell.

=nell, then streine it and put there to the quantity of a nutmeg, of fine triacle, settwell, & onglisk saffron, being all mingled together give y^e patient to drinke warme.

To Keepe y^e Pox from holing
Take washed wheate put to a quantity of it two gallons of water, and let it boyle untill y^e wheate breake, and y^e water be consumed, then take y^e same wheate, and put it into two faire dishes, set them upon y^e hott embers, & there will a dew arise upon y^e upermost dish, gather the same dew with a feather and lay it blood warme upon y^e face of y^e patient continually as fast as it will dye.

A remedy for children that haue
the Rickets.

Take mullet leaues, chop them, and boyle them in good oyle, & when it is boyled very well, then streine them, and you must annoynt the childs belly, & breast very well therewith, and let it
weare

weare a fine flanell constantly upon it, you must anoynt it twice a day.

A Drinke for the same.

Take a pottle of cundite water, a cupple of pips = pins pared, and sliced, halfe a pound of corens, a handfull of Bettany dry, or greene, & six coultzfoote leaues, boyle all these uery well untill the corens are tender then streine it betweene two, in a course cloath, & put it in a bottle, & let y^e childe drinke no other drinke, for three weekes together.

A singular remedy for a rupture.

Take Acorne boules, stems and all, and drye them in an ouen, and beate them to powder, take one ounce of y^e said powder, and one ounce of y^e thinnest cinamon also powdor = ed, take a quarter of an ounce of each at a time, in posset-drinke, or broth, three dayes together in y^e morning, in march if you can, first y^e boules must be beaten uery
smale

smale, then y^e Cinamon, & then both together
 then put up your body, and legs, streine them
 not by any meanes, then at y^e change of y^e moon,
 in y^e fore said month if you can, take one
 pinte of milke, a quarter of an ounce of cina-
 -mon beaten uery fine, & two spoonfulls of
 beane flower; boyle all together uery well, then
 take y^e one halfe in y^e morning, & y^e other
 at night when you goe to bed, three dayes
 before y^e new moone, and three dayes after.

For a rupture.

Take of white comfrey roots, for a man a
 pretty quantity, and halfe as much of sala-
 -mans seale, pound them together till it be
 like pap, then seeth it in may-butter till it
 come to a salue, then spread it upon a peece
 of white leather, & prick it full of holes, and
 let it ly till it fall of with a little bolster
 at y^e top of y^e plaister.

A receipt

A receipt for the sickness,

Take one dram of powder of cettwell roots, London Triacle two drams, a spoonfull of wine uinigar; and two spoonfull of cardus water; mix these, and give y^e party, & lett him sweate three houres after; but haue a speciall care he donot take cold.

Another receipt w^{ch} is an electuary to take in y^e morning before you go abroad.
Take one ounce of London Triacle, one quarter of a pound of sugar; the iuce of one handfull of hearb grace, a penniworth of white wine uinigar; put these in a pewter dish, ouer a chafeing dish of coles, & still stir them together; untill it comes to the body of an electuary, then put it into a gallipot, and take the quantity of a nutmeg in the morning fasting, as longe as it lasteth, and walke after it; this is an approued medicine;

An excellent receipt to make one sleepe.
 Mixe in a little glasse one spoonfull of cold
 distilled Dragon water, two spoonfulls of Balme
 water, two spoonfulls of Cowslip water, two of
 Poppie water, and mixe with these one spoon-
 full of syrope of Cowslips, one of y^e syrope of
 Poppie, and another spoonfull of y^e syrope of
 Pippins; all these waters aboue mentioned must
 be cold distilled waters, when they are mixed to-
 gether; drinke all these diuided into three parts,
 which may be taken, one part euery night when
 you goe to sleepe, for three nights together.

To prouoke Sleepe.

Take one spoonfull of womans milke, Rose water,
 and the iuce of Lettice, of each a like quanti-
 ty, boyle them in a dish, then take some fine
 flax, & make a plaister, as broad as you will
 haue it to lay upon your forehead, and
 then moysten it with the same liquor, &
 grate a little nutmeg to strew upon it & lay it
 to the temples.

A diet

A diet drinke to open the obstructions of the body,
and to purge the spleene.

Take of Harts tongue, Egremony & Bettany, of each
one handfull, as much as you can well gripe in your
hand, of Tamaras twice as much as any of y^e other
sort of hoarbs, a good quantity of Linerworte, and also
of Dock-roots, boyle all these in foure gallons of
ale-worte, and when you haue done soe, then coole
it, and yeast it as you doe other ale; then clense
it, & put it into y^e vessell; and then take one
handfull of wormwood, and bruise it betweene
y^r hands, and put it in y^e ale; you may drinke
of this at foure dayes old, in y^e morning at sea-
= uen, and at foure in the after-noone, useinge
it till you are well.

The Lady Allens water for the Stomack,
smale pox or surfet.

Take of sage, salentine, Rosemary, Rue, worm-
= wood, mugwort, Pimpernell, Dragons, Scabious, Egrimo-
= ny, Balme, Scordium, Centory, Cardus-benedictus-
Bettany, Rosa solis, of each a good handfull, Angeli-
= lica

=lica roots Henbane-roots, Tormentill, Zedoary, Ligo-
 -rice, of each halfe an ounce, slice the roots, and
 wash the hearbs, shake them, and dry them in a
 cloath, and shred them, and put them alltogether
 into a gallon of white wine, & steepe them in it
 two dayes, & two nights close couered; & then put
 it into an ordinary still, & still it; when you ad-
 -minister it lett it be taken luke-warme, & put
 some sugar into it; two or three spoonfulls to
 a child, of the smaller sort; that is of the last
 distilling, and six of the first or strongest to an
 elder body. — Draw a pinte of the first, another
 of the second, & another of the third; so keepe
 them in severall glasses.

For the stone.

Take the iuce of Elicampne, & give the party
 to drinke euening & morning in a little white
 wine, it will breake the stone and helpe you
 for certaine.

The Lady Herberts medicine for y^e stone.

Take a handfull of Planten, water-cresses, liuer-
 -wort, of each a handfull, stampe them smale, and
 streime

Smale

streine them, then put y^e iuce of these hearbs into an earthen-pott, and stop it well, then putt it into an oven when the bread is drawne, lett it stand there a day and a night, then take it out, & give y^e sick a spoonfull, or two at once to drinke, morning and euening untill hee be well.

An excellent remedy for the stone.

In the extreame fitt of y^e stone take a pennivorth of black soape, of butter somewhat more then a ^{good} wallnut, with a handfull of y^e hearb called chick-weede, shred y^e hearbs smale, & put all together in a little porsnett, or poringer, set it on y^e fyre, and lett it boyle a walme, not two, then put it into a linnen bag, and lay it on y^e patients nauell, and belly as hott as may be endured.

A pound of hompseede steeped in a pottle of white wine is a good medicine against the stone.

A Purge for the stone.

Take cassia newly drawne from y^e cane, halfe an ounce, and two drams of rois turpentine, being well washed, half a dram of cream of tartar; mix these together and make a bolus, after that
beinge

being taken, drinke posset drinke made white
 wine, and put to it one ounce of manna, being sweet-
 = ned with one ounce. Syrope of marsh mallowes, to
 be taken one houre after you haue eaten y^e bolus;

A Glister for the stone

Take mallowes, Beetes, Pelitory of y^e wall, the
 hearb Mercury, and violets, of each one hand-
 = full, either greene or dry, one handfull of Camo-
 = mile flowers, as much of meletot flowers, Annis-
 = seeds, Dill seeds, Fenell seeds, Cumin seeds,
 and Caruay seeds, of each one quarter of an
 ounce, bruised in a mortar, put all these in-
 = to one quarte of posset drinke & boyle them
 on gentle fire till it comes to three quarters of
 a pinte, when it is streined put to it Diacatho-
 = lacon one ounce, & two ounces of red sugar, -
 halfe an ounce of syrope of violets, oyle of Dill,
 and lilies, of each halfe an ounce, mix these
 together well tempered, and apply it as you
 finde occasion.

The hearb called y^e golden rod, boyled in white
 wine

wine poss et drinke, sweetned with sugar and drunke, is uery good against the stone.

To bringe the stone away that lyeth in the bladder or Kidnies.

Take halfe a pinte of sack, as much white wine, as much stale beere, as much claret wine, then put there in one quarter of a pound of Cettwell-roots sliced, and lay them to steepe twelue houres, then with y^e iuce of a Lemon poure forth a draught at a time, & make it pleasant with syrope of marsh-mallows, & drinke it when occasion serues; This will cure all inward granill, & uoyde it with ease, so as you shall haue noe paine, but be cured at pleasure, it is for certaine proued.

✱

For one that cannot hold their water.

Take marsh mallow roots, & leaues, of Ribond-grass also, chop them uery smale, and boyle them in a quart of milke, till it come to a pinte, and looke greene, then streine out y^e hearbs, & drinke a draught in y^e morning, & in y^e after noone, & in nine dayes it will doe the cure.

✱ A vomit

~~The receipt~~ A Vomit.

Take y^e weight of six pence of tobacco, a race
of ginger sliced, a spoonfull of sweete fennell
seeds, & as much of Annisseeds, boyle these
in three quarters of a pinte of white wine, till
it come to halfe a pinte then straine it, & take
it in y^e morning fasting, drinke pass it drinke
betweene every time working.

Doctour Chambers water.

Take one gallon of Gascoyne wine, Ginger, Gallingale, Cinamon, nutmegs, Graines, Cloues, mace, Annisseeds, fenell seeds, Caruay seeds of each one dram, Sage, mints, Rose leaues, Time, Pellitory of spaine, Rosemary, wilde tyme, Camomile, Lauendar, of each one handfull, bruisse y^e hearbs, & spices smale, put them in y^e wine, & let them stand twelue houres, stirring it diuers times, then still it in a limbeck, & keepe y^e first water by it selfe.

The virtues of this water.

It comforteth y^e spirits vitall, helpeth inward diseases y^e come of cold, as y^e shakeing palsy, conception in woemen, it killeth wormes, helpeth y^e stone in y^e bladder, y^e cold cough, y^e toothack, y^e cold dropsy, y^e stone in y^e reines, and a stinking breath, who soe useth this water (not too often) it preserveth him in good health, makes him seeme younge uery longe, it comforteth nature, with this water Doct^r Chambers preserved his life, untill extreame age would not suffer him to goe nor stand,
and

and he continued five yeares, when all Phisiti-
-ons iudged he would not live one yeare, and he
confessed y^t when he was sick at any time,
this water did recover him.

A most rare Cowslip water.

Take two gallons of claret wine, & one of sack, a
peck of Cowslip flowers, Liquorice seraped and
bruised one pound, Annis seeds, long pepper,
granes, other pepper, of each one ounce, Dragon,
camomile, mother of tyme, Pellitory of y^e wall,
Bettany, of each one handfull, Rosemary flow-
-ers two handfulls, Raisons of y^e sun, Corens, of
each one pound & a halfe, infuse all together,
and distill them in a limbeck, put the water
in close covered glasse, wth one pound of browne
sugar candy, two sliced nutmegs, cloves, mace,
a little sliced Liquorice, a few cowslip flowers,
broken cinamon one ounce, then put in a bag
some leafe gold, Amber greece, muske, of
each one graine, hange it in y^e glasse and
set it a fortnight in the sun.

To make

To make Triacle water.

Take one ounce of harts horne shaued,
 boyle it in three pintos of springe water,
 untill it cometo a quart, then take roots
 of gentium, Cypres, Tormentill, blessed
 thistle, Angellica, of each one ounce, Borage,
 Buglas, Rosemary flowers, and marygold -
 flowers, of each two ounces, of Cittron rinds
 one ounce, then take a pound of y^e best
 old triacle, & dissolve it in six pintes of
 white wine, & three pintes of red Rosewater;
 then infuse all together & distill it.

For the winde approued.

Take Rue, Centory, wormwood, Bettany, of
 each one handfull, drye them in an ouen,
 & powder them, then mingle them wth y^e best
 stone hony, as thick as conserue of Reses; make
 the powders uery fine, and take the quan-
 =tity of a nutmeg, when you are not well;
 it will helpe you.

An excellent remedy for y^e winde in the
stomack, in y^e gutts or bladder and to
make water freely.

Take one quart of Ale posset drinke, one
peninworth of Parsly seeds, as much of Fen-
-nell seeds, as much nettle seeds, boyle all
these together one quarter of an houre,
then take it from y^e fyre, & put there to
halfe a pinte of white wine, & a quarterne
of sugar, and sett it on y^e fyre againe, let-
-ting it boyle a while, then streine it, & put
it into a bottle, & drinke there of when
occasion serueth milke warine.

For the winde Collick.

Take one handfull of Camomile, three spoon-
-full of Annisseeds powdred, boyle them in a pinte
of posset drinke, being strained, take halfe a
pinte of the posset drinke, three spoonfulls
of sallet oyle, and halfe a nutmeg sliced, &
drinke it; & goe to bed & sweate.

For wormes in children.

Take wormwood, shred it, & boyle it with fresh
butter out of t^r cherne, untill it be very greene
then wth y^e oyle there of annoynt the belly
of

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Rickets

of y^e child, it will asswage y^e greatnos and
Kill y^e wormes; for the rickets stroke y^e
breast of the child with this oyle.

To kill wormes in the body.

Take Fearn roots, and haueing made them
into fine powder, take a dram there of dis-
solved in white wine, and giue the patient
to drinke and it will destroy them.

For the wormes.

Take the gad of a bull, and ^{dip} wooll in
it, and lay it to the nauell.

An excellent remedy for wormes
in children.

Take as much powder of burned harts horne
as will lye upon a groate, as much powder
of Rubarb as will lye upon a three pence
temper these together wth three spoonfulls
of syrope of succory, and giue the child
three seuerall mornings

A. Glist

A Glisten for the same and to
break the bed of them.

Take halfe a pinte of boyled milke, two
spoonfulls of Roney, & one of salt, temper
these together, and give to the child.

To make vulnerary drinke for
those that are wounded.

Take of Planten, selfe heale, Bettany,
Ladies mantle, Buglas, Knot gras, Clowes
all heale, of each foure handfulls, of sanucle
six handfulls, wash these hearbs, and shred
them, & put them in a bras pot, ouer a
charcole fyre, with a little water, that
they may stew together, when they are well
stewed, put the hearbs, & y^e liquor that
remaineth into a dowlas bag, & pres it
forth, then put it in a vessell fitting upon
charcoale, and euaporate it away till it
come to a pretty thicknes, then put it in
a stone iug, & corbe it up, keepe it in a
coole seller, & when you use it, take two
spoonfulls thereof, three spoonfulls of white
wine

wine, and as much as a smale nut of good honey, mix them together & warme it blood warme. in a dish upon coles, & then drinke it, in the morning fasting, and the like quantity at foure of the clock in the afternoone, and as much last at night - You must continue takeing three tymes a day, till all the quantity be spent.

#11

An excellent remedy for a Canker, or sore mouth or throte.

Take one handfull of bramble tops, as much of red sage, as much of Pellitory of the wall, a little scuruy grass, halfe a handfull of Plantane, two ounces of Pianny seeds bruised, two ounces of Pellitory of spaine. sliced, halfe a handfull of Rue, boyle these in three pintes of white wine vinigar, upon a gentle fyre, till the heards are soft, let it stand till it is cold, then streine out the cleerest, then take as much lyfe honey by weight or measure as the li-
-quor containes, boyle it to a full syrope, then beate two ounces of Rock all ~~in~~, & stir it in
before

Before it is cold, then put it up & keepe it for
your use, it will keepe a twelue month; take
a sage leafe upon y^e finger, and wett it in y^e
syrope, and rub the gums, & drop it in the mouth
is sufficient, though mouth, or throte were neuer
so sore; you may likewise boyle the hearbs in a
pinte of water, make it pleasant with allum,
and honey, w^{ch} will helpe ordinary sore monthes.

A very excellent water of Doctor Stee-
uens, w^{ch} he of longe tyme used, & there with
did many cures, keeping it secret till a while
before his death & then y^e bishop of can-
terbury gott it of him in writing.

Take a gallon of Gascoine wine, then take
ginger, gallingal, cinamon, nutmegs, graines,
cloues, mace, annisseeds, fennel seeds, caruay seeds,
of euery of them one dram, then take sage,
red mints, rose leaues, tyme, pellitory of
spaine, costmary, wild tyme, camomile, & san-
ders, of each one handfull, bruisse y^e spices smal,
& also y^e herbs, & put all in y^e wine, & let it
stand twelue houres, stirring it diuers times,
then distill it in a limbeck, & take y^e first
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by it selfe for it is best; y^e next water by it selfe; for it is good but not soe good as the first.

The vertues of this water.

This water comforteth y^e vitall spirits, helpeth all inward diseases y^e cometh of cold; y^e shaking palsy it helpeth; conception of women y^e be barren; it killeth wormes in y^e belly; cureth y^e stone in y^e reines, or bladder. it cureth y^e cold cough; helpeth y^e tooth ach; comforteth y^e stomach; & cureth y^e cold drops; & helpeth y^e tickle breath; it preserveth youth very longe, in any that use it, & keepeth them cleare, & sound from disease; doctor Steenens preserved his life, & health, by this water; untill extreame age tooke him.

Plantane water will stop any flux — though you have had it never so longe.

An excellent Balme.

Take 3 quarters of a pinte of y^e best sallot-oyle, set it on y^e fire wth a pinte of springe water, to clarifie y^e oyle (only let it semper, for if it boyle, y^e oyle will neuer be seperated from y^e water) & let it stand till y^e other things are ready, then scum y^e oyle of, & take a quarter of a pound of venis turpentine, & beate it w^{ell} y^e space of an houre, in an earthen dish wth a wooden slice, or splent, in planten water, shifting y^e water uery often, but y^e last time it must be beaten in red rose water, then take 2 ounces of yellow wax, slice it, & melt it in a poringer by ~~it~~ it selfe, scum y^e oyle from y^e water, then put y^e oyle y^e wax, & y^e turpentine, into a uessell upon a soft fire, to boyle a qarter of an houre, but after it hath beene a little on y^e fire, you must put in an ounce of red sanders, stiring it softly, then take it of when it hath boyled enough, & streine it into a gally pot, & stir it till it be cold it will continue good a yeare, it must boyle out a uery little for growing

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too thick. The sanders must be stirred
in when it is ready to be taken of y^e fire,
when it is almost boyled enough

Before you put in y^e sanders, you may take
out a little, wch is good against a web or
pearle in y^e eye.

It is good for a greene
wound, a bruise inwardly, a burne or scald,
or for one y^e cannot hold his water, for
inward operations, it must be rowled in
sugar, as big as a nutmeg, & drinke warme
broth after it.

For Megrin or ash in the forehead.
Roasts an egge hard, put it asunder in y^e
midst, fill it wth powder of Cummin seed,
Lay it to the necke as hot as it may be
suffered, and use it Dayly: # m. mps.

A Drinke to Cools y^e stomack.
Take ondiver & fennel, two Rootes of fenell
and y^e top, two Rootes of parzly, violet
& strabery Leaves, fennel, Corroll,
Boyle them in boundles in raw whey. # m. m.

